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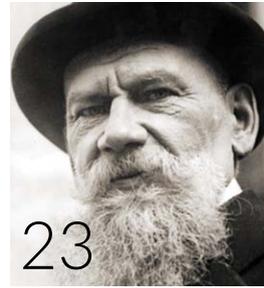
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## FROM THE EDITOR

### What nationality is your soul? Yes, really. . .

A bit stunned by the question? I certainly was!

I enjoy Facebook as much as the next person but there's the occasional post that really winds me up, and this was one of them.

It was a 'quiz' with a series of questions supposedly designed to reveal the country of origin of your soul. Was it a joke, a bit of a laugh? Probably, but it still had plenty of experienced spiritual workers answering the questions and then posting their results on FB!

"My soul is French," said one prominent medium. "Mine is Dutch," said another. "I'm Greek," posted a well known healer, "I've always known that."

Much more worrying were other posters who clearly believed the quiz was serious – that souls really did have an eternal tie to one single earthly nation.

That was my red rag and I posted a party-pooper: "The soul does not have a nationality. Whatever next? Racism in the spirit world?"

Afterwards, I sat and thought for a while about why I had got so wound up about that quiz. I love a laugh and my friends tell me I have a wicked (and occasionally outrageous) sense of humour, but I could see nothing amusing about that quiz.

I think my discomfort was to do with all the negative connotations which go with 'nationalism'. Hitler's National Socialism sought to obliterate all citizens not of so-called 'pure' Aryan heritage, resulting in the murder of millions. Today's extreme right-wing political parties take a frighteningly intolerant and often hostile view of those wishing to immigrate from other countries to theirs, setting race against race, culture against culture.

It's inconceivable to me that the next world would play host to nationalistic boundaries and notions of racial purity – such divisive things are solely of human devising, usually for political and power-hungry motives.

The brother – and sisterhood of humanity must surely be the governing principle of the soul's journey through eternity. How wonderful this world could be if it were applied by all of us in the flesh.

The brother – and sisterhood of humanity must surely be the governing principle of the soul's journey through eternity. How wonderful this world could be if it were applied by all of us in the flesh.

SUE FARROW



### Psychic News: the voice of Spiritualism

Two of Spiritualism's leading exponents helped create and launch *Psychic News* in 1932. Hannen Swaffer, one of the UK's most famous journalists, and Maurice Barbanell, a businessman who was also a trance medium, recognised the need for a publication that would satisfy the public's desire for up-to-date and independent information about Spiritualism and mediumship.

They regularly addressed audiences of thousands in theatres around the country as families came to terms with the loss of loved ones who had died in World War 1 and the devastating Spanish flu pandemic of 1918. Barbanell was its first editor and Swaffer became a regular contributor.

Today, eight decades later, *Psychic News* continues to be the independent voice of Spiritualism in a very different world. What has not changed is the desire to have an answer to The Big Question: What happens after death? *Psychic News* makes a unique contribution to that debate every month with news, features and opinion pieces that explore the evidence for an afterlife and spirit communication.

Above all, Spiritualism and *Psychic News* are life-affirming, so our features also explore ways in which readers can enrich their lives spiritually and make the right choices. Why not let us be your travelling companion, offering words of wisdom and support, as you continue on your soul's journey through this lifetime?



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# AFC makes the WSJ !

THAT extraordinary headline relates to an extraordinary event. The Arthur Findlay College, Stansted, has made headlines in the *Wall Street Journal*, the legendary American newspaper with a daily circulation of 2.4 million.

Journalist Matthew Dalton paid a visit to the college at Stansted Hall, which he referred to as "a school for psychics." Among other events, he sat in on a lecture by Julie Grist, met SNU minister Steven Upton, and chatted to visiting students.

He observed that the Arthur Findlay College has been offering courses for practising psychics and mediums for 50 years, and was once known locally as 'Spook Hall'.

Steven Upton, a tutor at the college, told Dalton that mediumship, like many skills, can be acquired, and courses have increasingly been taught by professional psychics. They help students cope with the stresses of the job, such as a fear of speaking in public to those who have passed on.

Instructors teach that once the spirits start talking, they shouldn't necessarily be heeded. Steven Upton responded to this with – "Your Uncle Jim who gives bad advice when he's alive will still be Uncle Jim giving bad advice when he's dead."

"The college's sunny ethos shows how much psychic practice has changed since the oracle of Delphi, raving next to a noxious pit," writes Dalton. "It was delivering the dismaying news to Oedipus that he was fated to marry his mother and kill his father."

"Steven Upton, a tutor at the college, told Dalton that mediumship, like many skills, can be acquired, and courses have increasingly been taught by professional psychics."



Nowadays, as medium Gillian Murray told Dalton, "doing readings over Skype is amazing." Gillian had come to the college to take a class on communicating with animals. She claims she can see spirits over Skype, which totally surprised her. "I wasn't expecting that," she said.

Psychics apparently report that demand for their services has grown as people turn away from established religions and psychologists for counsel.

"Ultimately, psychologists are going to listen to you more than give guidance. A lot of people get really fed up with that," said Tamara Trusseau, who runs an online network of psychics.

Julie Grist told her class: "The future is a series of possibilities." But she interrupted Japanese student Hitomi Yamada when she started to forecast a future event.

"You can't predict," advised Julie. "We

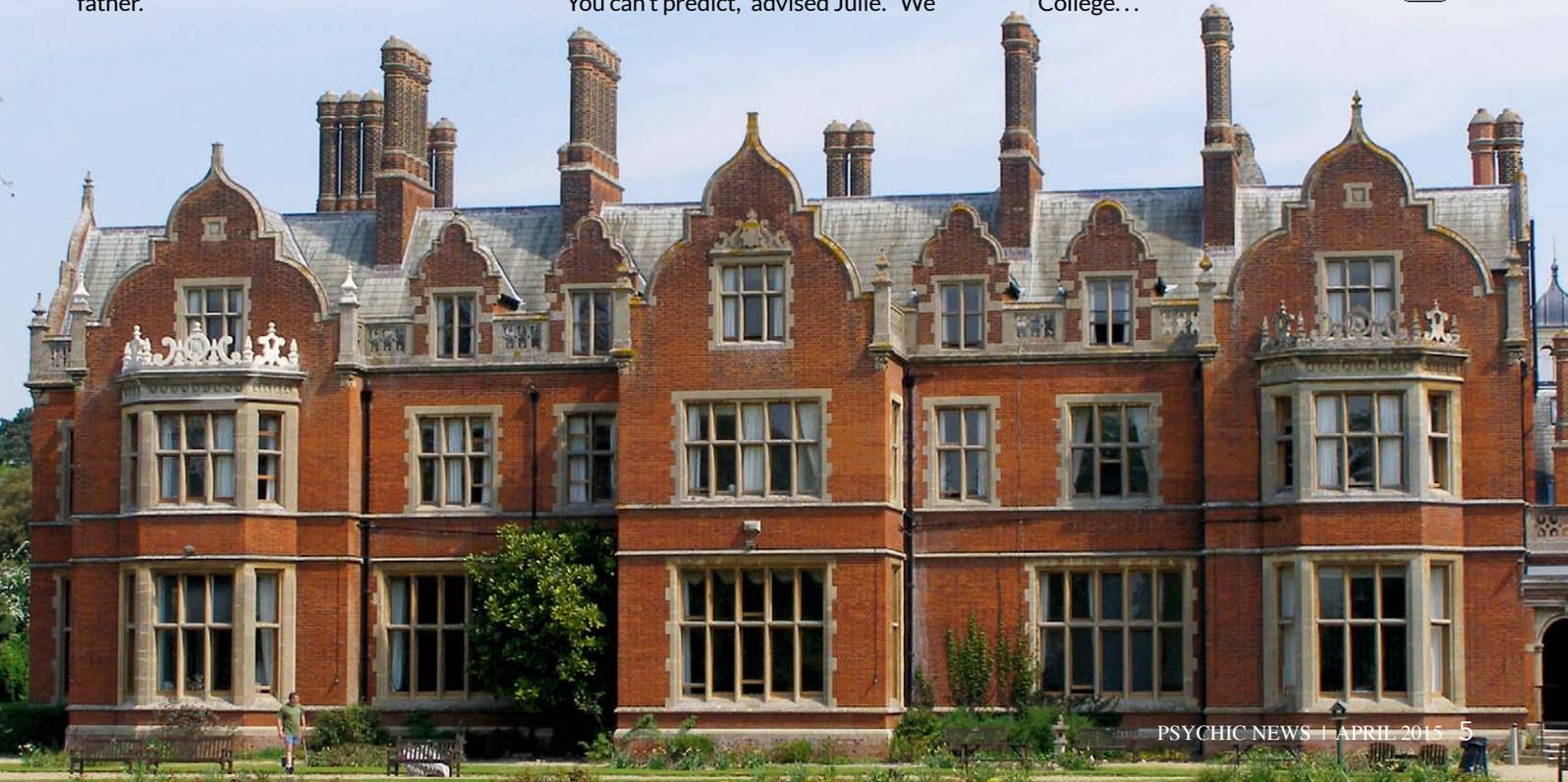
cannot tell the future."

Spirit artist Lillian Yee-Stewart, from Toronto, was making her ninth or tenth visit to Stansted, and a Welsh psychic referred to simply as Ms Murray, told Dalton, "It's nice to be with like-minded people."

The school welcomes up to 5,000 students a year, wrote the WSJ reporter. Week-long courses cost £570 (about \$880) including room and board.

Dalton made a simplistic summing-up by saying the college is run "by a religion called the Spiritualist movement, which has tens of thousands of members in the UK. The religion's fundamental tenet is that everyone's spirit survives death."

If we at PN are allowed just one prediction of our own, it's that there will shortly be an increased number of American visitors to the Arthur Findlay College...



# Can astrology save the NHS? asks politician

DAVID TREDINNICK, long-standing Conservative MP for Bosworth, Leicestershire, believes that if doctors looked to the stars they would find ancient therapies which would relieve the vast demands now made on the NHS.

At least, that's what this great supporter of alternative medicine was quoted as saying in an interview in the February issue of the *Astrological Journal*.

The lengthy interview was widely reported in the national media, where the politician apparently said that "there would be a huge row over resources. However I do believe astrology and complementary medicine would help to take pressure off doctors.

"Astrology is a useful diagnostic tool, enabling us to see strengths and weaknesses via the birth chart. I believe it will have a role to play in healthcare.

"Hippocrates said, 'A physician without a knowledge of astrology has no right to call himself a physician.'

"The opposition to astrology is based on what I call the SIP formula – superstition, ignorance, and prejudice."

However, Mr Tredinnick now claims in Leicestershire's *Hinckley Times* that his recent interview was misinterpreted, and used by opponents who have spun "fabricated and misleading nonsense" around his views.

With a general election looming, he has issued a statement aiming to clarify the matter and give local people facts rather than what he describes as "a Liberal Democrat inspired version".

Lib Dem Michael Mullaney and Labour's

Chris Kealey are both opposing him in the forthcoming election. They immediately jumped on Tredinnick's theories, saying that the constituency needed an MP who concentrated on local issues, not New Age beliefs.

In a statement on the *Astrological Journal* content, Mr Tredinnick commented:

"Firstly, these are old, misquoted comments that I made some time ago in a magazine interview. Secondly, I did not suggest that astrology should be used to tackle the NHS crisis, as has been reported, nor that it should be made available using public funds through the NHS.

"What I wanted to draw attention to was the fact that in many cultures, especially the Indian sub-continent, Hong Kong and China, astrology and healthcare are linked, and that many people around the world believe that by having an understanding of your body from an astrological point of view, it can assist you in helping with personal health decision-making.

"In my work as a Member of Parliament the first priority is always my constituency cases and commitments, followed by

my work on the Health Committee, Science and Technology Committee and parliamentary business.

"The time I have left I use to pursue issues that I personally believe are important, which happen to be complementary healthcare. Nearly all MPs have their personal interests. The fact that my interests are less mainstream means that they get reported more and are used negatively by my opponents.

"If the Liberal Democrats, or any of my other political opponents wish to engage in debate about local issues affecting Hinckley and Bosworth,

or the record of our Conservative-led Government, then I am happy to do so, but this fabricated and misleading nonsense is a smokescreen to deflect attention away from the Liberal Democrat Party nationally."

Astrologically speaking, David Tredinnick is a Capricornian, and so are Ed Milliband and Nick Clegg. UKIP leader Nigel Farage was born under the sign of Aries, and Natalie Bennett, leader of the Green Party, is an Aquarian.



"Astrology is a useful diagnostic tool, enabling us to see strengths and weaknesses via the birth chart. I believe it will have a role to play in healthcare."



## A fairy tale from Somerset

FAIRIES are causing a problem in a Somerset woodland, deep in the English countryside. Steven Acreman, a trustee of the Wayford Woods Trust, says fairy control has had to be brought in to curb "the profusion of elfin construction".

Hundreds of 'fairy' doors have apparently been appearing at the bases of trees in Wayford Woods, Crewkerne.

Originally an extension of Wayford Manor Gardens, the 29 acres of woodland, meadow and an ornamental lake became a

# What does it feel like to die?

**THE great comedy screenwriter, actor and director Woody Allen once said “I’m not afraid of death, I just don’t want to be there when it happens.”**

Some people who were ‘there’ when it happened, but survived, report amazing out-of-body experiences. Many report a descent through a tunnel, others walk in beautiful gardens or meet relatives who have made the journey previously. They tell the new arrivals to “Go back,” which they do, opening their eyes in the operating theatre, or wherever they happen to be.

Richard Stephens, in *The Guardian*, looked into the experiments aimed at discovering how and why these experiences occurred.

The largest NDE (near-death experience) study was published in October 2014 by Dr Sam Parnia, head of intensive care at Stony Brook Hospital, New York. He and his team made an earlier survey in England 15 years ago, at Southampton General Hospital.

Dr Parnia is noted for being able to resuscitate some patients who are pronounced clinically dead.

Over a 12-month period the team interviewed 63 patients who were resuscitated after a heart attack. Of those, seven could recall thoughts from the time they were unconscious. These included memories of coming to a point of no return, feelings of peace, and in one case, jumping off a mountain. Only a minority remembered



Dr Sam Parnia

being close to death, and what was recalled was generally positive.

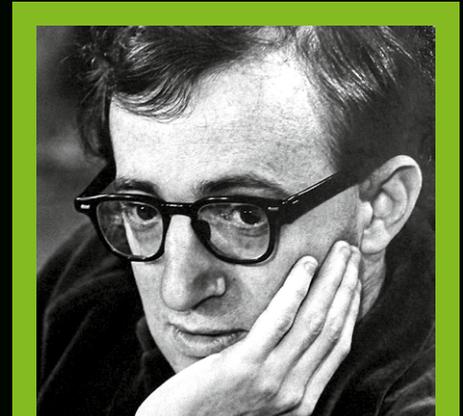
Those patients able to recall their experiences had the highest blood-oxygen levels. It had previously been thought that such experiences were due to brain-oxygen starvation.

As part of the earlier experiment, suspended wooden boards, painted with writing and figures on the upper sides, were hung from the ceilings throughout the hospital. Any patient reporting a ‘floating’ out-of-body experience could then reasonably be expected to report what they saw on the upper sides of the boards. There were no relevant reports.

One patient was aware of a woman high up in one corner of the room beckoning to him, and the next moment he was up there, looking down on himself. He recalled a voice saying: “Shock the patient. Shock the patient.” He could see a nurse and a bald-headed man in blue.

Another male patient recalled being on the ceiling, looking down, and seeing a nurse thumping his chest, while something was being put down his throat.

In March 2012, Bolton Wanderers mid-fielder Fabrice Muamba collapsed on the field with a heart attack during a match against Tottenham



“I’m not afraid of death, I just don’t want to be there when it happens.”

Woody Allen,  
Actor and Director

Hotspur. He was clinically dead, with no life signs for a considerable length of time, but remarkably, he survived.

He later described feeling a strange dizziness, as though he was running in someone else’s body. The last thing he remembered was seeing two Tottenham players, but he felt no pain.

So in his case the moments before death from cardiac arrest were not painful. Does pain from other terminal causes cease just before clinical death? Much remains an unsolved mystery.



charitable trust in the 1990s.

Evidence of the first fairy resident appeared in the form of a small door in the base of a tree. “It had a little turned handle and inside was a bed. We didn’t know who had done it, but we left it there,” said Mr Acreman. “Then another door appeared and it’s rapidly gaining momentum.”

At its peak a year ago, more than 200 little doors had been nailed or screwed to the trees. Together with small tokens, fairy toys and notes behind some of the doors, Wayford Woods has become known as The

Fairy Woods.

To bring things down to earth, local people have been installing the doors so children could leave messages for the fairies. As in the famous Cottingley Fairies saga, human hands were at work.

Beset by fairies, Mr Acreman told BBC News: “We’ve had as many as ten doors put on a single tree. They surrounded the tree.”

A complete fairy fairground arrived, but the planning proposal was rejected. The planning authority has now stepped in with

demands that the more florid doors with what Mr Acreman described as “garish plywood doors with lots of tinsel and glittery stuff” should be removed.

“It’s a very complex situation,” he added. “Nobody’s admitting that they’re evicting the fairies. It’s just that fairy control is required, otherwise we’d be covered in fairy doors.”

“We put a lot of time into the conservation of the woods. We’re trying to keep people to the paths, but the fairy doors are making it a free-for-all.”



# Meditation 'rewires' war veterans' brains

MEDITATION has been shown to have a significant healing effect on American veterans of the Vietnam War.

A group still meets weekly at the VA Medical Centre in Washington DC. One member makes a two-hour drive each week to get there.

"This is a place to get away from the outside where they don't understand us. I feel better just being here," one veteran told the *Huffington Post*.

Teacher Karen Soltes leads the men through a series of body-sensing techniques in which they deeply relax and deal with the war experiences and visions which still remain with them, causing depression and other disturbances.

Joe Craig went to Vietnam as a young man in 1967. Now 73, he served 20 years in the army, then 18 years as a federal police officer. He still struggles with the demons of war service, and chronic pain.

In the sessions at the medical centre, along with a dozen other veterans, he has learned deep relaxation, which eases both his mind and his pain.

"When you go to war, every day is about getting through that day," he said. He had danger all around him "as a soldier and a

cop. If you let your mind float you'll be in big trouble."

"We've all been to the edge," he added. "In meditation, with the guidance of a skilled therapist, I can let my mind float."

But these are not simply 'feel good' sessions. Experts say meditation 'rewires' the veterans' brains. It enables them to recover by increasing their ability to hold disturbing images and memories without reacting in an emotional and negative way.

This form of meditation grew out of a combination therapy of yoga and meditation, designed to help wounded soldiers deal with chronic pain and other medical problems. Many patients rejected the yoga and just wanted the meditation, so the programme was changed.

Psychiatrist Charles E. Engel commented: "The thing I noticed over time was that it was unlike the average relaxation technique where you get a lot of people falling asleep in the middle of it.

"I'm not saying it was a wonder treatment, but from my perspective it was part of the healing process."

A VA research study states that "Currently, veterans with post-traumatic stress disorder are typically treated with anti-depressants, which have limited efficacy and yield extremely low remission rates. New and improved treatments are sorely needed. Complementary and Alternative Medicine practices may fill this void."

In order to expand access to meditation, several meditation and yoga teachers founded a non-profit organisation, Warriors at Ease. This has trained almost 500 teachers, and has campaigned for them to be allowed to work in military installations and communities.

"It's uphill work," said senior yoga and meditation teacher Robin Carnes. "There's a cultural divide between what people think meditation is – sitting on a mountain top looking for Nirvana – and something that has relevant and practical health benefits for service members and families."

For the veterans who participate, meditation can be a life saver. Al Crawley, 65, has been attending the Washington meditation group for years. He fought in Vietnam in 1969.

"The war is still penetrating all through us," he said. "That's what brought us here. I had to deal with it. It was killing me."



"In meditation, with the guidance of a skilled therapist, I can let my mind float."

# Fire devastates Spiritualist community



Photo: UT San Diego/ZUMA

WE'RE pretty much wiped out," said April Cunningham, President of the Harmony Grove Spiritualist Association in San Diego County.

She was speaking to the San Diego press last May, shortly after the group's 13-acre site was almost totally destroyed by fire. The flames ripped through the church, bookstore and main office.

Twenty-nine people were living in cabins on the site. All but five of the twenty-five cabins were destroyed.

Left standing were a cinder-block building used for séances, the healing temple and the library. Members of the community believe these were saved by spirit intervention, as was Poco, a black cat who had adopted the site as his home.

“Members of the community believe these [buildings] were saved by spirit intervention, as was Poco, a black cat who had adopted the site as his home.”

The site, on the outskirts of Escondido, has been home to a close-knit Spiritualist community for more than a hundred years. Residents include professional

psychics, mediums and healers.

A 13-year-old unnamed girl from San Marcos was arrested and accused of starting the fire. She faces five felony charges, including two counts of arson of inhabited properties or structures, and two counts of arson of a structure or forest land in a reckless manner.

She also faces a misdemeanour charge of unlawfully allowing a fire to escape from control. It caused the evacuation of Cal State San Marcos and hundreds of other homes, and scorched 1,995 acres, costing the City of San Marcos approximately \$10.4million in damage and fire-fighting expenses.

When the girl appeared in juvenile court in February for a pre-trial hearing, the San Diego County District Attorney's office offered her a plea bargain if she admitted responsibility for one count plus allegations.

Neither her parents nor her attorney accepted this offer, which aims at rehabilitation rather than imprisonment. In the meantime the girl is undergoing counselling and is living at home.

Her trial was in progress when we went to press.



## Dartmouth film project

A PSYCHIC CHILD was the inspiration for an amateur film to be shot entirely in and around the coastal town of Dartmouth.

Produced and acted entirely by volunteers, it is the work of the Dartmouth Film Company, which plans to make three films over a six-year period, donating the proceeds to charity.

The new film, *Grace*, will be directed by Paul Potgieter, of Heritage Media TV. Paul also conceived the story, which is bound up with Dartmouth's naval history during World War II.

The heroine, Grace, is a bright, thoughtful 12-year-old, coming to terms with the loss of her father. She has a psychic facility which, although not fully developed, leads her to discover a dark secret that has remained concealed for more than 70 years.

Volunteers are being sought for various aspects of the film – actors, 'extras' and crew. Those interested should email: [director@dartmouthfilmcompany.co.uk](mailto:director@dartmouthfilmcompany.co.uk)



“She has a psychic facility which, although not fully developed, leads her to discover a dark secret that has remained concealed for more than 70 years.”

## Disneyland ghost?

Disneyland security cameras have caught an image of a shadowy figure which can't be explained.

The ghostly image on YouTube walks through a gate, and even appears to walk on water. The video was originally posted in 2009, but is now enjoying renewed attention.

It has been suggested that the cause is old re-used tapes, on which a static image has come through from previous recordings. The image has been caught by several cameras, which gave experts pause for thought.

Another unsubstantiated theory is that the mystery figure is the ghost of Walt Disney. No doubt good for business!



# Small dog upstages Sir Arthur (aka actor Martin Clunes)

A small white and brown dog captured a lot of admiring attention in a recent edition of BBC One's regular magazine programme, *The One Show*, during which Spiritualism came under discussion. Dog fans Anne Norman and Angela Redditch looked into the reason why ...



Martin Clunes (left) as Sir Arthur Conan Doyle and Arsher Ali as George Edalji in TV drama *Arthur and George*.

## Sir Arthur Conan Doyle – in novel, on stage, on small screen (with dog)

Julian Barnes' novel *Arthur and George* is based on the remarkable true story of Sir Arthur Conan Doyle's determined campaign to prove the innocence of George Edalji, convicted in 1903 on very unreliable evidence of mutilating livestock in and around the rural Staffordshire parish of Great Wyrley, where his father was vicar. A stage play of the novel was adapted for ITV, with Martin Clunes cast as Conan Doyle, while James Henry, the actor's five-year old Jack Russell terrier, took the part of Conan Doyle's own dog.

Martin Clunes – and James Henry – were interviewed. James Henry, formally attired for the occasion in a colourful tie borrowed from the family cat, was untroubled by studio lights and cameras, and much interested in the studio monitor. He made himself quietly at home on the bright green studio sofa, quite happy to be stroked and

tickled behind the ears by interviewers and other guests on the show.

## Sir Arthur, campaigner for justice

George Edalji himself had written a letter, appealing to Sir Arthur for help to clear his name. It arrived shortly after the death of Sir Arthur's first wife from tuberculosis, then known as 'consumption,' in those days a long, often fatal illness. Of the many appeals for help received by the author of the Sherlock Holmes stories from readers, this one, arriving during his bereavement, elicited sympathy – and action.

Some, though by no means all, of Sir Arthur's many campaigning letters to various authorities about the Edalji case were shown (before their impending auction). Martin Clunes, with Scots accent 'in character' as Sir Arthur, read a brief extract. He talked about his impressions of the man, "a kind man, a good man, a loving parent – a kindly face, with lots of laugh lines" around the eyes.

## Spiritualism: what is it?

The presenters, Matt Baker and Alex Jones, introduced the subject of Sir Arthur's great fascination with Spiritualism. Joe Crowley, asking "What is Spiritualism?" had been to interview two people well-informed on the subject.

First, Professor Chris French, of the Anomalistic Psychology Research Unit at Goldsmiths, University of London, gave a brief definition: Spiritualism was a religious movement based on the idea that living individuals could communicate with the spirits of the deceased. He gave

some background: from its origins in 1848 at Hydesville in New York State, the Spiritualist movement spread rapidly across America and Europe.

At its most popular, remarked Joe Crowley, there are thought to have been a quarter of a million adherents of the Spiritualist movement in Britain alone.

## Spiritualism: a sceptical view

Said the ever sceptical Professor French, "I would argue that the evidence to date is not convincing or compelling enough for us to believe that there really are people around who can talk to deceased spirits, or even that deceased spirits actually exist."

## Spiritualism: a detached historical view

At the College of Psychic Studies in London's South Kensington, Joe Crowley interviewed archivist Leslie Price, a frequent contributor to *Psychic News* and other publications. Leslie described the conditions in which a séance in the early days of Spiritualism would have been held: "The natural thing to do was to form a home circle" at which members of a small group would "sit round a table. They'd normally



Leslie Price



“Martin Clunes – and James Henry – were interviewed. James Henry, formally attired for the occasion in a colourful tie borrowed from the family cat, was untroubled by studio lights and cameras, and much interested in the studio monitor.”

have subdued lighting. And the sort of things that did happen would be the sound of rapping, breezes being felt, very faint whispers being heard, and perhaps one of the group going into trance, and feeling a sensation of somebody being present.”

Joe Crowley said that outsiders would regard such scenarios as “acting – pure theatre: there’s a lot of trust involved, isn’t there?”

Leslie responded with a list of the demanding factors which could be accepted as verification that the spirit of a deceased person had managed to communicate with the living. For instance: “There has to be evidence of identity, something not known to the medium, something not known to the sitter, which can only be verified subsequently, with a great deal of effort.”



Sir Arthur Conan Doyle

The young Dr Conan Doyle had first become interested in the paranormal in the 1880s, and by 1914 had been a member of the Society for Psychical Research for many years, along with some major scientific luminaries of the time, whose interest in what was then a widely popular field of investigation went in parallel with research in their own individual specialist fields, ranging from physics to evolutionary biology.

### Sir Arthur: a biographer’s view

The biographer Andrew Lycett described the effect of the outbreak of the First World War: relatives of Sir Arthur’s second wife were killed. “His scientific objectivity went out of the window. He became an ardent Spiritualist, the most famous

advocate of Spiritualism at the time.”

An impressively clear film clip was played of Sir Arthur speaking while sitting in his garden, his own terrier beside him, in 1927: “As I grow older, the psychic subject always grows in intensity, and I should think that my few remaining years will probably be devoted far more in that direction than in the direction of literature.” Saying that, Sir Arthur picks up his hat and book, pats his wee dog, and the film ends.

Conan Doyle became friends with Houdini, a world-famous stage magician in the early twentieth century. Sir Arthur suspected that Houdini had psychic ability and that it helped him in his stage acts: Houdini insisted that all his tricks were achieved by stage magic alone. After the death of Houdini’s mother, a séance was arranged at which Sir Arthur’s second wife was the medium.

Andrew Lycett described the unfortunate result. A message came, as automatic writing via Lady Conan Doyle, supposedly from Houdini’s mother – but it was in English, a language the lady had barely understood, and did not speak. “As far as Houdini was concerned, that confirmed that the whole Spiritualism thing was a fraud.” The friendship was ended.

### “Spiritual reality or Victorian trickery?”

Professor Chris French again: “People still want to believe that death is not the end, and when there’s something that we really, really, want to believe in, the evidence to convince us that it’s true doesn’t have to be all that strong.”

A very brief clip was played from a

recording allegedly of Sir Arthur speaking in 1934, four years after his death. Not many words, their clarity very indistinct: the clip ends “my wife Jean” – about the only discernible words.

Joe Crowley signed off his contribution to the show: “The séance remains a place where if you want to believe, if you want to listen to voices from the afterlife, that’s exactly what you’ll hear.” Ouch!

### The view from that green studio sofa

The human contributors couldn’t understand how Sir Arthur, a man of such wide knowledge, from such a scientific discipline, could have espoused the cause of Spiritualism as he did.

Of course, the time slot available was very short – there were three other topics to be fitted into *The One Show* that evening. So, there was no chance for any more extensive presentation of the pros and cons of evidence for life after death.

Thus, yet again, the quick and easy tongue-in-cheek approach was how the programme chose to treat the topic, leaving viewers to conclude that all Spiritualists must be gullible, want to indulge in wishful thinking, and are easy prey for fraud.

But one person on that green sofa watched and heard everything with great attention. Both to Sir Arthur in 1927, and to what many think may have been Sir Arthur in 1934, James Henry was a listener of great concentration.

Jack Russell terriers are clever little dogs. . .

The book of the play of the ITV film, Julian Barnes’ novel *Arthur and George* was published in 2005.

Andrew Lycett’s biography *The man who created Sherlock Holmes: the life and times of Sir Arthur Conan Doyle* was published in 2007.



# Mediums sentenced for

by Sue Farrow

Husband-and-wife mediums Timothy and Jeanette Abbott have received eight-month jail terms following their conviction for a benefit scam lasting a reported 16 years.

“Together the couple obtained a total of £170,000 during their 16-year spree at the tax-payer’s expense, including £35,496 in incapacity benefit for Mr Abbott plus £22,848 in disability living allowance.”

Sitting at Stoke-on-Trent Crown Court, a judge ruled that Mrs Abbott’s sentence be suspended for eighteen months, a decision *Psychic News* understands to have been based on the needs of a dependent child.

Timothy Abbott, 53, along with his 46-year-old wife, Jeanette, dishonestly obtained thousands of pounds in disability, housing and council tax benefits. Together the couple obtained a total of £170,000 during their 16-year spree at the tax-payer’s expense, including £35,496 in incapacity benefit for Mr Abbott plus £22,848 in disability living allowance.

During undercover investigations, Abbott was filmed lifting dumbbells, and using a rowing machine, exercise bike and treadmill. He pleaded guilty to two counts of failing to notify the Department of Work and Pensions of a change in circumstances.

The medium – who has continued to publicise his work as a demonstrator and teacher throughout the period of his arraignment and trial – also admitted defrauding HMRC of £9,532 by his failure to pay income tax or national insurance.

Jeanette Abbott also falsely claimed £19,477 in disability benefit and £713 in incapacity benefit, in addition to £1,000 in council tax benefit, the court was told. Investigators filmed her bending down and lifting a heavy bag while out shopping in 2012. She also failed to pay £37,000 worth of income support and conned Staffordshire County Council out of £44,000 in housing benefits.

Speaking after the hearing, a clearly shocked Mrs Abbott commented: “In our opinion the truth has not been fully told and we feel very unfairly treated.”

Truth “*not been fully told?*” That statement smacks distinctly of the pot calling the kettle black. The court saga of the Abbotts has dragged on interminably, delayed (we understand) on numerous occasions



Photo: Newsteam



Photo: Newsteam

# £170,000 benefit fraud

while the court awaited reports on various aspects of the case. Surely that was time enough for the Abbotts (or their legal representatives) to ensure that the truth was “fully told” by both prosecution and defence? If not, it says little for British justice!

As to being “unfairly treated”, Timothy and Jeanette Abbott have worked as Spiritualist mediums and speakers on church platforms throughout much of their long-term fraud. During that time they have stood to address numerous congregations on the merits of living a spiritual life, urging their listeners to live by the Seven Principles of Spiritualism, the fifth of which states: “Personal responsibility for all good and evil deeds done on earth”.

In short, their hypocrisy has been blatant to a breathtaking extent and has exposed Spiritualism to ridicule in the national press. Numerous comments have been posted on the websites of the *Mail*, *Express*, BBC and others, many of them seeming to suggest that if the Abbotts have been financially fraudulent, they have probably been fraudulent in other things.

“Not one, but two cons have been committed by these fraudsters. Cheating the gullable [*sic*] folk who actually believe there are such people who can talk to the dead, predict their future and tell them of their past lives AND charging them money for the scam! And in addition this cheating couple cheating the tax payer by claiming benefits they were NOT entitled to!” was just one of many examples from national newspaper website posts.

*Psychic News* in no way suggests that the Abbotts are fraudulent mediums. My point is that since Spiritualism all too often gets a rough ride from the mainstream press, the vast majority of our mediums, teachers and other workers do their utmost to operate with transparent integrity. The very public Abbott debacle has done nothing to assist the Spiritualist cause, or those many honourable workers, and has effectively handed an already sceptical public an additional stick to beat us with.

The Spiritualists’ National Union, of which both Abbotts have been long-term members and award holders, moved swiftly to condemn the couple’s actions in a briefly worded statement:

*“The Spiritualists’ National Union condemns any form of illegal activity and encourages all Spiritualists to uphold the law.”*

*“When Mr and Mrs Abbott were charged, the SNU, in accordance with its constitution, immediately suspended their membership. Now that they have been convicted it will be for the board of directors to make a permanent decision on their membership status.”*

*“There will be a motion on the agenda of the next National Executive Committee meeting to remove their membership. The Abbotts will be invited to make either oral or written representation at this meeting prior to the decision being taken.”*

*Psychic News* hopes that as a result of this meeting, the SNU will send a firm and uncompromising message to the public and the mainstream press: *Those who drag Spiritualism into the gutter, and expose it to public ridicule by committing long-term crime, while preaching spiritual ethics from church platforms, have no place as representatives of Spiritualism.*

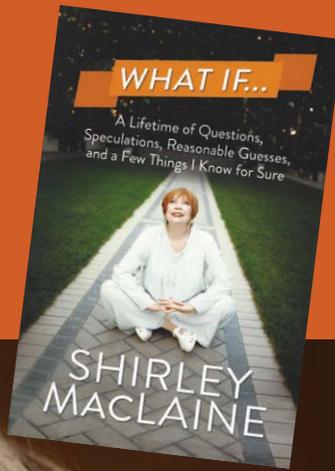


“During undercover investigations, Abbott was filmed lifting dumbbells, and using a rowing machine, exercise bike and treadmill.”

# What If? . . .

## *What do you mean, What If?*

Actress Shirley MacLaine has already written twelve books. The subtitle of *What If... – her most recent – is A Lifetime of Questions, Speculations, Reasonable Guesses, and a Few Things I Know for Sure*. Angela Redditch was puzzled as she began to read her way through it. What kind of a book was this meant to be?



In this, Shirley MacLaine's thirteenth book, first published in the USA in 2013, there is no list of contents, there are no chapters, no index, no pictures. Readers who dip in at random will find no guide to its organisation or its themes.

If they start at the Introduction (at seven pages, one of the longer sections in the book) they just have to plough on to the last page to form some idea of what it's all about. Such start-to-finish readers will work through 113 (or so) separate sections headed "What If?", each posing some question which has occurred to the author in the course of her long acting and writing life and in recent years has set her speculating.

Those speculations show readers a protagonist on many issues paranormal, extra-terrestrial, and generally New Age-y, as you would expect from Ms MacLaine's previous books. But here we see several sides of a lively and complex personality: she reminisces with relish about an acting career which has brought not only fame but many long, strong friendships: she's an independent thinker about politics and peace, about life on this earth, elsewhere in the physical universe, and beyond the physical: about life as a play in which we write our own parts, and return to work out a karmic progression.

Many of the "What If" questions Ms MacLaine asks – she does not answer. Readers can presumably look at each question, and stop to ponder, or just pass on to the next. The unanswered "What Ifs" – maybe only one or two lines long – are each accorded a separate page. There is a lot of unused space and blank paper in this book. Not very environmentally friendly. Isn't that at odds with the actress's beliefs?

### Following strands among those "What Ifs"

Some "What Ifs" are theme-linked, sometimes rather awkwardly, e.g. "What If our allergies are unresolved issues that need clearing?" Ms MacLaine offers no immediate answer to that one, but over the page, the next "What If" concerns coming to terms with life when make-up, for reasons medical or other, has to be denied. She says she discovered how this felt when walking the Camino, the old pilgrimage route to Santiago de Compostela in Spain.

Keeping baggage to a minimum, she took no make-up with her, apart from a small tube of concealer. "I thought I would die as day by day, I watched my hair color [sic] disappear to be replaced by gray [sic]". However, she donned a wide-brimmed hat against the sun – and to hide the "gray" hairs – and kept on walking.

The next “*What If*” goes off at a tangent: “*What If* beauty is the cure for mental disturbance?” Disappointingly, no answer to that is attempted. There’s no definition of “mental disturbance” here and no guide to what forms of “beauty” Ms MacLaine means, and no indication of why the question occurred to her – but the text then goes back on track to ponder the effect on equality if women didn’t have face-lifts or Botox.

The author poses the question: “So which is more desirable: time and experience leaving no discernible mark on a taut and unmoving face, or time settling in the creases, imbuing that face with outward signs of a life well lived and the wisdom that goes along with it?” She settles for the latter, and goes on to the next “*What If* aging is all about learning to love the fact that nature takes its course?” Ms MacLaine doesn’t answer that one – but it’s not a bad notion!

### Some “*What Ifs*” from a working life

“*What If* getting a major Lifetime Achievement Award turned out to be like going to your own funeral?” This receives a long answer – of sorts. It’s one of those episodes in this book where Ms MacLaine turns away from more or less high-minded speculation to indulge in a spell of name-dropping and what reads like gossip-column fodder more than 23 pages long. But that’s unfair – after all, the names she drops are all those of the showbiz friends encountered over her working lifetime, who gathered together on one night to speak about her and applaud her when she received her American Film Institute Lifetime Achievement Award.

Readers are allowed a quirky little bonus, a glimpse at the unglamorous behind-the-scenes areas of these occasions. For instance, the portable loo in which the door jams and the light fails – one doesn’t somehow associate the glitz of Hollywood with such cheap tattiness, but there it was, on that very glitzy occasion, not all that far away from the immaculate red carpet areas. Maybe it’s good for readers to have illusions about Hollywood jolted from time to time.

### From Hollywood to Downton

“*What If* I hadn’t said yes to joining the cast of *Downton Abbey*?” introduces more recent showbiz reminiscences, “a lesson in living in the past and in an extreme form of

materialism” at a time when “social status and personal wealth trumped everything else, including character and intellect.”

Much less glamour here, but a lot of interesting observations about working at Highclere Castle and its very discreet invisible entities, who make their presence felt only when disapproving of something – apparently by causing paintings to drop from walls.

She reflects on fellow actors, “disciplined and perfect”, stoically repeating, and repeating outdoor scenes in cold English wind and rain; the awkwardnesses of trying to dress for

a part when so tightly corseted that you can’t move freely enough to fasten buttons at the back of your gown, and have to rely on a lady’s maid – all interspersed with ruminations about a possible previous incarnation (Ms MacLaine suspects that she and Dame Maggie Smith may have been lovers, some earlier lifetime around . . .) Putting up with stern corrections about observing the rules of historic dining room protocol from a meticulous expert who “was actually a very nice man” – a paradoxical surprise, perhaps, given how Ms MacLaine can react to other rules in other contexts.

### A “*What If*” about rules of other kinds

Ms MacLaine has witnessed other passengers’ embarrassment and distress at being “felt” all over at airports by what she calls TSAs (Thugs Standing Around), in case of explosives on the person: she has bridled when her beloved Terry, a certificated “service dog”, has nonetheless to be “felt” likewise. She gives an interesting list of the hundreds, sometimes thousands, of suspicious features those TSA “feelers” have felt: hernias, haemorrhoids, breast implants, cases of incontinence – but she doesn’t mention those features felt which were rightly suspect, and there must have been some.

### “*What Ifs*” – and war

“*What If* we really grasped the profound theatricality of the so-called theater [sic] of war?” An actor’s view, to see war as drama. And this actor’s conclusion? “Nobody should be asked to give their lives for this show.” Indeed.

The next “*What If*” is a shock because of its seeming cynicism: “*What If* we promote the reasons for war because war (like show business) is a good investment?” Only to

armament makers, surely? To Ms MacLaine, there are wars for many purposes. (All are based in some kind of power-gaining, in the end, though, aren’t they? Current religion-driven conflicts certainly seem to be.)

Stretching the war/theatre metaphor, she quotes the great manipulative political theorist – or as she calls him, “the great director” – Machiavelli, who said, “Human disunity is a valuable commodity because it makes the people less able to mount a challenge to authority.” She herself concludes “At least in real show business you fight over ‘creative differences’ and not whose God is better.” Nice one?

### And the aftermath of war – or karma, if you prefer

“*What If* we learned that there is no such thing as a victim? *What If* all the horror on the earth is basically karma balancing?” In this section Ms MacLaine muses about the possibility that the victims of the Holocaust in the Second World War were experiencing that lifetime for “karma balancing”, which the victims themselves chose in advance to suffer. That particular speculation prompted major ructions in the world’s press, as well it might!

But in the same section Ms MacLaine goes on to talk about the psychic healers she has met in Brazil. Most of them maintain that healing comes *through* them, not *from* them, and that the sources of healing are people who in earthly life were cruel to others, and now want to make redress. Some were Nazi doctors or guards in the death camps where the Holocaust took place.

### “*What Ifs*” and reality – whatever that may be

Another of the actress’s reflections has caused a stir of protest about a different subject. It seems she knows Professor Stephen Hawking quite well. She muses: “Did he create the disease that has crippled him in order to learn to be dependent on caregivers and the kindness of strangers so that he could free his entire mind to the pursuit of knowledge? . . . If Jesus chose to die in a state of martyrdom, then Stephen Hawking could just as readily have chosen to live in a dual state of being: visible physical weakness and unseen knowledge and power. *What If* all reality is an illusion?”

And after that, I jib at trying to understand any more of the many other speculations brewing in Shirley MacLaine’s very lively mind!

***What If. . . A Lifetime of Questions, Speculations, Reasonable Guesses, and a Few Things I Know for Sure* was first published in the USA in 2013, and in paperback in the UK in 2014.**



# Your Spiritual Art

This month we showcase the spiritual art of trance medium Judith Clarke, 76, along with a verse received from Spirit. Here Judith shares some of her spiritual journey.



Judith Clarke

"I have been on a spiritual journey through my art for the last 18 years. I started painting watercolour when I lived in Scarborough. As I progressed I became a member of the Scarborough Art Society, exhibiting in many galleries around the area.

Then, after a personal crisis, my life changed and I moved to Whitley Bay, but before I left, and in the midst of despair, I started painting without thinking – throwing water, colour, salt and sometimes scraping out, leaving to dry and coming back later to find emerging paintings.

Some of the paintings were given to me before events happened; I did a tidal wave sea scene a few weeks before the tsunami in Thailand. In another painting, on turning it around, I saw my daughter with long chestnut hair in a flower garden with a baby boy in her arms. A year later she gave birth to a baby boy.

I started to visit my local spiritual church to see if they could explain these paintings, but they didn't appear interested and weren't able to help me.

I felt a certain energy from the paintings, so I started my journey as a spiritual healer and eventually ended up training healers.

I also started a home circle as I was getting many communications from Spirit.

During that time I was told to open a healing centre. Myself and two friends discussed it, but how to do it was unknown to us at that time. One day I felt drawn to go and view a community hall in Seaton Sluice, Northumberland, to see if it was available for rent. On telling the lady about the healing centre we had thought of, she asked if we were a new group and how it would benefit the community. I explained, and she told me she helped new groups to get funding and if I would like to make a wish list of everything we needed she would help us.



Portrait of Granet (1807)  
by Jean Auguste Dominique Ingres

Three months later we had just under £5,000 from the Heritage Lottery Fund ([www.hlf.org.uk](http://www.hlf.org.uk)) and we opened shortly after. We met every week and sometimes had eight healers working, as many people came for the healing. We also branched out with speakers on different spiritual subjects – therapies, music and singing bowls were very popular – and for three years it was part of our spiritual journey of guidance and love from Spirit.

All this time I still continued to paint. A French artist came through me from Spirit and all I wanted to do was draw nuns and religious scenes. I ended up with a small painting of some church cloisters. I was given part of the artist's name and a date, so I went to the library and was amazed to see this same painting in one of the art books. The artist's name was Francois-Marius Granet (1775-1849). He painted only religious scenes and churches during his career.

Now I continue on this wonderful journey through my art, writing verses – of which I have over a hundred – running a home circle and healing work.

I have many amazing stories of how Spirit changed my life. I feel so lucky to have had such wonderful guidance and evidence of how Spirit work through you.

It's been a miracle to me as I was born with genetic Polycystic Kidney Disease, which my Mother died of at 57 years old. I am now 76 years old, and through the healing and work I do will continue to live my life as fully as I can.

I live simply now in a sheltered housing flat in Blyth, where the peace and quiet surround me. I also run a weekly art group for other residents here."

**To view more of Judith's work, visit her website at:**  
[www.judithhealing.wix.com/judiths-art-and-soul](http://www.judithhealing.wix.com/judiths-art-and-soul)



Judith was "surprised" to see UFOs in the painting above, which was completed in February this year.

*Landscape Fairies* (left).

Please do keep your artwork coming so we can display them in the magazine and with our followers on Facebook and Twitter. If we print your work in the magazine you will receive a surprise spiritual book or gift.

Send your art to: *Psychic News*, Suite 6, Thremhall Park, Start Hill, Bishops Stortford, Hertfordshire CM22 7WE or email to: [pnadverts@gmail.com](mailto:pnadverts@gmail.com)

**FREE** spiritual book or gift for every artist we show



## THE RISE OF THE FALLEN

*The Rise Of The Fallen* (left) was painted a few days after the tragic events in Paris at Charlie Hebdo's offices. Judith explains:

"I didn't realise until after I had painted it that there were twelve crosses, so knew it was related to these events. I feel very privileged to receive these paintings, proving how wonderful the Spirit connection can be.

"I put out a thought that I would like this painting to be seen in France, and recently I have been asked by an editor of an art journal, *Sachet Mixte*, to print my paintings in France!

"I often get verses and this one came with the painting...

*In the silence of the night,  
my thoughts become so bright,  
they greet the morn,  
before the dawn,  
allowing words to comfort me.  
Live for life  
and not for strife.*

*So PEACE revives and LOVE survives,  
casting thoughts around the Earth.  
For Paris sorrow, greet's tomorrow,  
bringing people closer now.  
They stand together, not to bow.  
No God allows to harm another.  
The time must come to LOVE each other!"*

Sunny Cullercoats Bay (below)

Moonlight Dancers (right)





Paranormal researcher John West continues his investigation of some of the apparent ghostly manifestations at one of the world's most iconic buildings...

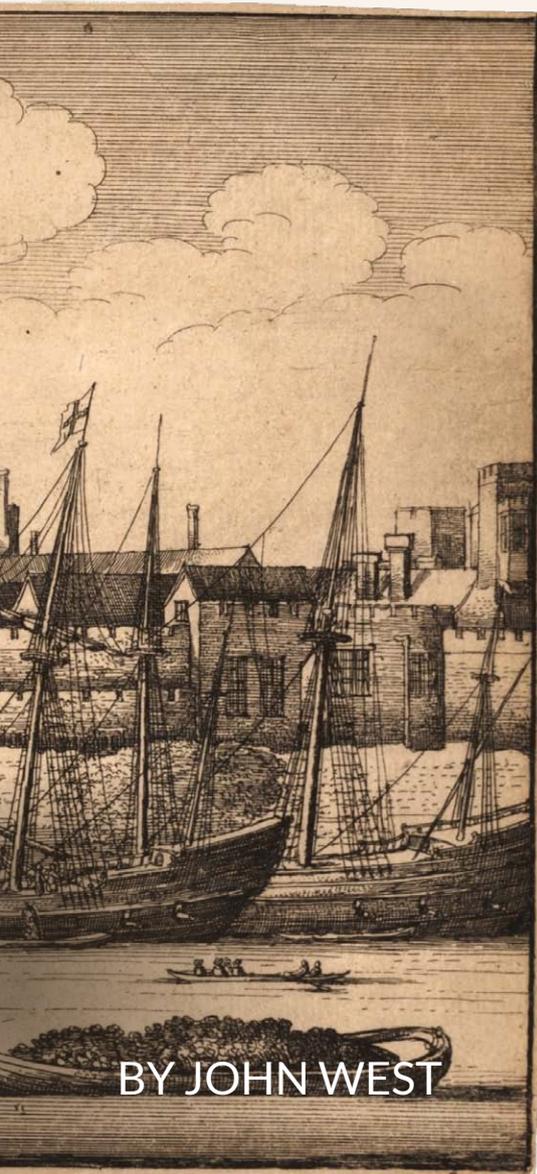
The Martin Tower was the scene of the most baffling haunting – if indeed it was a haunting – in the whole history of the Tower.

It was October 1817 and Edward Lenthal Swifte, Keeper of the Crown Jewels, was having supper with his family when he witnessed something that defies explanation to this day. He later wrote of his experience in 1860 in the magazine *Notes & Queries*:

“In 1814 I was appointed Keeper of the Crown Jewels in the Tower, where I resided with my family till my retirement

in 1852. One Saturday night in October, 1817, about the ‘witching hour’, I was at supper with my wife, her sisters and our little boy, in the sitting-room of the Jewel House, which – then comparatively modernised – is said to have been the ‘doleful prison’ of Anne Boleyn and of the ten bishops whom Oliver Cromwell piously accommodated therein.

“The room was – as it still is – irregularly shaped, having three doors and two windows, which last are cut nearly nine feet deep into the outer wall; between these is a chimney piece, projecting far into the room, and surmounted with a



BY JOHN WEST

“Floating in mid-air, immediately behind me was a face – God help me, it makes me shiver, even now, to think of it – round, red and bloated, with a loose, dribbling mouth and protruding heavy-lidded, pale eyes, alight with a lurid and perfectly ‘ellish glow.’”

large oil-painting. On the night in question the doors were all closed, heavy and dark cloth curtains were let down over the windows, and the only light in the room was that of two candles on the table; I sat at the foot of the table, my son on the right hand, his mother fronting the chimney piece, and her sister on the opposite end.

“I had offered a glass of water and wine to my wife, when, on putting it to her lips, she paused, and exclaimed, ‘Good God! what is that?’ I looked up and saw a cylindrical figure, like a glass tube, seemingly about the thickness of my arm, and hovering between the ceiling and the table; its contents appeared to be a dense fluid, white and pale azure, like the gathering of a summer-cloud, and incessantly mingling within the cylinder.

“This lasted about two minutes, when it slowly began to move before my sister-in-law, then, following the oblong shape of the table, before my son and myself; passing behind my wife, it paused for a moment over her right shoulder (observe, there was no mirror opposite to her in which she could there behold it). Instantly she crouched down, and with both hands covering her shoulder, she shrieked out, ‘Oh, Christ! It has seized me!’

“Even now, while writing, I feel the fresh horror of that moment. I caught up my chair, struck at the wainscot behind her, rushed up-stairs to the other children’s room, and told the terrified nurse what I had seen. Meanwhile the other domestics had hurried into the parlour, where the mistress recounted to them the scene, even as I was detailing it above stairs.

“The marvel of all this is enhanced by the fact that neither my sister-in-law nor my son beheld this ‘appearance’. When I the next morning related the night’s horror to our chaplain, after the service in the Tower church, he asked me, might not one person have his natural senses deceived? And if one, why might not two? My answer was, if two, why not two thousand? An argument which would reduce history, secular or sacred, to a fable.”

### So what was it?

Explanations have been offered which range from a form of electrical disturbance, such as ball lighting, to a time-travelling probe from the future!

### And finally . . .

Elliot O’Donnell, a ghost hunter and author in the first decades of the 20th century, was told an amusing tale by a Tower Beefeater:

“Is the Tower of London haunted? Why of course it is! Haunted by all sorts of ghosts – legions of them! I remember one of them particularly well. It was when I was on duty in the Beauchamp Tower, just outside the cell where Anne Boleyn was imprisoned. I was thinking of old Henry VIII, and wishing I had his luck with wives, for my one and only old missus was as ugly as Newgate, when all of a sudden I heard my name called, and on turning round, nearly died with fright.

“Floating in mid-air, immediately behind me was a face – God help me, it makes me shiver, even now, to think of it – round, red and bloated, with a loose, dribbling mouth and protruding heavy-lidded, pale eyes, alight with a lurid and perfectly ‘ellish glow.

“I knew the face at once, for I had often seen it in the history books – ‘Energ VIII. ‘Energ with all the devil showing in him. I was so scared that I ran, and did not stop running, till I came upon two of my comrades, who were beginning to clamour out ‘What’s the matter?’ when they suddenly broke off: the face had followed me.

“Well, to cut a long story short, the affair was hushed up and in the usual way. We were all threatened with the sack if we dared as much as breathe a word that the Tower was ‘aunted. The oddest thing about it, however, is, that on my return home, I found my missus was dead. She had died at the very moment I saw the ‘ead. I suppose old ‘Arry wanted her. Well, as far as I am concerned he’s ‘ighly welcomed to her. At all events he’ll never get rid of her. She’ll stick to him like porous plaster.”

So perhaps Henry VIII got his just deserts after all!



John West is an author and radio presenter. He hosts a monthly paranormal chat show for Radio Castle in Suffolk and has presented a number of programmes on ghosts for internet TV. He has recently completed a TV pilot on ghosts for East Media Productions. John can be contacted via his blog: [www.eastanglianghosthunters.blogspot.co.uk](http://www.eastanglianghosthunters.blogspot.co.uk)



# Working together for Spirit

Psychic artist Su Wood and evidential medium Paul Jacobs have worked together on numerous occasions and are widely regarded as one of the finest mediumistic partnerships of this kind. Both became aware of the spirit world at an early age.

Su says: "I was aware of spirit from my childhood, and at the age of three I gave my mother details of my grandmother in spirit. Spirit connected with me spontaneously at different times in my life, but it was only when I was in my thirties that I learned spirit communication was a two-way thing and I could also communicate with them."

For Paul, awareness of those in the next world was equally natural, culminating in his being taken under the wing of the legendary British medium Gordon Higginson, who mentored and taught him personally.

By strange coincidence (or perhaps not?) Paul and Su each embarked on their journeys with psychic art in the same year – but with other mediums!

"My first experience of demonstrating with a psychic artist was in 1991 with Coral Polge at Kings Heath Spiritualist Church in the West Midlands," Paul explained. "It was a scary opportunity, as I'd not been working on platform very long and my only experience had been witnessing Gordon Higginson and Coral Polge working together in this way, which was amazing.

"In fact it was Gordon who set up my first demonstration with Coral, and I wondered

how I could possibly achieve working with her in the way that he did. The majority of the contacts went well but there were two I had to leave to Coral as I was not aware of anything. Despite that, I did enjoy the experience and it made me to want to work more with psychic artists."

In Su's case, her beginnings in spiritual art were something of a shock, although a very pleasant one.

"It started in 1991," she told me. "My spirit impressed me to pick up a pen and draw the faces that were being shown to me. It was a complete surprise as I had no prior interest in or ability with drawing. It was through the grace of spirit that I was able to work in this way."

The following year, as a student on a course at the Arthur Findlay College, Stansted, Su was sent to draw in the tutorial group of the internationally renowned medium and teacher Mavis Pittilla.

"Mavis asked me to make a link and draw a spirit contact for a particular student she pointed out to me. It was the first time

I had attempted to draw for a specific person, but I could feel spirit very close, and the portrait of the student's mother and a husband in spirit were recognised. At the end of the week Mavis complimented me on my gift and said she would be happy to share a platform with me!



Coral Polge

"That first public demonstration with Mavis took place at Longton Spiritualist Church on 11th February 1993 – coincidentally my late mother's birthday. It was a wonderful experience working alongside one of the world's foremost mediums, and I felt very safe and excited to have such an opportunity."

It was after that first public demonstration that Paul and Su first met. Mavis Pittilla had

been so impressed with Su's work that she asked some prominent Midlands mediums to give her the opportunity to work with them.

"I was fortunate to work with Simon James, Eamonn Downey and Sue Brotherton, amongst others," Su said, "but it was Paul Jacobs who took me under his wing and helped me gain much-needed experience by taking me to work in Switzerland, Italy and all over the UK, including the Arthur

Joint demonstrations of psychic art and evidential mediumship have become increasingly popular, and it's not hard to see why. Watching two experienced and talented mediums working as a united team to provide both visual and verbal evidence of an individual's survival beyond the grave can be hugely healing to those who have lost loved ones, and inspiring to others looking on.



Findlay College."

Since then, Paul and Su have worked together on numerous occasions, in the UK and abroad.

I'm curious about the mechanics of this joint demonstration process, and the way they differ from the more usual solo work.

"When I work solo I prefer to go direct to the recipient as often as possible," Paul explained. "When I work with Su I don't do that very often as it can lead to me having a contact with one recipient and Su with another.

"It's like riding a tandem bicycle – we have to blend our auric fields and build the power as one. This is important so that we can become aware of the same spirit people for the same recipient at the same time. I always bring evidence of more than one person from the spirit world in each contact, because the person Su is drawing may not be the first person I'm aware of. If I focus on only one spirit person I may miss the person (and evidence of that person) Su is drawing. Having said that, the person she is drawing can sometimes be my first contact.

"I always try to begin with specifics to reach the right recipient with one or two pieces of information before Su has put much on paper. Then at the end of my information we check the drawing is recognised by the person who has received the contact, and that there was evidence from me about the person Su has drawn."



**Medium Mavis Pittilla**

Su says: "I will always love Paul for the time he invested in me, and I still love it when we can get together to work for spirit. We find that our energies are able to blend easily together, and we create the power that enables me to make the first connection to whoever it is in the spirit world that wishes to communicate. I usually begin to draw

while Paul connects to that same spirit communicator, and begins to bring the evidence, personal information, memories and a message for the recipient.

"When I have to work alone, to avoid a hiatus whilst I quickly draw, I am inspired by the person in spirit to play one of their favourite songs, the words of which will mean something special to the recipient. While that song is playing, I have two or three minutes to draw the face. Once I



“It's like riding a tandem bicycle – we have to blend our auric fields and build the power as one.”

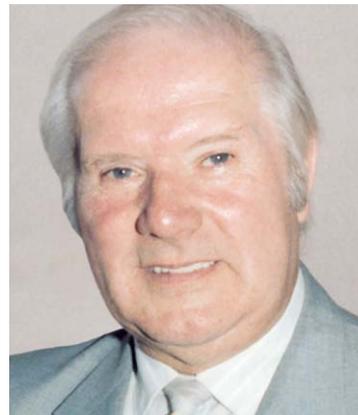
“When two people are demonstrating together they don’t have to get on well for the process to work, but it can help. You do have to give to each other and not be selfish – not make it a competition.”



have finished the drawing, I can focus on the communication and any message that needs to be relayed to the spirit communicator’s loved one in the audience.”

Given the popularity of joint demonstrations, I wondered if Paul had demonstrated a ‘double contact’ in any situation other than with a psychic artist.

“One thing that’s very popular today is two evidential mediums communicating with the same spirit person at the same time. I first did this 30 years ago – it was something Gordon Higginson made us do in our training. It came in handy when I began teaching, so I could link in to a student’s contact and follow them, something I believe all teachers of mediumship should be able to do.



**Gordon Higginson**

“I’ve also done some interesting demonstrations with an astrologer who gave a reading from the influencing planets and star sign without me being present. He then wrote down the colours of the planets, after which I would give a reading from those colours, not knowing who the recipient was, and using my knowledge of the colours of the aura. Then we would see if both sets of information matched and complemented the recipient’s soul experience in its different ways. If I say so myself, we had some amazing results!”

And this might be a tricky question: Do psychic artist (or astrologer) and evidential medium have to get on well in order to work effectively together?

Paul says: “When two people are demonstrating together they don’t have

to get on well for the process to work, but it can help. You do have to give to each other and not be selfish – not make it a competition.”

And from Su’s point of view?

“Having worked with many different mediums for over twenty years, I’ve found that having a shared intention and love of spirit is sufficient for blending the energies necessary to work effectively together, even if in some cases we don’t know each other personally.”

My final question was for Su. I asked whether anyone could be taught psychic portraiture, or if it was the province of just a few with that particular gift.

“I have found that I’ve been able to teach the art of

drawing portraits to almost anyone who is keen to try, if they have already developed their mediumistic gifts. So I believe that the mediumship is the most important aspect for anyone who wishes to develop spirit art.

“It saddens me that some students are happy to draw faces under the title of spirit art, when there is no spirit link there. These are the same misguided people who produce lots of portraits and put them on public media asking if anyone recognises them.

“The spirit world is a world of intelligence, if we are but open-minded enough to understand, and I can think of no better service than working to prove that life is eternal.”



# Spiritual Events

A selection of spiritual events taking place this month

**SAT - MON 4<sup>TH</sup> 5<sup>TH</sup> & 6<sup>TH</sup> APRIL**

**Where Science Meets The Spirit**

**Entry £60**

**At: Paignton Spiritualist Church, Preston, Paignton, DEVON TQ3 2JB**

**www.paigntonspiritualistchurch.co.uk**

An exciting experimental weekend looking at various forms of physical phenomena such as EVP, aura-motion-camera, scotography and lucid light. Come along and experience a fun and informative weekend.

**WEDNESDAY 8<sup>TH</sup> APRIL**

**Revolution in Global Consciousness with Lynne McTaggart & Howard Martin**

**7pm – 9pm ~ Entry £15**

**At: Institute of Education, 20 Bedford Way, LONDON WC1H 0AL**

**www.meetup.com/londonspirituality/events/220621982/**

Don't miss this unique opportunity to hear Lynne and Howard speak about the momentum of positive change taking place all over the world right now.

**SATURDAY 11<sup>TH</sup> APRIL**

**Tree of Life Festival**

**10am – 6pm ~ Entry £15**

**At: The Beeches Conference Centre, 76 Selly Oak Road, Bournville, BIRMINGHAM B30 1LS**

**www.treeoflife-events.co.uk**

A day of inspiration, connection and fun for your heart, body, mind and spirit, plus 24 free inspiring talks, and many holistic exhibitors. Enjoy a celebration of conscious living and co-creation.

**Advertise here**

**for just £15**

**Email or phone:**

**pnadverts@gmail.com**

**01279 874339**

**SAT & SUN 11<sup>TH</sup> & 12<sup>TH</sup> APRIL**

**BSSK Mind Body Spirit Event**

**10:00am – 5:00pm**

**Entry £5, concessions £4,**

**£8 (2-day pass)**

**£6 (2-day concessions)**

**Free for under 15s**

**At: The County Stand, The Racecourse, CHESTER CH1 2LY**

**www.bssk.co.uk/events/chester2015/**

There will be a huge variety of free talks and workshops as well as a range of therapists, readers and trade stands. Children can enjoy a free treasure hunt, with a prize for every child.

**SUNDAY 12<sup>TH</sup> APRIL**

**Mind, Body & Spirit Fayre**

**10:30am – 5:00pm**

**Entry £2.50**

**At: Holiday Inn Hotel, Manor Lane, Maidenhead, BERKSHIRE SL6 2RA**

**www.soulstarevents.co.uk**

Be inspired by Soul Star Events' array of international, national and local mediums, clairvoyants, tarot readers, angel readers, psychics, palmists, aura photographers and psychic artists. Plus, therapists offering taster sessions in the latest holistic treatments, including reiki, crystal healing, reflexology, Indian head massage, psychic surgery, spiritual healing and more.

**SATURDAY 18<sup>TH</sup> APRIL**

**Mind Body Spirit Exhibition**

**10am – 4pm**

**Free Entry**

**At: The Memorial Hall, 62 Norwich Street, Dereham, NORFOLK NR19 1AD**

**www.spiritualflowevents.com**

Enjoy 30 stalls featuring mediums, healers, therapies, remedies, crystals and spiritual gifts, plus delicious home-baked goodies.

**SAT & SUN 18<sup>TH</sup> & 19<sup>TH</sup> APRIL**

**Woodbridge Mind Body Spirit Festival**

**10am-5pm**

**Entry £3.50, concessions**

**£2.50, 16s and under free**

**Venue: Woodbridge Community Hall, Station Road, Woodbridge, SUFFOLK IP12 4AU**

**www.lifearts.co.uk**

With over 40 exhibitors including 'The Buddha Cave' Meditation Healing Space, Astrologer Damian Allen and reader to the stars Melayne Stone, Woodbridge 2015 is set to be another great success for this event. Other attractions include holistic healing therapies, taster treatments, readings, aura interpretation and advice.

There are also psychic readings, crafts, crystals, gemstones and art on offer, as well as crystal healing and reflexology.

Musical attractions include live music from Ramivana, Bards of the Heath, pianist Ian Haywood, Johny Wilks and Sandra Jones plus a performance from Gypsy Dreams Belly Dance.

**SATURDAY 18<sup>TH</sup> APRIL**

**Holistic and Spiritual Event**

**11:00am – 4:00pm**

**Entry £2, concessions £1,**

**under 15s go free**

**At: Avon Business & Leisure Centre, Avon Road, Cannock STAFFORDSHIRE WS11 1LH**

**www.mindbodyspiritshows.com**

Come along and enjoy a day of relaxation and inspiration. There is plenty to explore, with exhibitors offering a range of complementary therapies, healing, retail stands and professional readers. This is an ideal opportunity to join other like-minded people to experience a more holistic approach to health and wellbeing.

**SUNDAY 19<sup>TH</sup> APRIL**

**Holistic & Mystic Mind, Body Soul Event**

**10am – 5pm ~ Entry £3.50,**

**concessions £3, under 16s**

**with an adult go free**

**At: Arora Hotel, Southgate Avenue, Crawley, WEST SUSSEX RH10 6LW**

**www.holisticandmystic.com**

Visitors can discover a huge range of therapies and all things holistic and spiritual. There will be free talks running throughout the day, as well as lots to see, do and experience, including psychic readers and complementary therapies.

**SUNDAY 26<sup>TH</sup> APRIL**

**The Mind Body Spirit & Wellness Fair**

**10:30am – 5:30pm**

**Entry £3.50, concessions**

**£2, accompanied children**

**under 16s go free**

**At: The Elizabethan Suite, Bury Town Hall, Knowsley Street, Bury, MANCHESTER BL9 0SW**  
**www.allthingspsychic events.co.uk**

Enjoy an array of psychics, clairvoyants and retail stands catering to all your spiritual needs; plus a full day of talks, mediumship demonstrations and workshops.

**SUNDAY 26<sup>TH</sup> APRIL**

**Holistic Ways Festival**

**Edinburgh**

**11:00am – 5:00pm**

**Entry £4.50,**

**concessions £3,**

**accompanied children**

**under 14 go free**

**At: 10 New Market Rd, EDINBURGH EH14 1RJ**  
**www.holisticwaysfestival.co.uk**

Leading MBS speakers and performers. Holistic, complementary and alternative therapists available for treatments with many of the country's best known psychics, mediums and readers.

# Writings

## FROM THE NEXT WORLD

Dante, Tolstoy and Sir Francis Bacon are three of the greatest names in world literature. It seems that the trio has forged a psychic link with medium **Richard Lawrence**, with impressive results. Prepare to be amazed. . .

When I first started giving readings over thirty years ago, helped by messages I received through clairaudience, I never thought that one day I would be the channel for three giants of literature. I believe it is not because of me but out of their deference to my personal teacher, the late master of yoga and medium Dr George King.

Several years ago, I discovered that, through the daily practice of advanced yoga techniques, I was gradually able to gain rapport with a higher level of communicator. One key that Dr King taught was that while channelling, a medium must be able to raise their consciousness to the same mental wavelength as their source. This does not mean you have to be a genius to channel a genius, but that while the communication is taking place you are 'on the same page'. My method is to use telepathy and clairaudience to receive the message which I write down as it is given.

The first of the three to contact me was the Italian poet from the Middle Ages, Dante Alighieri. He was explicit in his admiration for Dr King and especially for one of his books, *The Nine Freedoms*, which is itself an interesting insight. It was the poet William Blake who stated openly that far more of his books existed in the heavenly realms than they did here.

Following Dante, two other great writers made contact from their ethereal plane to profess their interest in and support for the teachings of Dr King and specifically *The Nine Freedoms*. These were Leo Tolstoy and Sir Francis Bacon who, like Dante, have a much deeper grasp of life's inner meanings than even they did when physically incarnate. I am not suggesting that those were necessarily their last lives. They may have had one or more others since, but if so they have chosen to resume their former identities for these communications.

Some psychics and mediums talk about channelling as though it were as easy as falling off a log. For me, it would be more like an exercise in advanced forestry. I don't find it easy to do, requiring full and intense concentration to avoid making mistakes. First I have to elevate my consciousness to the level of these inspired communicators which, as far as I am concerned, is a tall order. Then I have to maintain focus in order to accurately receive the exact words without imagination, emotion or personal opinion distorting their message. I am willing to admit, unlike some mediums, that it may not be a hundred percent true to the original, though I am confident it is very close.

It was decided that each one would contribute a piece inspired by *The Nine Freedoms*. Dante opted for bravery and gave the following call to arms on 4th February, 2013.



### *The Currency of Truth*

Smite hard the boulder of certainty  
Which blocks the way to clarity and truth.  
Unveil the cloth of dogma  
Which covers the rose-petalled knowledge of the seer.  
Cast aside these obstacles which have been  
Constructed and woven from the lowest realms of Earth.

For now the time of revelation is here  
And no man can stop this.  
The starched collars and velvet robes have no value  
In this currency of truth.  
Nor so do dusty parchment scrolls bearing  
Seals of office of prominence and power,  
For prominence and power themselves are dust  
In this noble currency.  
Strike from the register all titles,

Be they even from the pontificate,  
For such have no value here where this light does shine.

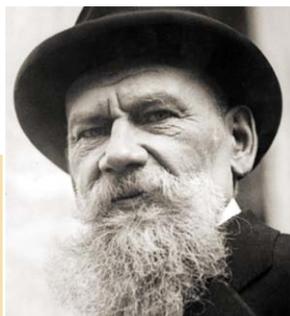
*Mea culpa*, for I too have drunk this poison,  
But now I am refreshed by the cool springs of nature's gospel -  
Revelation, Realisation, Reality Itself.  
And yet even in the midst of so much sorrow,  
So many lies and all the tortuous diversions  
Which masquerade as life on this earthly plane,  
This currency exists.

Not in the great halls of learning,  
Nor yet in the religious assemblies,  
Neither in chambers of commerce  
And certainly not in political forums  
Can we find this.  
But in the honest, plain-speaking, truth-seeking,  
Love-sharing, light-bearing people  
Who reject all forms of programmed obedience,  
Knowingly or unknowingly, to the will of those below.  
It is to these, even in these basic realms,  
That this currency shall come,  
And even "they" can't stop this now.

So take heart, be renewed,  
For even when all around seem trapped in their prisons,  
Fabricated from below but accepted without question by them,  
Know that this need not be so.  
Those prison bars can be broken,  
And this must be.  
Be prepared - for they will need a new home then,  
Constructed from Reality Itself  
And purchased in the Currency of Truth.

I received this and posted it on my website the same day. If proof were needed, I was to receive it very soon, for within a week Pope Benedict XVI took the world by surprise by resigning his papacy. He thereby manifested the words Dante had spoken a few days earlier: "strike from the register all titles, be they even from the pontificate". He was replaced by Pope Francis who has certainly demonstrated the quality of bravery, whatever one's view of Catholicism. I later discovered that the last Pope to resign for personal reasons, Celestine V, did so during Dante's lifetime and is roundly condemned by him for cowardice in his epic, *Inferno*.

The theme of love was taken up by Tolstoy on 28th December, 2014.



### *The Lion and the Lamb*

A rampaging lion roams the jungle, teeth bared, on the lookout for his prey. The call of the wild has brought him here and naught can stop him now. A lamb caught in the thicket bemoans her lot – too loud, he hears it and swoops down upon her tender frame.

But lo – what song disturbs the scene of imminent destruction? A warbling sound from the trees above distracts them both. And then these words are spoken: “Release this lamb and you will be fed. For it does not belong here. It is the lamb of God.”

The warbling stops, a strange silence pervades the scene, and in that silence something happens. Love passes through the jungle, its radiant glow enfolds the lion who stops in his tracks. What feeling is this?

A light falls upon him and in that light he feels no hunger, his war-like passion subsides and something new fills him – peace. He looks again, the lamb is gone, even its scent has disappeared and the thicket is empty.

He sits and rests, mouth closed, the light subsides, the sounds of the jungle resume and there before him is a carcass, appetising, ready to consume. He looks again – and thinks carefully. “I will eat that later, but first there is much to reflect upon”.

And so a lion became the first king of the jungle because he was king of himself.

I confess that I had difficulty receiving this because my conscious mind found it hard to believe that Tolstoy would write in such a style. My very limited knowledge of his work led me to believe that his subject matter would be that of a grand nineteenth-century novel, rather than an almost childlike fable set in the jungle.

With effort I was able to detach from such thoughts and focus only on the words I was receiving. Afterwards I discovered that in later life Tolstoy had written a number of moral tales and one

such collection was called *Stories from Zoology*. It was a reminder of something I have taught hundreds of students of psychic development over the years: stay with what you get.

Sir Francis Bacon had already delivered a poem on the third theme of service, on 27th November, 2013.

Bacon is perhaps the most controversial of the three since he is believed to be one of those – in my view the main one – who contributed to the works published under the name of William Shakespeare. Possibly more interesting to the mystic is the belief that he was one of the foremost Rosicrucians in his day.



### *An Ode to Service*

Time passes only to return once more  
Like some forgotten stranger, eagerly embraced,  
Only to be discarded yet again.  
Grasp the moment like a drop of dew from heaven.  
Seek out its source and quench your thirst  
That others too may be replenished.  
Noble is he who stays in the ruins  
When others leave in search of fertile ground.  
And noble is the lone fisherman,  
Who casts his net in turbulent seas  
While others sail to placid waters.  
Mighty is the settler in desolate regions –  
Mined quarries and dried up shores.  
Mighty too is the traveller who passes  
Through this wasteland  
On his journey to another one.  
Glorious is the yogi who left sublime retreats  
For coarse and decadent environs.  
Oh how glorious are the lovers of God,  
Who never left humanity’s abodes.  
For these are the ones who live the word.  
Their search is over because it never began –  
Only as a by-product of Service.  
How holy is that word;  
And how perfect its enactment.

I have studied *The Nine Freedoms* on this physical realm, just as they have on theirs, but I must confess that although it is my favourite book it has not yet led me to the literary heights of these three iconic writers!



Richard Lawrence is author of the international best-seller *Unlock Your Psychic Powers*, the award-winning *Gods, Guides and Guardian Angels* co-authored with Mark Bennett and other books in several languages. He has spoken at events in Europe, America, Canada, New Zealand, Australia and Nigeria, and regularly appears on TV, radio and in the press around the world. [www.richardlawrence.co.uk](http://www.richardlawrence.co.uk)



# THE STUNNING of Isabelle Duchene

by Sue Farrow

Spirit photography, also known as psychic photography, was once seen by many as a powerful tool for demonstrating the existence of paranormal forces. With the advent of home computers – and their accompanying photographic software which enabled all manner of changes, additions, removals and enhancements to be made to a photo – the evidential aspect of spirit photography was effectively lost.

*Psychic News* receives scores of alleged spirit photos in the course of an average year, but it seldom takes our photo editor more than a few clicks of a mouse to create something near-identical. Until a few weeks ago there had never been a single one that had defeated his skills.

That changed when the excellent evidential medium Eileen Davies contacted

me about a photo which had been taken of her by a student at the Arthur Findlay College, Stansted. The student, Belgian-born Isabelle Duchene, herself a medium for twenty-five years, told me how she came to take such an extraordinary picture.

“It was the first week of February this year and we did an experimental evening in the

college library, led by one of the tutors, Maureen Murnan. I asked if I could take some pictures, just feel the energy, and Maureen said I could, but not to use the flash. It was a very big group and to be honest I didn't like it because everybody was busy with cameras, using meters to check everything.

“Just as an experiment, I asked Eileen if



Photo: © Isabelle Duchene. All rights reserved.



**PHOTOS**  
Above: Spirit Weekend, Feb 2015, Maureen Murnan 1.  
Rght: Spirit Weekend, Feb 2015, Eileen Davies in cabinet.  
Top right: Spirit Weekend, Feb 2015, Maureen Murnan 2.

# SPIRIT PHOTOGRAPHY

Photo: © Isabelle Duchene. All rights reserved.



“I think spirit use my body as a kind of translator of the energy into an image.”

I could take a photo of her. She sat in the cabinet and I dimmed the red light. I didn't see what was going to happen, but I felt it in my stomach – I sensed it. It's like when you're going into an altered state, you feel the energy coming and building, building, building. I think spirit use my body as a kind of translator of the energy into an image.”

The photo was taken using what Isabelle describes as “a normal digital camera from Canon – a very cheap thing.” In the past she has also used a Polaroid camera.

The compelling thing about this particular photo of Eileen Davies is that it was taken on the spur of the moment in the presence of many people, so there can be no doubt about its provenance. It was shown to Eileen immediately afterwards and she was sufficiently impressed to contact me about it later that same evening.

Isabelle, by now a veteran of close on five thousand photos, was delighted with the picture.

“I'm always amazed because I never know what energy is going to be there. I feel like it was one of the ladies who is working with Eileen in the trance state, maybe a Chinese lady.

“The problem with spirit photography can be that the energy goes so quickly – it's a flick of a second.

“Sometimes you catch the energy,

especially with red light; it's a reflection thing, I don't use cabinets. Sometimes it's just in normal evening light conditions, I take a few with candle lights, but if it's in dark surroundings it's easier to see the picture, and red light helps a lot.”

In fact, the whole spirit photography thing came as a bit of a surprise to Isabelle. “I didn't want to be a medium,” she says. “I did animation movies and I wanted to work at Disney!”

Having said that, she became aware of the spirit world at a very early age, following the passing of her grandfather when she was just eight years old.

“I saw him after he passed away, but I always knew things as a kid. I saw things, but my parents were both high school teachers and I kept everything privately to myself because I felt very lonely with it all.”

That loneliness was compounded by the fact that Belgium has no Spiritualist churches and very little Spiritualist tradition to provide support. And that's particularly strange, considering that the International Spiritualist Federation had its origins in Liège, in the south of Belgium.

“Before the war there were some circles,” says Isabelle. “But nothing much has happened in the past twenty-five years. I came from a little town on the Dutch border and fortunately there was a library

Photo: © Isabelle Duchene. All rights reserved.

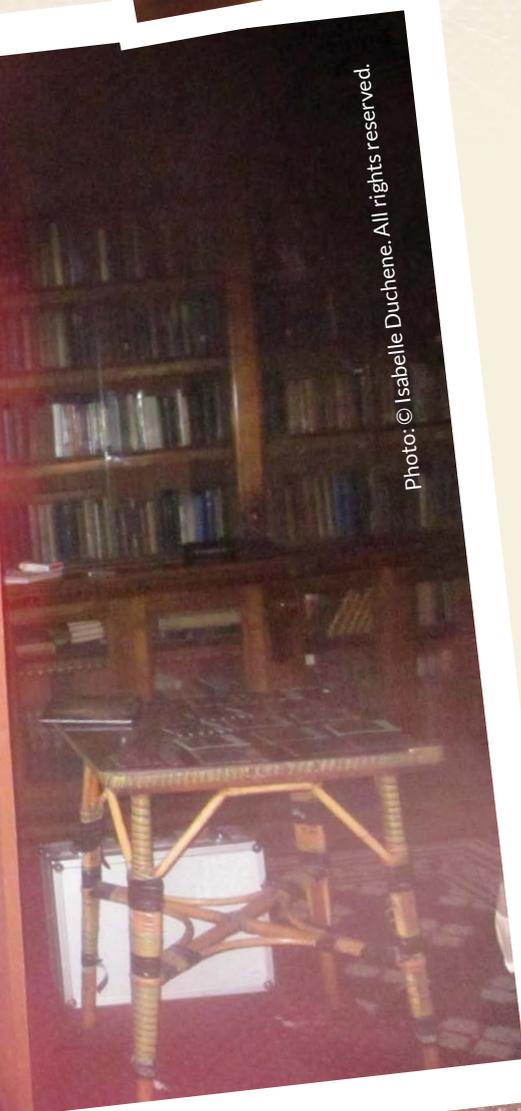




Photo: © Isabelle Duchene. All rights reserved.



Photo: © Isabelle Duchene. All rights reserved.

- PHOTOS**  
Left to right:
- 1) Two people standing in living room.
  - 2) Two spirits shown in cabinet. Materialisation in T & G Centre, Eastbourne, in empty cabinet.
  - 3) Full materialisation of spirit behind client in Isabelle's home.
  - 4) Spirit in door.

“It was quite by accident that one of my first pictures was full of orbs and swirls of energy.”

which had a book about the musical medium Rosemary Brown, written in English.

“When I was twelve I nicked the book and never gave it back! I read it with a dictionary because my English was very limited at the time, and that book was my bible. Rosemary Brown passed away in 2001 and I never had the time or the means to go and see her, but she was my hope. I have always felt my spiritual path had to be followed on my own. These days I sit in the cabinet nearly every day for developing trance and physical mediumship – but I can't find sitters.”

And how did Isabelle discover her special gift for spirit photography?

“It was quite by accident that one of my first pictures was full of orbs and swirls of energy. Later I actually went to the Kodak factory to see if all my pictures were just blurred or something. In the early 1980s there was no internet so I kept them to myself. Then I didn't take pictures for 25 years, I let it rest.

“Everything began again when I started sitting for deep trance and I felt I needed to go to the Arthur Findlay College. I had been there in 1992, just as a visitor, the year before Gordon Higginson passed away. In those days I was completely shocked to see there was a 'university' like

the college, because in Belgium there was absolutely nothing. Then I thought – ‘OK, I have to do something with all this’ and Mr Higginson said to me: ‘You're going to be a pioneer in your country. And don't say no, because we have already said yes for you!’”

I ask if Isabelle had any interest in the history of spirit photography before embarking on her own photographic journey. She is open-minded but surprisingly sceptical – in my view a very healthy stance for a practitioner with integrity.

“Because I did animation movies, I've seen how, in the past, people used photography with fake mirrors, and it's an open secret that a lot of 19th-century spirit photography was fake. Today you have 'Photoshop' and other software. We've got a lot of scepticism here – it's all put down to 'Publisher' or 'Photoshop'. A lot of

Photo: © Isabelle Duchene. All rights reserved.

Psychic photography Isabelle Duchene copyright 2010



Photo: © Isabelle Duchene. All rights reserved.

Isabelle Duchene  
Red Productions



the day when the sun is out, it's not easy. Spirit loves 2am for some reason. I don't know why. Perhaps because it's quiet.

"I will say to the client that I don't know who will come from spirit, but some people will say they want their grandmother or some other particular person on the picture. Most of the time it is guides at the moment. I think spirit are working with grandmothers or grandfathers and guides. That seems to be the deal they have with me so far.

"I'm just open to all possibilities. In one of the pictures I took at the Arthur Findlay College, one of the students had a white dog on her lap – a white poodle. Animals sometimes pop up. That's fine, I'm an animal lover – I love dogs."

And finally, what about future plans?

"I take each day as it comes," says Isabelle. "I'm working on a book of my pictures right now, and also on a book of spiritual recipes. I love cooking and spirit give me recipes from all over the world. So if I want to cook Chinese, they give me a recipe in my head for Chinese, or if I want Mexican they give me that!

"My biggest wish is to serve humankind through the spirit, to help them understand that there is a higher life and to see them happy. I'm there for others. I love my work, I'm a passionate Spiritualist, but I feel I was born in the wrong country."



people don't believe in psychic or spiritual things.

"I hope one day I can move out of here and try and sit more. I do trance and mental mediumship, and I've got my CSNU in demonstrating and speaking. I'm a working medium but because we don't have the big things like churches and demonstrations, I do whatever I can to help people at little home parties and psychic suppers, all very small."

More recently Isabelle has undertaken private photographic sittings. I asked her how she prepares for these sessions and what form they take.

"I sit beforehand and after about twenty minutes the energies usually start to change. It depends how I am, my mood. I put good music on and it always helps. I try to sit in evening conditions because during

"I'm just open to all possibilities. In one of the pictures I took at the Arthur Findlay College, one of the students had a white dog on her lap – a white poodle. Animals sometimes pop up. That's fine, I'm an animal lover – I love dogs."



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**17th - 19th April: Adele Brunton: A Trance Experience**

**24th - 26th April: Geoff Hutchison: Walk with the Shaman** A course for all levels.

**8th - 10th May: Jan Higgins: Gatekeepers, Guardians and Guides Weekend**  
Find out who works with you from the Spirit World through meditation and practical work.

**18th - 21st May: Melanie Hallett: Trance and Mediumship**

**22nd - 24th May: Scott Lornie & Denise McNulty: Working with Energies Weekend**  
Explore the different types of energy involved in working with the mediumship, psychic and trance faculties.

**12th - 14th June: Jacqui Day: Spiritual Fiesta Weekend**

**19th - 21st June: Wendy Hale: Spiritual Healing, Part 2, NFSH Certified**

**29th June - 3rd July: Jan Higgins: Open Your Heart to Healing**

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# PSYCHIC GARDENING

Have you ever wondered why some people seem to make flowers and plants flourish like a modern-day Garden of Eden without any effort at all while others invariably end up with a sad, drooping display? Craig Hamilton-Parker believes our natural psychic powers can be harnessed for use in everyday life – including gardening. As the spring planting season approaches, he explains how you can use those powers to improve your rapport with the earth.

Do you have green fingers or do plants wilt as soon as you go near them? Anyone who's worked with plants will know that some people have such a natural empathy with their plants that they seem to burst into life. Others just can't get on with them no matter how well they follow the instructions in their gardening books or on the seed packets. Why should this be so?

One answer may be that some people have a natural healing energy that flows from their fingers. This healing energy can be projected to people to stimulate health and it also works with plants. Everyone can have the power to heal, they say. So, next time you plant some seeds or re-pot a plant, hold it in your hand for a while and imagine a stream of loving, light energy flowing from your hands. In tests, seeds that have been 'healed' before planting thrive better than control seeds that haven't. Some healers' powers are so pronounced that seeds held in their hands will literally sprout in minutes.

The power of telepathy – the ability of people to communicate thoughts by mind alone – may also affect plants. Plants know what you are feeling. This is not a new idea. The early 20th-century Indian scientist Sir Jagadis Chandra Bose believed that plants have a nervous



Sir Jagadis Chandra Bose

system similar to animals. The Reverend Franklin Loehr claimed that the growth rate of plants would increase by as much as 20 per cent if he prayed over them. And the world-famous American horticulturist, Luther Burbank, who had a remarkable gift for creating new varieties of plants, stated that he could make a plant conform to a pattern by use of loving willpower alone.

Many people project thoughts by verbalising their encouragement – in other words, they talk to their plants. Prince Charles, who is a champion of environmental issues and a lover of nature, is said to have done this. The press ridiculed him but scientific evidence suggests his ideas made a lot of sense. For example, when the scientist Cleve Backster wired up his house plants to a lie detector (polygraph) he discovered that plants were responding to his feelings. If he threatened his *Dracaena* plant, the polygraph indicated that the plant showed signs of stress. If he spoke to it with words of encouragement or silently sent it loving thoughts, the polygraph registered a state of relaxation. If you talk to your plants they will respond.

Similar experiments have been tried – by playing music to plants. The polygraph tests indicate that plants love gentle music such as Mozart but

“Everyone can have the power to heal, they say. So, next time you plant some seeds or re-pot a plant, hold it in your hand for a while and imagine a stream of loving, light energy flowing from your hands.”



The Findhorn Foundation gardens

become almost neurotic if played heavy metal music. Whether the plants are responding directly to the sound of the music or reacting to the moods of the people tending them, who are also hearing the music, is still not proven. Why not put a radio tuned to Classic FM in your greenhouse? It's worth a try.

Psychics also believe there are earth energies and even earth spirits that can influence the growth of plants. In a windswept and barren area of Scotland about 35 miles from Loch Ness stood a rubbish-strewn caravan park. In 1962 Peter Caddy, his wife Eileen, their three children and a friend called Dorothy Maclean decided to buy the land and start a garden. Eileen and Dorothy are clairvoyants and their vision was guided by spiritual beings who instructed them how to harness the powers of nature spirits which they called 'Devas'. Without artificial fertilisers they transformed the wasteland into one of the lushest gardens in Scotland and produced enormous crop yields including, for example, prize 40-pound cabbages. Their organisation, the Findhorn Foundation, now teaches others to do the same.

Many people believe that the earth has a fertile geoenergy which flows across the planet. It is said that these lines of energy are somehow influenced by the ancient megalithic monuments such as Stonehenge and certain places are particularly rich in this life-force. Using dowsing techniques, a psychic person can determine which areas in a piece of land are most fertile because of the concentrations of this power. Some places are good and others bad. And there are machines on the market that can supposedly balance these earth energies to stimulate plant growth.

The ancient Chinese practice of Feng Shui - the art of perfect placement - holds that earth's life force (*chi*) can be changed by careful attention to landscape design. If this system is applied to your home and garden, the Chinese claim it will not only improve the fertility of your garden but bring harmonious forces and good fortune into your life.

There are many rules to this art but some of the basics indicate that it is generally good to have a pond at the front of the house but not the back; dead trees sap the garden's energy, whereas one strategically placed evergreen will enhance it. Carefully placed rocks, boulders, pots, trees and ponds will not only enhance the beauty of a landscape but, say the ancient Chinese, increase the fertility of the garden as well. And if you want your garden to make money for you, hang some wind chimes - the Chinese say their sound attracts money into the household!



## ASTROLOGY AND GARDENING

Ancient man worshipped the moon and believed it could influence the Earth's fertility. In Roman times priests of the Moon goddess Diana guarded the sacred grove at Nemi and in cultures throughout the world similar priests and priestesses, shamans and witchdoctors, were given responsibility to ensure the fertility of the earth.

Everyone knows that the moon affects the tides but less well known is that its gravitational pull also dictates the times birds migrate, when insects hatch and even the timing of a woman's bodily cycle. In plants, the moon's influence affects the flow of sap and germination. If we watch the moon we can decide the best times to sow, prune and harvest.

### GARDENING BY THE MOON

You can buy special astrological almanacs which will tell you the best dates to sow, based upon the position of the moon, planets and stars. However, the basic rules are quite simple and a good diary will show when there's a new or full moon.

Vegetables that mature above the ground, and all trees and fruits, are best planted from two days before a new moon until three days before the full moon. Root crops and all plants maturing below the ground are best planted from two days before full moon until three days before new moon. If you want to be very precise it's best in both cases to plant when the moon's astrological position is in one of the earthly signs of Taurus, Virgo or Capricorn, or in one of the water signs of Cancer, Scorpio or Pisces.



SPiRiT IN ACTION

# OPEN WEEK 2015

Saturday 2nd May to Tuesday 5th May

SPiRiT IN ACTION SPiRiT IN ACTION SPiRiT IN ACTION



SPiRiT IN ACTION SPiRiT IN ACTION SPiRiT IN ACTION



**EVOLUTION**

SATURDAY'S THEME

**RESPECT**

SUNDAY'S THEME

**PEACE**

MONDAY'S THEME

**HEALING**

TUESDAY'S THEME

Open Week this year hosts different themes daily and will offer visitors a huge range of spiritual subjects. There will be the ever popular demonstrations of mediumship given by world renowned college tutors. Also, a discussion of Spiritual Philosophy is part of this year's programme.

This is a great opportunity to see what the college has to offer all year round, or just come back and enjoy your beautiful college all over again! Spiritual Healing will be on offer all day in the Pioneer Centre and a quiet room will be provided for contemplation. The SNU will be showcasing its literature and information on education and awards, along with a chance to visit the Britten Memorial Museum and Arthur Findlay College Shop.

Master classes will be a daily feature if you want to further your skills in subjects such as Trance, Trance Healing, Philosophy, Prayer, Meditation, Mediumship, Demonstrating and more. Sessions are practical and informative. Master class tickets are £5.00 per person per session bookable in advance through the college reception team. Classes are for mixed levels. The college gardeners will be selling college-grown plants and hanging baskets for you to enjoy your piece of the Arthur Findlay College all year round. The full Open Week programme is available to download online at: [www.arthurfindlaycollege.org](http://www.arthurfindlaycollege.org) or at: [www.snu.org.uk](http://www.snu.org.uk)

Arthur Findlay College  
Stansted

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# a residential course at the ARTHUR FINDLAY COLLEGE

The Arthur Findlay College (pictured) is the world's foremost college for the advancement of Spiritualism and psychic science. Set in an idyllic countryside location of formal gardens and meadows, Stansted Hall is the perfect setting and retreat in which to study, learn and communicate with the Spirit World.

Open all year round, it offers education for absolute beginners to advanced students, runs day-long as well as residential courses, and offers spiritual healing and much more.

The college has a public Open Week this year from Saturday 2<sup>nd</sup> May until Tuesday 5<sup>th</sup> May inclusive. Open Week hosts a huge range of spiritual subjects, demonstrations of mediumship by world renowned tutors, workshops, tutorials, lectures, trance and more. The restaurant, gift shop and museum will also be open, and tutors and Spiritualists' National Union staff will be on hand to offer support, advice and answer any questions you may have.



For information on courses taking place this year go to: [www.arthurfindlaycollege.org](http://www.arthurfindlaycollege.org). Keep a look out for the 2016 programme, which will be released shortly on the site.

The winner of this month's sudoku competition will win a residential course at the college. This fantastic prize includes a single basic room at the Arthur Findlay College in Stansted, Essex, all meals and tuition. The winner will be able to choose from any of the courses running before the 20<sup>th</sup> December 2015, subject to availability.

*Please note: Sorry, but travel or travel expenses to and from the venue are NOT included in the prize offered. The winner must make his/her own arrangements to and from the venue at their own expense. The prize is non-transferable and has no cash value. Entrants must be aged 18 years and over. The winner will be chosen randomly from all correct entries and will be notified within four weeks of the closing date by email, telephone or post. In the event of the winner being unable to be contacted after reasonable attempts have been made, or if there has been any breach of the above terms, we reserve the right to select an alternative winner.*

To enter, complete the sudoku puzzle and send the numbers which appear in the shaded centre row, from left to right, along with your name and address to:  
AFC Course, *Psychic News*, Suite 6, Thremhall Park, Start Hill, Bishops Stortford, Hertfordshire CM22 7WE.

You can also enter via email to: [pneditorials@gmail.com](mailto:pneditorials@gmail.com)  
The closing date for entries is 27<sup>th</sup> May 2015.

## EXCLUSIVE READER OFFER

*Psychic News* readers can receive an exclusive **FREE FOOD VOUCHER** that entitles the bearer to £5.00 off food during the Arthur Findlay College Open Week (2<sup>nd</sup> - 5<sup>th</sup> May 2015). In order to receive your discount, on arrival at reception, please take a recent copy of *Psychic News* with you to receive your **FREE** voucher.

## STOP PRESS!

We are sad to announce that The Tony Stockwell Experience on 9th June 2015 at the Channel Suite, Folkestone, - the prize for last month's sudoku competition - has been cancelled. The organisers, *Psychic Weekend*, are looking for another venue in which to hold a similar event early next year. Entrants to the competition can wait until a new venue has been found or have their entries put forward into the competition featured on this page. If you wish your entry to be placed into this month's competition please let us know by email at: [pnadverts@gmail.com](mailto:pnadverts@gmail.com), or by phone on: 01279 874339.

2				1			3	
		5	3		8	7		2
3	6							4
	1		6				5	
				5				
	8				9		7	
8							2	7
9		2	8		3	6		
	7			2				3

How to solve sudoku: Place a number from 1-9 in each empty cell so that each row, each column and each 3x3 block contains all the numbers from 1-9.



# The *Psychic News* Survey of Mediums

Thanks to your responses to our first ever international survey of mediums, we've learned a lot about the ups and downs of life as a working medium, not only in the UK but in Europe and the USA. Our survey was completely anonymous and you spoke frankly to us about many issues that concern you. Here's what you told us...

## 1. ABOUT YOU

Those of you who took the time to complete our survey ranged in age from 36 to 80. Your length of service as a working medium was between 5 and 57 years, the average being just over 30 years.

The vast majority of you demonstrated evidential mediumship. Of those, around 20 per cent also demonstrated trance mediumship.

One respondent practised trance healing, while another specified spiritual counselling. Two worked as psychic artists in addition to their evidential mediumship, with just one respondent demonstrating physical mediumship. Approximately 15 per cent of you work as healers in addition to the other forms of mediumship you demonstrate.

Your first awareness of spirit came at an age ranging from 4 – 26 years old. For the vast majority of you it occurred around the age of 10 years.

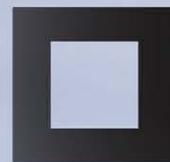
We asked about your mediumistic development, and more than 50 per cent of you told us that, for some time at least, your gifts had unfolded in a home circle. This was very interesting, because we hear a great deal these days about the demise of the home circle and your answers have given us a rather different picture.

Some of you who developed in home circles said that you had also attended a church or centre development circle at some time. Twenty per cent of you benefited from the additional guidance and support of a personal mentor.

Of those who had not sat in a home circle, the vast majority attended a church or centre development circle. Thirty per cent of you developed your mediumship solely through attendance at courses and workshops. One respondent said their development had been through meditation alone, while another had worked exclusively with a personal mentor.

“Your first awareness of spirit came at an age ranging from 4 – 26 years old. For the vast majority of you it occurred around the age of 10 years.”

“Not introduced by my actual name. Chairperson disinterested and didn’t introduce the elements of the service, just expected me to stand up and sit down at the right time.”



## 2. CHURCHES AND CENTRES

**We asked if you served churches and/or centres and 100 per cent of you told us that you did.**

You are most often booked by phone or in person, with less than 10 per cent of you being booked by email or text message. Seventy-five per cent are contacted with a reminder during the week prior to the service.

Most of you are accustomed to being met on arrival at the church you are serving, with just a few saying that this only happens on some occasions. Only one respondent said they had been asked to abide by a particular dress code.

As to guidance on the length of your demonstration and/or address, the vast majority of you told us that this only happened from time to time. Just one respondent said they were always given this information.

Concerning the format of the service, this was always made clear to you in around 40 per cent of cases, with the rest being told sometimes.

All of you reported that a glass of water was always available on the platform when you were working. The same applied to refreshments after the service.

Disturbingly, travel expenses were not always adequately reimbursed, with only 50 per cent saying they received the full amount. One respondent had never received acceptable travel expenses.

We asked to what extent the chairperson could add to or detract from a service. Seventy-five per cent of you answered “Greatly”, the rest answered “Moderately”, with just one person saying “Not at all”.

**We asked: Have you ever refused an invitation to return to a church or centre because you were not treated as you should have been?**

Around 50 per cent of you answered ‘Yes’ to this question. Here’s a selection of the reasons you gave:

“Church president accused a helper of paedophilia in front of some of the congregation. Refused to apologise when proven wrong (just one instance of inappropriate behaviour).”

“Not introduced by my actual name. Chairperson disinterested and didn’t introduce the elements of the service, just expected me to stand up and sit down at the right time.”

“Overnight accommodation terrible. Complained but church not bothered.”

“Did a psychic supper (my husband drove me) and I did eight readings. They insisted my husband had a reading and supper. At the end of the evening I was charged for my own supper and my husband’s supper and reading. I was also told I owed them 50p for parking!”

“A church where I used to work for years lost its atmosphere with new president and committee. I was not comfortable there any more.”

“There were two occasions. One was because the group was more Christian than Spiritualist. The other was because of the state of the church.”

## 3. SITTINGS

**In answer to the question “Do you give private sittings?” all of you said that you did.**

As to venue, 90 per cent of you give sittings in your own home, with 75 per cent of those also giving sittings at churches, centres and colleges. Of those who said they gave sittings at home, over 50 per cent also did so at MBS and psychic fairs. All but one respondent took the time to explain their particular way of working to each sitter.

All of you made a point of informing the sitter that a medium cannot guarantee the presence of a specific spirit communicator, and all of you offered a refund if after the first ten minutes or so it was clear the sitting was not going as well as you or the sitter hoped.

## 4. GENERAL

We asked if you consider yourself a Spiritualist, and all of you said you do. As to whether you regard Spiritualism as a religion, 65 per cent do and 35 per cent do not.

On the question of whether mediumship can be taught, 65 per cent of you believe it can; the rest believe it can’t, with one respondent declining to answer the



question.

The majority of you have encountered some kind of hostility in the course of your work as medium, with just 25 per cent saying they have not.

Generously, everyone who responded had demonstrated their mediumship for the benefit of one or more charities.

**We asked: What is the most unusual venue in which you have demonstrated mediumship?**

Here are just a few of your wide-ranging answers!

“At a psychic supper, two of us were put in the cellar of a very old building. This was lit only by candles. I loved it!”

“A garden shed.”

“At a children’s hospice.”

“I was once asked to do a wedding party in a pub.”

“A restaurant – never again!”

“In a pub. There was more than one type of spirit! It was very well received. Also I did readings in a broom cupboard as it was the only place that was quiet enough (for Guide Dogs for the Blind).”

“In an aircraft hangar in Germany.”

“At the swimming pool for a friend.”

“Nothing springs to mind but I am selective – I don’t like to work where alcohol is on

sale, though I’m not teetotal! Also I won’t go again if there is no respect for the world of spirit.

**YOUR GENERAL COMMENTS**

**This part of the survey was your chance to have your say on anything else of importance to you in relation to mediumship.**

Many of you mentioned the need to raise overall standards of evidence. Others expressed concern about falling congregations in churches. A number of you were concerned about the teaching of mediumship. Here are some examples of what you told us:

“All good mediums should be recognised by SNU churches and not restricted from working at those churches because they are not members of the SNU.”

“I think mediumship can be enhanced, but some innate ability must be there. I believe the discipline and responsibilities of a medium should be taught.”

“I would really like to see higher standards of philosophical speaking. Too many addresses are uninspiring and about mundane worldly things.”

“The standard of mediumship is falling. Too many teachers are sending their students out to serve churches and groups before they are ready. SNU standards have fallen.

“I am so grateful to spirit for allowing me to do their work, as through it I have met wonderful people.”

They rate themselves too highly. Where is the evidence? I know one SNU teacher who tells her students to fake it till you make it.”

“As tutors, all we can and should offer students is the chance to further experience

the spirit world in their unfoldment. Not everybody is or will be a medium, but we can encourage a greater awareness. Too often I hear of students being put down. A certificate means nothing, I’m afraid. There are many doing a great job, but a well-meaning circle leader must know their onions. People need real guidance and understanding.”

“Spiritualism is universal and all mediums have something to offer. No one should be rejected because they are the wrong brand of Spiritualism.”

“I am so grateful to spirit for allowing me to do their work, as through it I have met wonderful people.”

**A very big thank you to all those of you who took the time to complete our first ever survey of mediums. You have increased our knowledge enormously, and hopefully enabled churches and centres to have even greater insight into how they can provide the best possible working conditions for our dedicated working mediums.**



## EDINBURGH COLLEGE OF PARAPSYCHOLOGY

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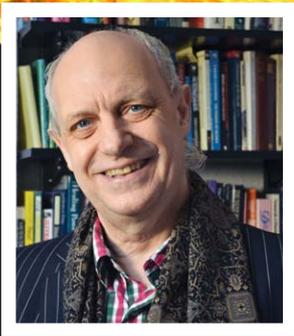
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# Craig Hamilton-Parker's PSYCHIC SCHOOL

This month Craig guides you through the basics of psychometry and includes several practical experiments for you to try.

Objects that retain the energy of the past can be intuitively accessed using clairvoyance. To demonstrate this, BBC Television asked me to prove that memories of the past can be embedded into objects or locations. My primary task was to identify three historical characters using artefacts from southern England's past. To make it harder, I had to remain blindfolded for the entire journey, ensuring that the locations were as much a mystery as the items themselves.

The most exciting challenge came when my blindfold was removed in an unremarkable room in a Victorian country house. I was handed a violin. Immediately I felt that this violin had not been played by a skilled musician. I correctly stated that the instrument was played for fun from childhood and that it was part of a set that included a cello. I identified the owner as an author, and came up with several possible names, including Thomas Hardy. The curator was astonished. The violin indeed had been owned by Dorset-based author Thomas Hardy in the late 1800s.

## WHAT IS PSYCHOMETRY?

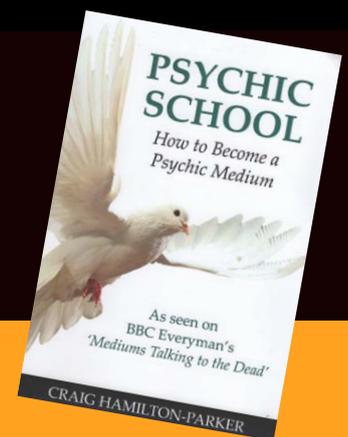
Reading the vibrations from an object is called psychometry. The word comes

from the Greek *psyche* (soul) and *metron* (measure), and literally means "measuring of the soul." Psychometry is used in psychic archaeology and psychic criminology, and is an important part of Spiritualist training for developing mediumship.

## DEVELOPING THE SKILL OF PSYCHOMETRY

For an accomplished medium the vibration emanating from a personal object held at the start of a sitting can act as a stepping stone that links them with the vibrations of communicators from the spirit world. The novice can also use psychometry as the foundation for their clairvoyance, which may eventually grow into a mediumistic gift. Grounding in psychometry trains the intuition to sense qualities of the owner's character from an object. This same intuitive skill can eventually be developed into the ability to sense the personality and thoughts of a spirit communicator.

If you are running a group then you will probably practise psychometry every week. At the start it will help you and the other group members to develop your innate psychic skills. In a developed circle it will serve as a useful warm-up before beginning mediumship.



“Psychometry is used in psychic archaeology and psychic criminology, and is an important part of Spiritualist training for developing mediumship.”

### BASIC PSYCHOMETRY EXPERIMENT

When people come to the circle I ask them all to put at least one object into a bag as they enter. These can be 'read' during the evening. It is important that nobody else in the room sees the objects being put into the bag or be given clues to identify its owner.

Some psychics claim that metal and stone objects are best for psychometry, as they easily retain the vibrations. I consider this hearsay, as I have not noticed any difference. An object that has been worn is particularly useful because it has been in direct contact with the person to be read. Similarly, older objects are more suitable than brand-new ones that have not had much time to absorb vibrations.

I encourage my sitters to include personal items such as keys, jewelry, and watches, but also to include letters, loaned objects, and something with an unusual history. If the history and people associated with the objects are interesting then the resulting clairvoyance for that session is likely to be intriguing. If any of the group has access to historic artefacts or implements used in a crime, include these also.

Psychometry is a comparatively easy psychic skill to learn and you may find that you get quick and accurate information right from the start.

Objectives of the psychometry session: The thoughts we project into the world are absorbed by objects we have owned for a long period of time. It is the objective of this session to "replay" these recordings. In particular, we are interested in discovering information about the owner(s) of the objects we hold. We hope to build up an extensive character profile and include information about their personality and their life.

**Step 1.** The leader of the group selects a person from the circle to do the first psychometry reading. The history of the object should be unknown to the reader but known by someone in the room. The owner of the object must remain poker-faced so as not to give any clues about who owns it.

**Step 2.** If there is a low table in the centre of the circle, the object can be placed there and near the selected reader. If you are the reader, this will allow you to attune yourself for a few moments before picking up the object. Let your breathing relax and allow your intuitive thinking to flow.

**Step 3.** When you feel ready, pick up the object and immediately start talking about

its owner. Do not worry if the information is right or wrong or just plain silly. In circle you are allowed to make mistakes, for how else will you learn? It is, however, inexcusable to say nothing. Bear in mind that the first thoughts that come to you from your intuition are invariably correct. Give your impressions exactly as you receive them, without trying to censor or change the thoughts that come to you. You will have a feeling that the thoughts about the object come to you out of the blue, as if they are being given to you.

**Step 4.** As you hold the object let the words flow. What is the first thing you feel? Perhaps the object gives you a feeling of warmth and you may feel that the person is warm and caring. Or maybe the owner is cold and calculating? Is the person a worrier? Is he or she outgoing or tending to keep his or her own counsel? Is the owner shy, humorous, moody, witty, intelligent, talented, frustrated, bored, unfulfilled, ambitious, and so on? What does the person like doing: sports, art, walking, dancing, cooking? Ask your intuition questions, listen to your inner reply, and speak out.

**Step 5.** Now dig a little deeper. Some of the things you say may appear to be meaningless but may have significance to the recipient. You will get a few things wrong but the percentage you get right will increase every time you do a reading. Eventually it will come close to 100% accuracy. The important thing is to keep pushing yourself to give more and more. Believe in yourself. Trust your intuition. It is giving you correct information.

**Step 6.** Do not be influenced by the object itself or surmise what you think the object says about the owner. A Mickey Mouse key ring may have been bought for granny by her grandchildren, or the owner of an expensive piece of jewelry may be broke. Talk about what you feel and sense, not what you see with your eyes.

**Step 7.** Build a complete character profile of the owner. Say whatever comes to mind and give as much detail as you can. Speak now or you'll later regret your reluctance to speak out. Do not predict, though, as this cannot be verified immediately and, besides, psychometry is about reading vibrations from the past, not the future. Have some fun with your reading: point out the quirks and idiosyncrasies in the person's personality and see if your intuition can reveal amusing events from his or her past.

**Step 8.** Try to finish on a positive note, even repeating a few of the main things that felt most important. People tend to remember

the first and last thing you say, so starting and finishing with strong evidence will improve your presentation. When you have finished, say so and put the object down.

When the reading is over, the group leader will ask the owner of the object to explain the percentage the reader got right and wrong. The recipient should go into detail, highlighting everything specific that was described. Some will be wrong but a great deal will be startlingly accurate. Psychometry is a comparatively easy gift to develop and you will soon discover that it is possible to progress quickly.

### ANOTHER EXPERIMENT: THE ENVELOPE GAME

Keeping a group active is important in order to keep everyone's interest, and the envelope game is an excellent experiment to introduce whenever the circle's energy needs a bit of a lift. My circle always enjoys this 'game' because everyone is involved right from the start and there is no waiting around for someone to finish before you get your turn.

Before the meeting starts, each member of the circle is given a large envelope and a pen. They each write their name on the inside of the flap and fold it into the envelope. The envelopes are then placed on the members' laps during the meditation at the start of the session so they will absorb the vibrations of the person holding it. The members may sit on their envelopes if it is more comfortable.

After the meditation the envelopes are given to the group leader, who shuffles them and hands one to each person. The group is then asked to see what impressions they "feel" about the person who has held it earlier, and to write their own name and a couple of sentences about their personality, events from their lives and any other information about them on the top of the envelope. This is folded backward so that the next person cannot see. The envelope is then passed to the person on the left to do the same again, and so on until the envelopes have gone full circle.

The group leader now gathers the envelopes and gives them back to the original person who held them during meditation. Reading them is fascinating, as each envelope not only has impressions about that person from everyone in the group but also has a reading by that individual about the way he or she feel about him- or herself.



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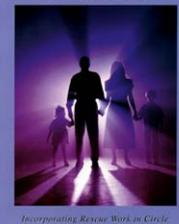
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# REVEAL YOUR TRUE NATURE

## WITH BILLY ROBERTS' PSYCHIC HANDWRITING ANALYSIS

**SUBJECT: MALE**

**DATE OF BIRTH: 4th APRIL 1958**

**ASTROLOGICAL STATUS: ARIES**

**NUMERICAL INFLUENCE: ARIES**

This is the handwriting of an intuitive yet fairly insecure person, someone who in my opinion has had some minor health issues over the last twelve months or so. Although it suggests the writer is a timid, quiet person, he is most probably at times more stressed and anxious, with bouts of occasional melancholy, than he would care to admit.

Though the writer is male, from a psychic perspective, the writing is quite feminine and well structured, indicative of someone who is meticulous, fairly tidy and almost phobic about things being in the right places. In fact, I would not be at all surprised if the subject always did his own ironing. He is extremely particular.

I would say he had some issues with one of his parents when he was very young, probably his father, to whom he would have liked to be closer. Whichever parent it was, they may not have understood the subject too well, particularly his obvious sensitivity. The writer is quite deep and can perhaps only express his feelings to one particular person, probably his partner.

I would say he is prone to the occasional bout of depression, but because he is so private he would probably dismiss any suggestion of this. Although the subject enjoys the work he does, he would most

probably like to be in a position to retire, to give him the opportunity to devote more time to the things he really cares for. In my opinion he would not harm a fly, and in fact is quite sensitive towards the animal kingdom.

Although the subject was born under the astrological sign of Aries, he is also numerically influenced by that sign, and it is the combination of the two aspects of his nature that affords him the strength and resilience he has needed throughout his life, especially during his childhood, where he might have struggled a little. I

also get the sense that the subject is much stronger than he gives himself credit for, but is self-conscious of his weaknesses, which he probably sees as failings.

At the moment he may well be doing someone else's job as well as his own and it is this that causes him so much stress and, at times, anxiety.

“The subject is a caring man but is not good at openly expressing his feelings. In fact, he is quite deep and introspective, and it is this aspect of his psychological make-up that occasionally pulls him down into the doldrums.”

The subject is a caring man but is not good at openly expressing his feelings. In fact, he is quite deep and introspective, and it is this aspect of his psychological make-up that occasionally pulls him down into the doldrums. Although he pushes himself to the limit, his energy levels are quickly exhausted,

## LUCKY NUMBERS: 2 · 15 · 23 · 29 · 35 · 42

leaving him mentally and sometimes physically drained. He finds it quite difficult to unwind after a long and arduous day, and may find some comfort listening to certain kinds of music, drinking a Gin and Tonic and watching the reassuring wag of a tail.

The subject is quite a proud and amiable person, someone who will always put himself out to help others. The only problem is, he is taken for granted by a lot of people, simply because he is far too polite to say 'No'.

### OVERALL COMMENTS:

I have previously stated that the subject is extremely intuitive, and it is this that occasionally causes him to blow things up out of all proportion. He is greatly influenced by the weather and general planetary movements, and if he was a furry creature I have no doubt that he would hibernate in winter.

This person has strong premonitions, and although he may dismiss any suggestion that he is mediumistically inclined, he really only has to look at the experiences he has had since he was quite young. He has probably had a keen interest in Spiritualism (and all things spiritual) for many years, and in some way this has been an integral part of his life, and probably his work too. He may well have inherited any interest he has in spiritual matters from the female line of the family. In fact, I would say that his mother was always extremely important to him, perhaps the only person in whom he could really confide during his younger years.

The subject probably uses the computer in his work much more than he cares to. However, he is good with the written word and is particular about his grammar, syntax and punctuation, etc. I get the sense that although he is not married, he does have a long term partner, with whom he shares a common interest.

### OVERALL COMMENTS:

I get the overwhelming impression that the subject worries about his health, almost to the extent that he may be a hypochondriac. In saying this, the writer is fairly strong-

willed, determined and also extremely loyal, especially to those who are loyal to him. He does not like two-faced people, liars or users.

I feel certain that the subject has known many mediumistically inclined individuals including some of the best exponents of mediumship in the UK.

Although he is not a competitive person, he will not allow himself to be cajoled by anyone, particularly when he knows he is right. He is prone to mood swings, during which times he prefers to be quiet and left alone. He is respected by everyone who knows him, and although he has many acquaintances, he probably chooses to have only a small, select circle of real friends.

The subject is a traditionalist and quite conventional in most areas of his life, including his sense of dress. However, he does occasionally let his hair down, especially when he is with people with whom he feels really comfortable.

This person may well love animals to the extent that he is a vegetarian. He is certainly charitably minded and despises cruelty of any kind, especially to animals.

There are some significant changes on the future horizon, some of which may affect his work. In fact, within the next twelve months the subject may possibly find himself in a completely different position where his working life is concerned, and even now the suspicions he has about approaching changes in his current situation may soon be apparent to him.

I get the sense that the subject's weight may fluctuate from time to time, and that the only exercise he really gets is a leisurely walk in the countryside.

Although he may perhaps have had a fairly rough ride these last twelve months, I feel quite sure that the rest of 2015 is going to bring some of his dreams and aspirations to fruition. (I can see the names Mattie and Paul. Were Martha and Jessie his mother's aunts? Or are they connected in some way down the genetic line?) I'm not sure where these names connect, if at all.

### THE SUBJECT COMMENTS:

Billy's analysis is a mixed bag, some things right, some wrong. Firstly, he is spot on that I am intuitive yet fairly insecure, and also that I have had health issues over the past twelve months. I wouldn't say I am timid; I'm fairly quiet but can speak up if the situation demands. I don't do my own ironing. I have never picked up an iron in my life!

Billy is right that I had issues with a parent; I had a difficult relationship with my father who is 80 this month, and can be domineering. It is true that I suffer from depression, also severe anxiety, and I am currently taking anti-depressant medications, which I hope will be a temporary measure.

Regarding my work situation, I have not worked for some time. I am on the government flagship 'work programme' but the stress has affected my health and I am hoping to find my niche in the voluntary sector. My energy levels are not low. I am a former athlete and still have residual fitness from those times, which I miss desperately.

Sadly, I am seeing no 'reassuring wag of the tail', although I would like to have a dog and belong to several wildlife conservation groups. It's true that I am influenced by the weather – I detest the winter months and if I had the means, I would spend the winter in Spain. I don't think I am mediumistically inclined, although I did sit in a development group for several years. I don't know if my interest in Spiritualism comes from my mother's side of the family, as I never knew her; she passed six months after I was born. As for future changes, it's true the past twelve months have been a fairly rough ride, so let's hope some of my dreams come to fruition. I can't place the names Billy gave me.

Thank you Billy and PN.



If you'd like to be a future subject for Billy Roberts' Psychic Handwriting Analysis column, send a short sample (just a few lines) of your writing, plus your date of birth and gender, to the email or postal addresses on page 4. Please note that, although the PN office team will need your name in order to be able to contact you for your feedback on Billy's analysis, Billy will not be aware of your identity at any point.



# The world CAN be a better place..

by David Hopkins

April – and spring is (or should be!) here, with its promise of renewal and regrowth. After the gloom of winter we have yet again the opportunity of a fresh start, freed from the past and open to receive whatever the lengthening days may bring. Are we ready to grasp the opportunity, ready individually and collectively for what might be possible as nature shares with us its amazing potential?

While nature itself shows such generosity of spirit, we see all around us examples of the worst of *human* nature manifesting. Horrors within our own country astound us – the treatment meted out to human beings to their own kind, particularly to children and women, and especially by the male of our species, fills our media on a daily basis. The cruelty, lies, deceit and greed that jump out at us from just about every news broadcast must make us, at times, despair and even question whether our long-held belief in the fundamental goodness (and ‘godliness’) of the human race is misplaced.

The concept that ‘man’ is created in God’s image seems so far from the examples life shows us that the very basis of our belief system seems challenged. Our knowledge, wisdom and innate acceptance of the wisdom, love and sense of justice of the Supreme Being take a severe battering. Child abuse scandals in Rotherham and Sheffield, to name just two, give testament to what a rotten creature man can be and to what depths he can sink.

Add an international aspect to the equation – Syria, Iran, Libya, Palestine and many other countries – and it seems that the situation gets worse, with few signs of progression and positivity on the horizon. Narrow-minded and bigoted philosophies, be they religious, political or commercial, threaten to overtake, and indeed take over, philosophies based on peace, love, compassion, fairness, justice for all and the building of a world where equality of opportunity is guaranteed – enshrined within our laws, cultures and hearts.

More and more wealth and power seems to be centred on fewer and fewer individuals. Governments seem unprepared or unable to tackle vested

interests, instead ceding greater influence to those who already dominate. Little wonder that huge numbers will not even bother to take the simple and vital step of casting a vote in the UK general election that will take place in a few weeks’ time.

And what about the place that is home to all of us – Planet Earth? As if we hadn’t already done enough damage, there are extensive schemes, some currently operational, to force our way to remove even more of the natural heritage we should be passing on to future generations. While we destroy ‘below’, those vested interests ‘above’ want to enhance profit by limiting choice. Why might children in twenty years time not have the chance

to taste a carrot naturally-grown in the ground, not saturated with chemicals and modified almost beyond recognition? Isn’t quality on a par with quantity, especially when sacrificing quality for quantity is *not* the only option?

Without much effort by the vast majority of the population, this globe is being

“Why might children in twenty years time not have the chance to taste a carrot naturally-grown in ground, not saturated with chemicals and modified almost beyond recognition?”

threatened by destruction or, at best, degradation, to the extent that it will sustain only a tiny proportion of those who currently share its munificence. Alarming, there are those who would even maintain that this is the *goal* in the minds of some.

I have recently been watching programmes examining our knowledge and understanding of the bigger picture, the place of this planet within our solar system, and the universe as a whole. One of the 'revelations' was that we need to drastically rethink theories that have been held for many years.

There was talk of 'hot Jupiters' and 'exoplanets' and a realisation that the planets in our solar systems have not been in the fixed orbits we had always assumed. Astronomers are opening up to a greater understanding of the implications that our planet is one of many that circle a billion stars in our galaxy, which in turn is one of a billion galaxies. And that, dear readers, means that the possibilities for life, in who-knows-what form or variety, may indeed be enormous.

The more that is learned of the vastness and variety of the physical universe, the more, it seems to me, will come the recognition that an assumption that we have developed as a species in isolation and as the result of a random series of 'happenstances' can no longer be accepted without greater and greater challenges.

As people of faith, we have an acceptance that beyond the physical universe there lies a spiritual dimension that permeates the physical but also both embraces and overrides the physical. For us, life is what lies within and behind the physical; the physical has limitations that do not affect the spiritual. The physical may break down into its chemical components but the spiritual, the life-force, the core of our individual and collective being, is not a combination of atoms and cells, but rather a creative power that is the building-block of all that exists.

Whilst we may ponder about life-forms on other planets, isn't the basis of our belief systems that the spiritual nature of all such manifestations emanates from the same source, the Being, Force or Energy we have termed 'God'?

If we consider again what we as a species have done and continue to do to this one planet over which we have an element of control, perhaps it might be just as well if there were *no* life-forms similar in nature to our own. Having been presented with

a set of circumstances, a tool-bag and endless opportunity, we seem to have made something of a mess, not just once but countless times. The thing about our latest effort may be that it is potentially the worst of all our attempts and so misjudged and misguided that it might turn out to be an exercise that has gone so far as to be irreversible.

Yet is that really the case? Is there *ever* a situation that's irredeemable? I suggest that there is *never* such a situation.

The clock may be showing 23.59 for our world, or at least for our species, but there is still time, however limited, to stop the clock and begin a process that will reverse the harm done over millennia, **if we have the desire and strength to commence those changes.** Earlier I posed the question 'what difference will it make?' when writing of our democratic right to vote. The answer is that each individual vote may make only a tiny ripple, but a million votes, or better still *ten million* votes, will cause a wave that will have the power to move mountains, change policies, alter hearts and minds and bring about a new revolution for humankind and the many species over which humankind has dominion.

There are numerous sayings reflecting the idea that however frail one person is, large numbers of 'ones' can build a structure that can withstand any attack. However far the journey, it starts with a single step; however high the mountain, reaching the top begins with the vision to climb and the action that follows. History shows that in the true nature of humankind, there is nothing that cannot be overcome. We have read that even in the darkest hour, there has come a shaft of light that brings strength, courage, energy and power of such immensity that it could not have been foreseen.

Humankind has certainly been created in

the image of God, not in a physical sense but as a spiritual reflection of goodness, compassion, justice and above all, love. I venture to suggest that there is nothing on earth, or in the vastness of the universe, seen and unseen, that can withstand the power of that force we can tap into and of which we are a part.

I recall a TV programme with the tag-line 'We have the technology, we can

rebuild'. Though this referred to rebuilding an individual, I think we can extend the concept to broader issues. The 'technology' lies in the abilities we all have to change ourselves and then change the world. Scientists, politicians, business people, religious leaders – these are not the ones who change the world. It is people – ordinary, average, simple-yet-complex people – who change the world. And we are all part of that 'ordinariness' whilst at the same time being part of the 'extraordinariness' of humanity.

If we want a better

world in a hundred or fifty or even ten years' time, we have to accept that the clock is ticking and every moment is precious. Tomorrow there will be one day less, next week one week less, to begin the process of recreating a world fit not just heroes but for all God's creations. The future – yours, mine, humanity's, the planet's – starts now. Let's not waste any more time.



“History shows that in the true nature of humankind, there is that there is nothing that cannot be overcome. We have read that even in the darkest hour, there has come a shaft of light that brings strength, courage, energy and power of such immensity that it could not have been foreseen.”



David Hopkins is a Spiritualists' National Union minister, author and broadcaster.

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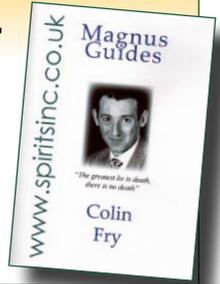
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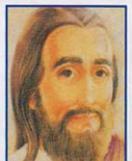
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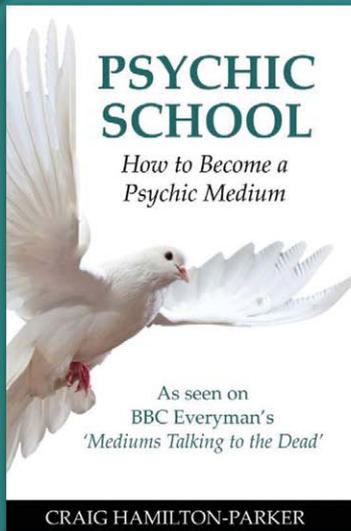
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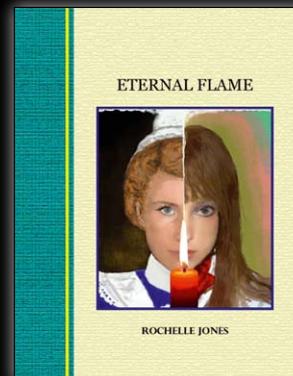
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# Letters

This issue's  
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## MANY OTHER SEANCE-ROOM TECHNOLOGIES 'LESS CONTENTIOUS THAN IMAGING'

Having read responses from Lew Sutton and Spiritualists' National Union president David Bruton to concerns raised by numerous individuals about the AFC physical mediumship protocol (PNs February and March), I want to add a few more thoughts for your readers to consider.

Like Mr Sutton's, my professional and academic background is in engineering – in particular the research and development of imaging technology, specifically for space science and thermal instrumentation applications. As such I'm very fortunate to have quite specialised knowledge of imaging systems for both visible and thermal uses.

As Mr Sutton rightly explained, far-field (or long-wave) infrared (FIR) technology uses passive imaging technology in that the system doesn't emit any light (visible or infrared) for the imaging detector to see, and therefore should be safe. However,

I stop short of agreeing with Mr Sutton when, referring to FIR technology, he stated that "there is absolutely no health risk to physical mediums and no reason whatsoever why physical phenomena should be affected".

The truth is that as researchers we must always be sensitive to the concerns of the participants and accept that we have limited understanding of the topic under investigation. In a research area such as physical mediumship, where we know so little, I find Mr Sutton's conclusion a little too assured for my comfort.

At the present time very little conclusive research has been conducted into the nature of ectoplasm, its constituent parts, how it's controlled and formed, and its effect both short- and long-term on the medium's physical and psychological well-being. As such it is not realistically possible to state that any form of technology within the séance room is safe for mediums.

Now of course this reasoning should not be used as a get-out clause for physical mediums. But it does mean that there needs to be a closer working relationship between researchers and physical mediums if we are ever to get near to understanding this phenomenon.

That brings me to the AFC protocol, which I genuinely feel was an attempt by the SNU to move in exactly that direction. I support that attempt, though I do question the validity of the protocol. Apart from ensuring the medium or confederate doesn't get up and walk around during the séance, I wonder what the use of imaging technology will provide. After all, as Mr Sutton correctly pointed out, the image quality and resolution from most thermal cameras is still somewhat lacking.

I consider myself fortunate to have



witnessed the presence of ectoplasm with two popular physical mediums, in low-intensity red light. Though on both occasions I was left in awe at the sight, I do wonder what I actually learned about the spirit world, or about the nature of ectoplasm, from the observation. On reflection, probably very little!

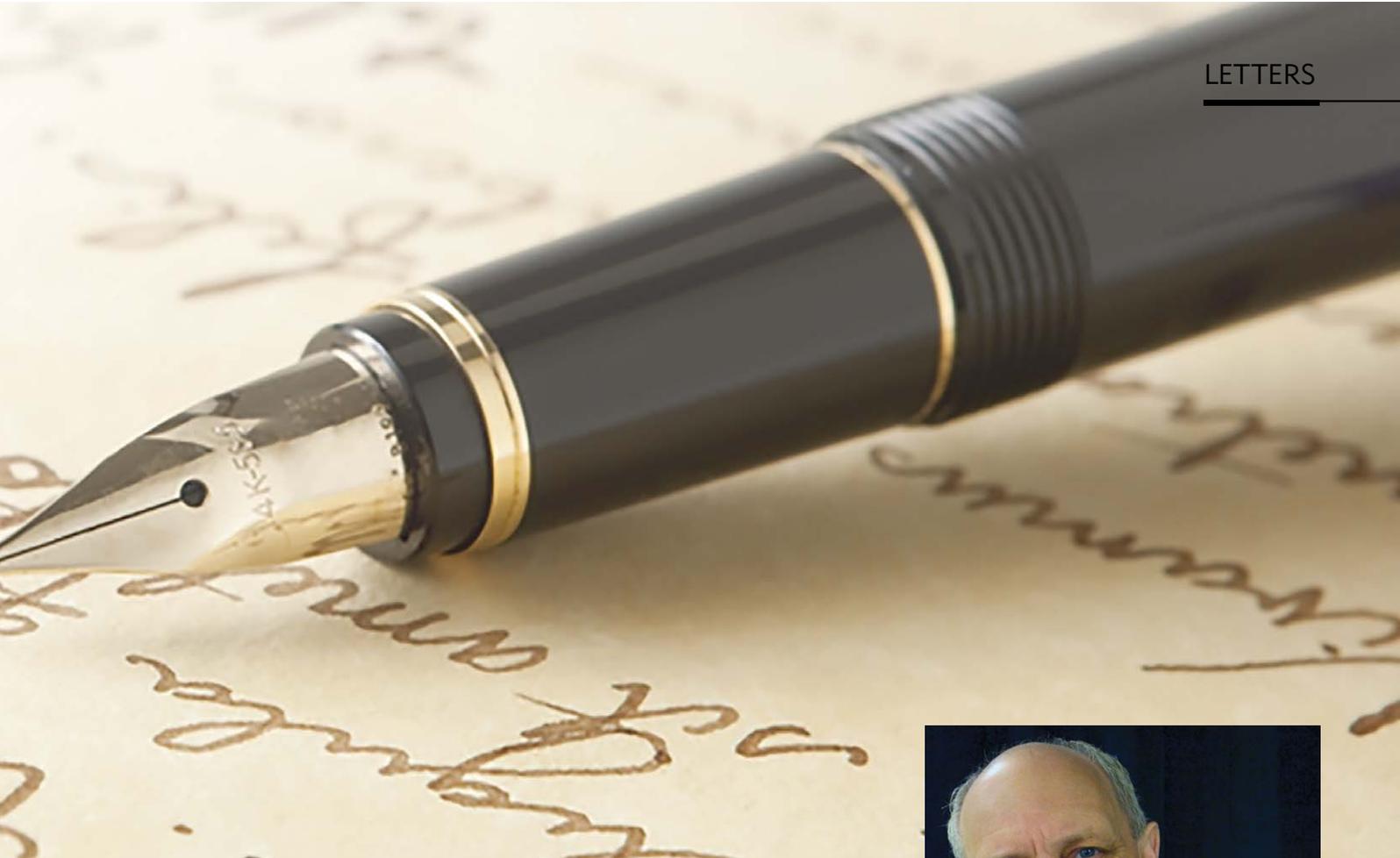
I will conclude by saying that if the purpose of using imaging technology is to satisfy those present that the phenomena experienced were not due to fraudulent methods, there are many other protocols and technologies that could be used which, I suspect, would be less contentious than imaging technology. They include strain gauges attached to the joints of the medium, a simple pressure-sensitive cushion that responds to changes in pressure as the medium moves, or, more exotically, ultrasonic proximity detectors placed around the room to permit both detection and triangulation of any phenomena that may manifest during the séance.

However, if the intention of the protocol is to advance and progress our understanding of physical phenomena, then I very much doubt that using imaging technology alone will provide us with these insights.

*Chris Connelly MSc CEng CMgr*

Via email

"...the purpose of using imaging technology is to satisfy those present that the phenomena experienced were not due to fraudulent methods, there are many other protocols and technologies that could be used which, I suspect, would be less contentious than imaging technology."



## THE ‘HUGE FLAW IN SPIRITUALIST PHILOSOPHY’

I enjoyed Sue Farrow’s article questioning the nature of the Spirit World (PN March), which touched a good point.

In my opinion most Spiritualists have it completely wrong – including the pioneers and perhaps even the spirit communicators – because they think the material world is a reality. A simplistic view of the spirit world is that it is a continuation of the reality we think we see here on earth.

This is – in my view – the huge flaw in Spiritualist philosophy: it’s the reason that many Spiritualists become spiritually lazy. People cease to seek reality and become complacent, thinking that we do not need to try and grasp/realise the truth because it will all just be more ‘tea and biscuits in heaven’. (Which, for the unawakened person, it will be.)

But to understand this world or the next,

we have to ask – What is reality? Who is having this earthly experience? Who is having this heavenly experience? We have to understand the nature of consciousness before we can escape the illusion of earthly and heavenly life, as both are illusion.

We die and become spirits or we may die again in spirit and become gods (eternal progress) but still illusion persists. This is why earthly life is more precious than heavenly life because only here can we see through the illusion of both worlds. ‘Eternal progress’ is a wheel that can be escaped.

*Craig Hamilton Parker*

Via email



“A simplistic view of the spirit world is that it is a continuation of the reality we think we see here on earth.”

# Letters



## 'MY EMOTIONS TELL ME WHAT TO BELIEVE'

James McArthur's thoughtful letter (PN March) is more relevant to the old Spiritualism than to a new approach demanded by younger minds engrossed in the similar but immensely popular realms of Mind-Body-Spirit and New Age. The best of both worlds is there for the picking.

In emotional terms there is no such thing as proof. Every person is led to a particular belief structure or religion or interpretation by their unique emotional needs. We believe or refuse to believe irrespective of the evidence. Yes, these beliefs are divided and then subdivided into strands, but the same principle applies. My emotions tell me what to believe.

As a consultant neurotherapist and lifelong Spiritualist, I use an amalgam of clairaudience and trance neurotherapy (Induced After Death Communication/ IADC®) to channel spirit. I was told recently: "Every explanation a person

encounters contains within it only a tiny number of 'facts' out of the vast catchment existing on any subject. That individual's choice of facts, subconsciously selected and absorbed, is shaped by his emotions. He uses these facts to understand and relate to himself, his circumstances and his surroundings. He is those facts. He has no need to PROVE who or what he is."

DES: "What is the overriding purpose behind all this?"

SPIRIT: "You all live in quite separate worlds, every person becoming less and less like every other, so that uniqueness

gains momentum – with every second and emotion and thought and activity. Individualisation, where you nurture and hone your differences as a spiritual gift, is an aspect of human evolution just as important as spiritual unfoldment." I suspect Silver Birch understands this better than James does.

This subject and many others are explored on my website ([www.thelittlestcrusade.com](http://www.thelittlestcrusade.com)) and its blog.

*Desmond Long*

New Zealand

## GERARD SMITH'S MEDIUMSHIP 'PURE SPIRIT'

I refer to the letter from Ian Drever (PN March) which responded to an article about Lilian Bailey in the December 2015 edition.

I totally agree that Lilian Bailey should not have lied about having an OBE. However, should she be blamed for the identity of her guide Bill Wootton, when, if one reads her biography *Death is her Life*, a medium named Mrs Buxton and the renowned spirit photographer Billy Hope, both from Crewe, gave the information regarding the existence of Bill Wootton, when Lilian had come out of a trance.

Also, Marjorie Aaron's book, *The Tapestry of Life*, mentions that on one occasion when Lilian was in trance, evidence was written down, and also recorded. It related to Bill



Wootton's account of the New Testament which, in my opinion, made far more sense than any other account in the past.

I have often wondered how many of today's mediums have the same quality of gift as our pioneers had. The only one I can bring to mind is Gerard Smith (pictured above), whose mediumship is pure spirit, and not 80 per cent psychic.

*Edna Fynn*

Stoke-on-Trent

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# from the archives

# 28:06:52

## 250 PSYCHIC PHOTOS AT M.S.A. EXHIBITION

### Evan Powell Tells Of His Sitzings With William Hope

WHAT MUST HAVE BEEN THE FINEST COLLECTION OF PSYCHIC PHOTOGRAPHS EVER TO HAVE BEEN ASSEMBLED AT A PUBLIC EXHIBITION WERE ON VIEW AT THE HEADQUARTERS OF THE MARYLEBONE SPIRITUALIST ASSOCIATION THIS MONTH.

RANGING ROUND THREE SIDES OF THE LARGE ROOM ON THE FIRST FLOOR AT 42 RUSSELL SQUARE WERE AN AMAZING VARIETY OF PHOTOS DEPICTING SPIRIT EXTRAS.

Protected by sheets of plate glass, they represented some of the finest work of Billy Hope, of Crewe, the psychic photographer, and there to speak informatively on the subject—for he had no less than fifty sittings with Hope—was another veteran of Spiritualism, Evan Powell.

Intimately associated with the work of Hope, Evan Powell exploded one or two popular myths which purport to explain the mechanics of psychic photography on the basis that it is all fake.

For example, there is the perennial "explanation" of the double exposure.

Powell dealt with this theory thus.

#### SIGNED PLATES

First of all Hope used plates. Secondly, each sitter was permitted to bring his own plates and sign them "and," added Powell significantly, "you can't substitute a plate and at the same time quickly copy a signed mark."

When Hope went into the dark-room to develop, Powell went too and watched the operation carefully.

Another theory is that the spirit extras are "photos of photos."

Powell dismissed this by referring to some of Hope's photos bearing spirit extras and asking the audience to compare them with normal photos taken before the subject's passing.

Although the likenesses were irrefutable, the poses of the spirits were quite distinct from those of the normal pictures.

The lecturer was at pains to point out that no one accepted Hope's work credulously.

"No one can say," he observed, "that Spiritualists accepted these things blindly. They were far less credulous than they were said to be."

#### FIRST TO EXPOSE FAKE

"In fact they were looking for evidence and if anything suspicious was found they were the first to expose it."

The Society for Psychical Research once said that Hope could only produce these phenomena by the use of one camera—his old Lancaster.

To refute this implied suggestion of fraud Hope set up two cameras focussed at different angles. When the plates were developed the two cameras recorded precisely the same thing!

Powell told an amusing story concerning two women, one of

whom was the subject of a hackneyed jest because of her addiction to a particular bowl and spoon.

When this woman—her name was Millie—died the other went to the psychic photographer hoping to obtain an extra.

When the plate was processed Hope brought it in with a puzzled look. All it bore was the picture of a spoon and bowl.

"What better proof could you have that Millie had remembered this jest after her death," asked Evan Powell.

Then there was the case of the man who lost his wife and son.

#### ASTONISHING LIKENESS

"He went to visit Hope," said Powell, "and on the photo that was taken there appeared quite distinctly the face of a little boy."

"On his second visit instead of having a repetition of the boy's appearance, his wife came back."

Powell held some photos aloft. "There is the little boy's face," he said, indicating a normal picture, "and there is the wife," and he pointed to another.

Then showing the Hope photos depicting the spirit extras, he said "And you can be the judge."

This was one of several evidential series where the spirit photo was shown side by side with a normal portrait. The likenesses, frequently showing different poses, were quite astonishing.

Psychographs are written messages which appear on photographic plates often in the handwriting of someone long dead.

#### SPIRIT SIGNATURE

Powell dealt with this fascinating subject and in particular instanced a psychograph which had been produced by a Mr. Appleyard in spirit. Fortunately there existed a copy of this man's handwriting and the two specimens could be compared.

Powell invited someone from the audience to come forward and compare the two signatures—one from spirit, the other by normal means.

For some time the man studied these in the evening sunlight streaming in through the window overlooking the square. After lengthy deliberation he found a discrepancy in one of the letters.

Powell was not in the least perturbed. He thanked the man for his honest criticism, and then added:

"A bank manager who was shown these signatures was prepared to say that each time this signature," and Powell tapped the psychograph, "was presented



Evan Powell

to him he would honour the cheque!"

In dealing with questions after his lecture Evan Powell revealed that the suggestion of making lantern slides from this wonderful collection of photos was under consideration.

Harold Vigurs, who was on the platform with Evan Powell, spoke for a few minutes and gave his impressions of Hope.

Hope, said Vigurs, was a religiously-minded man, who would never stoop to any mean or despicable action.

Mr. Bell, of the M.S.A., presided.

The name of William (Billy) Hope is legendary in the Spiritualist movement. Born in 1838, he was a pioneer of the then revolutionary phenomenon of spirit photography. Hundreds came to sit with him in the hope (no pun intended!) of a photo which included the presence of a spirit 'extra'—a deceased loved one who had managed to impress their image on Hope's photographic plates. His work featured prominently in *Psychic News*, and the accompanying stories are taken from our archives.

28:06:69

# 'Exposure' of spirit pictures is exposed

**PROFESSIONAL and amateur cameramen are being misled by a new version of a photographic encyclopedia. It alleges that spirit photographs are fakes.**

In a £3 10s desk edition of "The Focal Encyclopedia of Photography," a small version of



Abraham Lincoln appeared on this photograph of his widow, when, unrecognisable because she was heavily veiled, she attended a seance with William Mumler.

a ten-guinea reference work under the same name, Fred Barlow dismisses the pictures of psychic photographers William Mumler and William Hope, of Crewe, Cheshire.

Of Mumler, Barlow writes, "His results show every evidence of having been produced by double exposures." Hope he describes as "undoubtedly a schizophrenic."

He adds: "For a while, Mumler's theory (that spirit forms can be photographed) was accepted until it was found that photographs of living people appeared on his plates. He was accused of fraud and died in poverty in 1884."

## His name cleared

The encyclopedia is not telling the whole truth. Psychic extras of living persons certainly appeared on some of Mumler's photographic plates. He was legally accused of fraud and died in poverty in 1884. But at his criminal trial professional photographers testified to the authenticity of his spirit pictures, and his name was cleared.

It is certainly not an in-

dication of fraud that living persons appear inexplicably on photographic plates. Similar things have occurred under test conditions imposed on psychic photographer Ted Serios, still living in America today.

USA psychiatrist Dr Jules Eisenbud, who published a book on Serios, testified that unidentified persons appeared on film with "snapshot clarity." It was often impossible to tell if they were living or "dead."

## It must be false

Barlow's claim that Mumler's results showed "every evidence of having been produced by double exposures" is obviously false. If this were true, Mumler would have had to know the identity of every sitter well in advance, in order to prepare essential "extras" for superimposition later. And how could he obtain these photographs of relatives and friends without this fact being known?

Mumler took some 60,000 evidential photographs. It would have been physically impossible to carry out the tremendous research needed to fake these. In addition, many sitters who came used pseudonyms, yet still received spontaneous photographic evidence from manifesting spirit entities.

The classic proof of this was Abraham Lincoln's spirit return. His widow, still in mourning and heavily veiled, visited Mumler under the name, "Mrs Tyndall." Accounts published at that time say positively that Mumler had no idea who she was.

## Magazine apologised

When a print was made, he recognised the spirit face as Lincoln's. He showed it to his visitor and asked her if she recognised it. She replied that she did.

Another woman present, on seeing it, exclaimed, "Why, this looks like President Lincoln." Mrs Lincoln then said: "Yes, it does. I am his widow."

It is also significant that "Life," famous American magazine, in 1956 apologised to Spiritualists for implying that Mumler was a fake.

Barlow's encyclopedic entry on Hope is equally long and inaccurate. He describes the famous Crewe circle and says, "By the simple method of employing several cameras simultaneously, independent investigators easily proved that there was no question of objective spirit forms, since the



This "extra" of his wife came at a Hope test seance arranged by Chief Constable Frederick Crawley. She appeared on the plate with her hair parted on the right, between her husband and daughter. Crawley signed the plate with his initials (top left). Inset: Her normal photograph, with hair parted on the left.

'extra' appeared on one of the plates only — and that, the one under Hope's control."

Presumably this point is advanced in support of a fraud theory. As such it is a failure. Spirit forms photographed by Hope were never objective and three-dimensional. He was a psychic photographer, not a materialisation medium. They appeared on his plates only because he was the psychic photographer.

## Proved by records

"In every observed instance where there was an 'extra' on the plate, Hope either handled or could have handled, the plate before exposure," today's photographers are told. This statement is quite untrue.

PN has on file authenticated, sworn testimonials that in many instances, Hope merely touched the plates perfunctorily — under eyeball to eyeball scrutiny by competent and reliable observers, who never let him out of sight for a single second. Extras still appeared inexplicably.

One observer, whose competence Barlow could hardly doubt, was Frederick Crawley, former Chief Constable of Lincoln and Sunderland, and a one-time Scotland Yard CID detective. This highly-trained

policeman loaded his own camera with his own plates and visited Hope.

## Police chief's test

Under fraud-proof conditions, the top detective received highly evidential extras of his "dead" wife, and also his father. It was enough to make Crawley proclaim publicly his avowed belief in Spiritualism.

In his booklet, "Survival — My Quota," Crawley wrote: "Let it be understood that I did not take kindly to the subject commonly known as Spiritualism. I moved and still move in a busy world of practical public administration. The conditions and drivel usually associated with the subject are not to my liking."

He added: "My assets for investigation are a lengthy experience in the weighing of evidence, and a perfectly detached mind. If I recognise what I believe to be the truth, I state it, although I may incur obloquy in so doing.

"Survival of a bodily death is a truth; I state it."

## He was 'smeared'

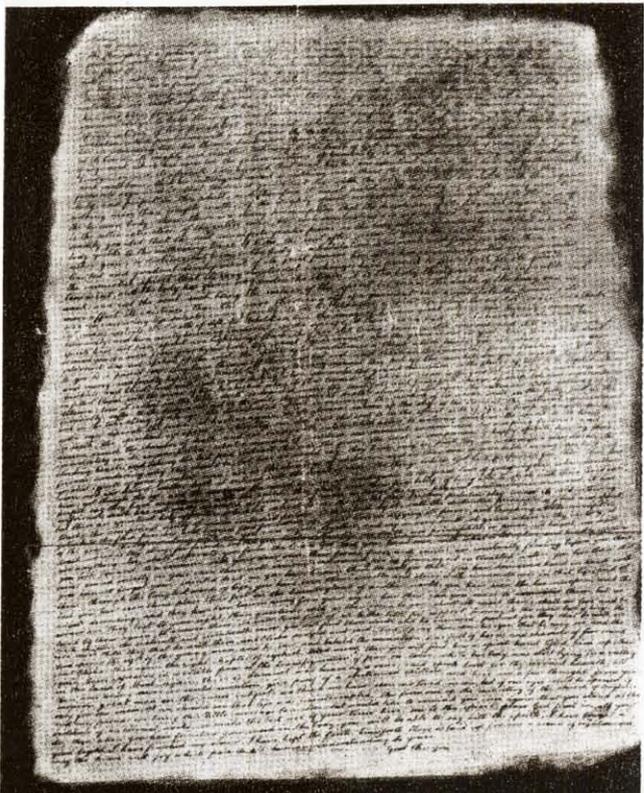
Barlow alleges also that Hope was "caught substituting his own doctored plates for the sitters" and later used luminous paint and calcium sulphide to produce fake spirit pictures. There has never been corroborated evidence to indicate Hope was fraudulent. Like all pioneering physical mediums, he was subjected to "smear" treatment by biased sceptics.

Referring to psychographs — written messages obtained on photographic plates — the encyclopedia consultant declares: "Apart from the actual handwriting, they provided little of evidential value. Many of them were in Hope's handwriting and contained grammatical and spelling mistakes such as he was in the habit of making.

"Careful investigation proved that in no single instance had Hope produced a message in facsimile handwriting from persons with whom he had not corresponded during their lifetime."

## Sermon as 'extra'

The "investigation" could not have been so careful as he makes out. The Venerable Archdeacon Colley, former Rector of Stockton, near Rugby, proves Barlow wrong. At an experimental Hope



This sermon was produced on an unexposed plate for Archdeacon Colley at a William Hope seance. He preached it on an Easter Sunday in Rugby Cathedral. It was written almost the same size as it is reproduced here. There are 84 lines and 1,710 words.

sitting, the clergymen received an Easter spirit sermon on an unexposed photographic plate. It consisted of 84 lines containing 1,710 words in microscopic writing, and was held between the hands of six Spiritualists for just 39 seconds.

Not only was the writing perfect copper-plate, quite unlike Hope's distinctive scrawl, but it required a high-powered lens to read it. Archdeacon Colley brought his own camera, used diamond-marked plates and retained them afterwards. He erected the camera outside the house, despite pouring rain. Hope merely pressed the bulb—further proof he didn't handle the plates — and the archdeacon developed them himself.

### Sneer at Doyle

The encyclopedia also prints a sneer at Sir Arthur Conan Doyle for his support of Spiritualism. "It has now been proved that he and others of his time were sadly lacking in the critical faculty desirable for analysing the claims of such people as Hope," it asserts.

"The truth is that Sir Arthur was so thoroughly honest himself that he could not believe it possible that trickery was rampant in what, to him, was a very sacred subject."

How could it be proved "he and others of his time" lacked critical faculties? Was Barlow there to find out?

The encyclopedia rambles on, telling photographers, "In every case, impartial investigation has revealed evidence of substituted

plates and double exposure." It has done nothing of the sort.

Barlow asserts, "The Society for Psychical Research have made it clear, in a report covering some hundreds of claims, that so far their investigators have never seen any alleged spirit photograph that could not have been produced by natural means."

As the SPR has no corporate opinion, it cannot be quoted as having an official view.

Perhaps Focal Press, who publish the encyclopedia, would like to know a little of their consultant's background. Barlow addressed a meeting at the former London Spiritualist Alliance in South Kensington in 1933, admitting he had once signed a report saying that during an experiment, Hope did not touch the plates!

Barlow further revealed he had for years considered Hope's spirit photography genuine — then adding he "knew" now he had been fooled. While secretary of the Society for the Study of Supernormal Pictures, he wrote folios praising Hope's work, quoting scores of cases where conditions were fraud-proof.

He knew also of a test held at the Royal Photographic Society headquarters, which resulted in a signed testimony by RPS experts that Hope had fulfilled their strict test conditions.

Focal Press should withdraw or rewrite this section on spirit photography in future encyclopedias. Barlow's testimony is about as useful as a spent flash bulb.

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# COMMUNITY NEWS RO

## Victory for West Bridgford Spiritualist Church

CAMPAIGNERS in Wilford, Nottinghamshire, fought hard to overturn Nottingham City Council's decision to lease the derelict local library to West Bridgford Spiritualist Church.

Residents would rather have a post office, but the church won the day.

The local post office closed in 2009, and despite a campaign to keep the library open, it closed in 2010. The area had lost two of its community facilities.

When it came to a choice between church and post office, there were around 200 responses. A new post office was the favoured option, with 74 per cent of the votes.

“We are a Spiritualist Church. We do devote ourselves to the community. All we want to do is what’s best for the community of Wilford.”

When Labour-led Nottingham City Council agreed to sell the library property at auction there were two bidders, the local community group and the church. The council gave preference to the Spiritualist church.

Wilford Community Group member Andrew Rule said he wanted to see the reasons made clear for giving the library site to the church.

Mr Rule, a prominent local Conservative, commented: “I cannot understand why we have been denied the opportunity to have a post office facility. That is what the overwhelming number of residents would most like to see.”

Clifton North Conservative councillor Roger Steel said: “I’d be failing my residents if I didn’t go over this with a fine-tooth comb. Councillors were assured that an open and transparent process would take place, and this has certainly not been the case.”

A request was made to the council for a call-in meeting, and 4th March was fixed. A call-in takes place when some council members are of the opinion that an unacceptable decision has been made. A special ‘call-in panel’ then gives a final ruling.

Cllr Steel dismissed claims from the church that the call-in request was down to “a jaundiced and prejudiced view of the church’s beliefs.”

On March 5th *Nottingham Post* senior reporter Tracy Walker

gave the result of the call-in, at which councillors voted 3-1 in favour of allowing the sale to the Spiritualist Church.

Councillor Graham Chapman, a member of the call-in panel, said votes were fairly evenly balanced in terms of value to the community. But he added, “The price offered by the Spiritualist Church was twice that offered by the other party. I have a responsibility for the whole of the council for income targets, and therefore

on that basis I decided we would award it to the Spiritualist Church.”

Cllr Steel still insists there has been inadequate consultation, and it was “scandalous” that no weight had been given to the letters of support for the post office bid.

“I wish to make a statement of challenge to the Spiritualist Church’s solicitor’s statement that the underpinning reason for the call-in request was ‘a jaundiced and prejudiced view of their spiritual beliefs.’ I’m the instigator of the call-in, and this inference is totally without foundation.”

Three members of the call-in panel called for the decision to be maintained, while one voted for it to be reconsidered.

Speaking after the meeting, Ann Monks, President of West Bridgford Spiritualist Church, said, “We are a Spiritualist Church. We do devote ourselves to the community. All we want to do is what’s best for the community of Wilford.”

She said the church would be opened up to various other community uses. There is a possibility that one could be the incorporation of a post office counter.



Photo: Nottingham Post

# UND-UP

## Spiritualist harnesses pedal power for hospice

CYCLIST David Golden, from Littleborough, Rochdale, is preparing to set out on a 560 mile sponsored cycle ride in aid of his local hospice.



He plans to undertake a ride from Scotland's John O'Groats back to his home town.

Aiming to set off on 4th May, David, 55, a member of the Spiritualists' National Union, had a target of raising £1 per mile, but has already raised more than £500 before even starting his journey.

After a tough few months during which his mother was diagnosed with leukaemia, his sister-in-law with terminal lung cancer and his cousin with prostate cancer, David,

featuring in *Rochdale Online*, said he finds special significance in the SNU founding principle, The Brotherhood of Man.

He is full of praise for his local Springhill Hospice, which he says is an amazing place. "It has helped so many sick people and their families through a very difficult time. I wanted to do something that would really challenge me, and give me the chance to give back to a great local charity."

David, who hopes to complete his epic ride in seven days, will be accompanied by his good friend, Spiritualist healer Ian Noble, who lost his wife to cancer.

"Both Ian and I have experienced someone close to us with terminal cancer, and have seen first hand the support offered by Springhill Hospice. Through our Spiritualist faith we know the importance of taking time to give back and help others, so we are delighted to be able to raise this money."

David already has another cycle ride planned – from Manchester to Blackpool.

If you would like to support David's efforts, his fundraising page can be found at: [www.justgiving.co.uk/davidgolden](http://www.justgiving.co.uk/davidgolden) 

"Both Ian and I have experienced someone close to us with terminal cancer, and have seen first hand the support offered by Springhill Hospice. Through our Spiritualist faith we know the importance of taking time to give back and help others, so we are delighted to be able to raise this money."



## Medium's Somerset charity evening

MEDIUM Bernie Scott's February fundraising evening at Burnham-on-Sea raised more than £1,000 for a local charity.

Local boy Charlie Marks was 18 when he took his own life last September. A new charity has been created in his name, to support other young people with mental health problems.

Charlie's mother, Jo Clement, said, "I'm really pleased the evening went so well. We had to turn people away because it was so popular.

"It was an inspirational and humbling evening. Bernie is an amazing psychic who is rightly world-renowned for what she does."

The charity's next event will be a Good Friday Ball on 3rd April at Western Pier. Tickets, £30, are on sale now. 

# COMMUNITY NEWS



## Major change at the London Spiritual Mission

THE committee of the London Spiritual Mission has announced the resignation of its president Peter Geekie (pictured).

Peter, a working medium, has served the LSM for many years, and became its president in June 2013.

He has taken on many roles including medium, service chairman, treasurer, along with numerous other duties connected with the general running of the church.

In the announcement of his resignation, secretary Anne Thornton-Patterson, on behalf of the committee, said that Peter was a friend and supporter of animal welfare. He played the organ for special

events, and took great pride in decorating the church at Christmas.

He also made a contribution of equipment to help the LSM function better, conducted funerals, naming ceremonies and weddings, and was informative on the history of the Spiritualist movement.

The committee expressed its thanks for all the time Peter had spent with the LSM, and wished him the best for his future interests.

Election of a new president will take place

at the forthcoming 2015 AGM.

The LSM has had an illustrious history as one of the UK's foremost Spiritualist venues. In years gone by it hosted some of the greatest mediums and speakers of the day, including, Nan Mackenzie, Maurice Barbanell, Joseph Benjamin Albert Best and Stuart Lawson.

*Psychic News* hopes that whoever the next president may be, he or she will revitalise and continue the tradition of excellence so long established and respected at the LSM.



## RECENT PASSINGS

Ray Bennett (Bristol)

Minister Gill Meaton (Isle of Wight)

**Spiritual healing**, whether contact or absent, can be enormously powerful for those who are ill, distressed, or about to make their journey to the next world.

If you know someone who is in need of absent spiritual healing, you can contact the SNU Almoner Minister Marian Bishop by emailing [marianbishop@talktalk.net](mailto:marianbishop@talktalk.net). Marian will then send out that person's name to numerous Spiritualists who will concentrate their healing thoughts upon that person.



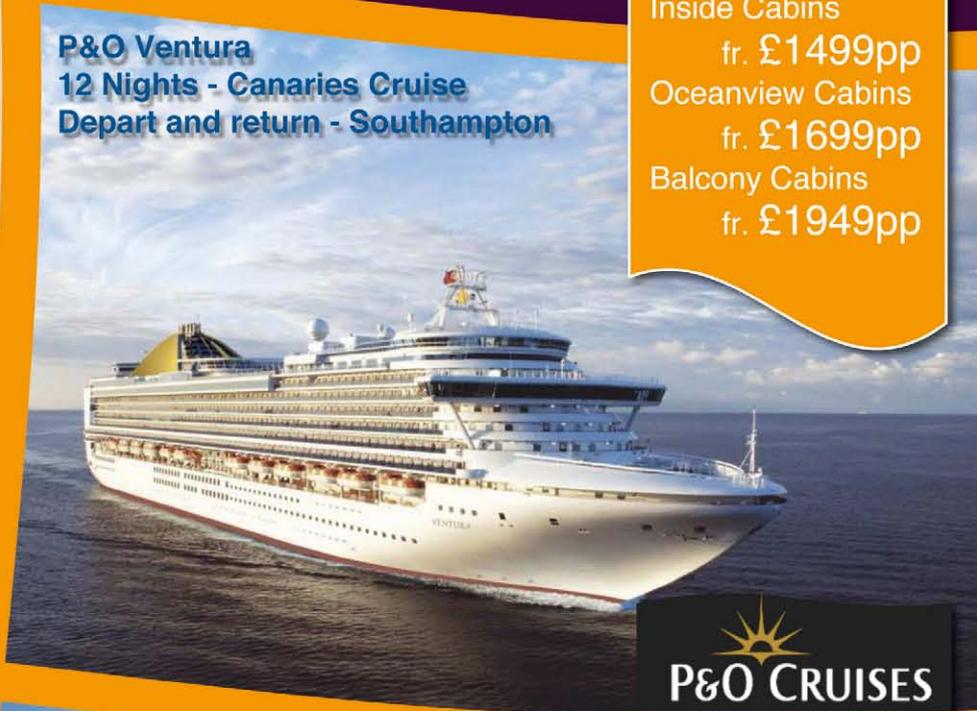
# PSYCHIC CRUISE 2

## with Derek Acorah

13th September 2015

**P&O Ventura**  
12 Nights - Canaries Cruise  
Depart and return - Southampton

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(Should you wish to!)

Full details online



# A Good Read

## DISCOVER YOUR SOUL'S PATH THROUGH THE AKASHIC RECORDS: Taking your life from ordinary to extraordinary

By Linda Howe RRP £10.99 224 pages

The Akashic Records can be understood as the 'Cosmic Chronicles of You': an energetic archive, or dimension of consciousness, that tells the story of your soul's journey through space and time as a human being. By learning to access the dimension, you will gain insight into your earthly experience and discover how to transform your life into one that radiates light and magnetises good. In this remarkable book, Linda Howe reveals how to effectively make the shift from ordinary to extraordinary living – a life suffused with purpose, divineness and light – through the Akashic Records.

In these pages, enter the inspirational, fascinating realm of the Akasha with Linda as she shares her very accessible and student-tested processes designed to facilitate your awakening to your true identity and soul's destiny. Explore the essential consciousness concepts of the Records, excavate the obstructing beliefs on your path and learn how to realign to your soul's highest purposes. Meditations, or Akashic Reflections, guide you every step of the way.

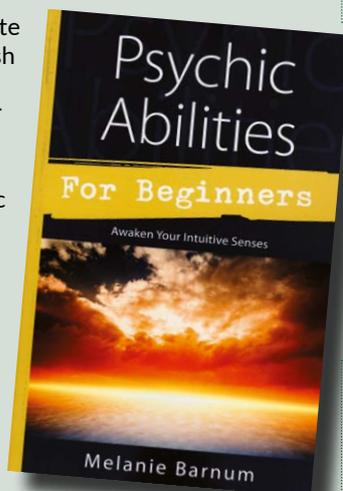
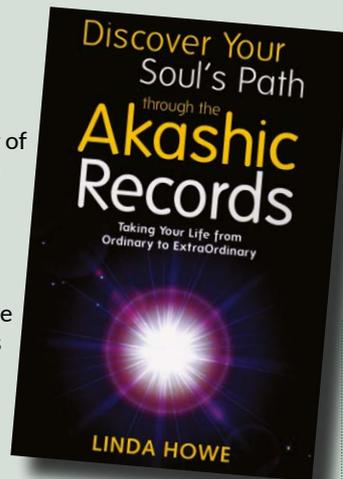
## PSYCHIC ABILITIES FOR BEGINNERS

By Melanie Barnum RRP £12.99 336 pages

Increase your confidence, stimulate your psychic potential, and unleash the magnificence that is already inside you with *Psychic Abilities for Beginners*, the perfect guide for developing your intuitive skills. With true stories of actual psychic events and tips and techniques for starting your journey, author Melanie Barnum will help you:

- Discover your psychic senses with hands-on exercises
- Identify your unique psychic strengths
- Use your intuitive abilities to manifest abundance
- Enhance your relationships, career, and financial situation
- Overcome challenges and create a life you'll love

Featuring a chapter on each of the eight psychic senses – including clairvoyance (clear seeing), clairaudience (clear hearing), clairsentience (clear feeling), and more – this introduction to the intuitive abilities presents new ways of living in and understanding the world around you.



## HOW TO TALK TO ME AFTER I'M GONE

Creating a Plan for Spirit Communication

By Alexandra Chauran  
RRP £13.99 240 pages

*How to Talk to Me After I'm Gone* shows how to create a plan for contacting your loved ones after you've passed over to the other side. Sharing remarkable techniques for expressing love, comfort and guidance, Alexandra Chauran is the perfect guide to exploring all the possibilities that await us in the afterlife. Leading you through the stories and simple exercises, this book will help you create a legacy so that your family and friends will know you are happy and at peace. *How to Talk to Me after I'm gone* also includes a crash course for learning basic spirit communication so you can practise with your loved ones!

Alexandra Chauran is renowned for her expertise in communicating across the veil. As a second-generation psychic intuitive, she has served thousands of clients near Seattle, Washington, and globally through her website. She has served as an Interfaith Community Chaplain at the University of Washington Medical Centre and is currently pursuing a doctoral degree.

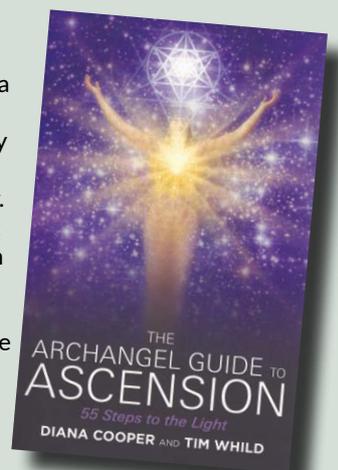
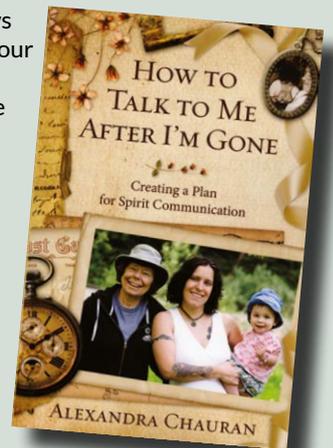
## THE ARCHANGEL GUIDE TO ASCENSION: 55 Steps to the Light

By Diana Cooper & Tim Whild  
RRP £12.99 288 pages

In this book, the Archangels present a clear, 55-step guide to the ascension process, offering new, high frequency information and practical tools to support you as you raise your energy. Since 2012, the energy on our planet has changed considerably, with much more high-frequency light coming in. In addition, many of the tools and techniques we have been using on the ascension path have moved to a new vibration with different energetic configurations.

Diana Cooper and Tim Whild have been working with the angels for many years and believe that people are now ready to receive this higher-level information. The Archangels wish to help you to ascend your frequency to the fifth dimension and beyond.

In *The Archangel Guide to Ascension*, Diana and Tim offer clear steps to accelerate your journey to the light. These steps are sequential so that your path will be smooth and clear. Each chapter offers guidance about the Archangels, and a visualisation or exercise to assist you on to the next step of your journey.



All titles are available from  
[www.amazon.co.uk](http://www.amazon.co.uk)  
or [www.amazon.com](http://www.amazon.com)  
unless otherwise stated

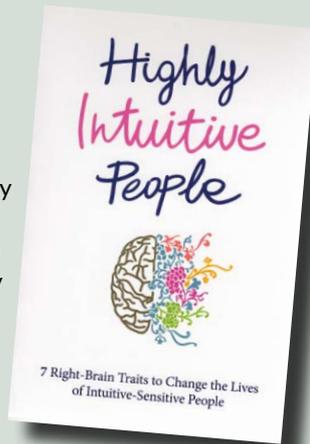
## HIGHLY INTUITIVE PEOPLE: Seven Right-Brain Traits to Change the Lives of Intuitive-Sensitive People

By Heidi Sawyer RRP £12.99 256 pages

Do you struggle with small talk and prefer deep conversation?  
Are you extremely sensitive to other people's moods?  
Do people describe you as highly perceptive?  
Are you exhausted after being in busy places?

If you've answered 'yes' to any of the above questions, you may be a highly intuitive person: someone who is especially sensitive to the energy of others.

This book will help you to understand your talents and how to unleash them in an empowering way for deep self-development. The techniques in this book have already helped thousands of intuitive-sensitives to discover and develop their incredible gifts.

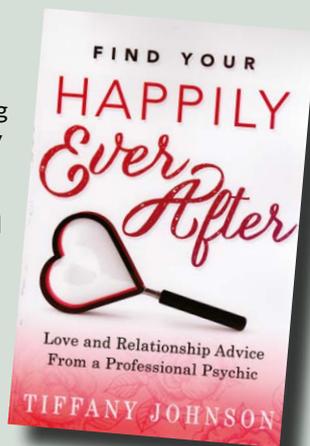


## FIND YOUR HAPPILY EVER AFTER: Love and Relationship Advice from a Professional Psychic

By Tiffany Johnson RRP £13.99 264 pages

Discover practical advice and insightful tips for finding love and being successful in relationships. With humour, warmth, and disarming honesty, professional psychic Tiffany Johnson empowers you to make the changes you need in order to find lasting happiness. Every love-related topic imaginable is explored in this lively and entertaining guide, from the role of soul mates and karma in relationships to what to do if you think your partner is cheating.

With more than twenty years of experience conducting readings for clients all over the globe, Tiffany has helped thousands of people find answers to their most intimate questions on love, romance and dating. In *Find Your Happily Ever After*, she presents her best tips and advice just for you.



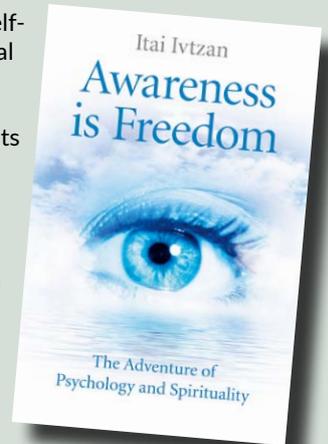
## AWARENESS IS FREEDOM: The Adventure of Psychology and Spirituality

By Itai Ivtzan RRP £11.99 184 pages

*Awareness Is Freedom: The Adventure of Psychology and Spirituality* proposes a unique combination of spiritual and psychological concepts that together lead to greater self-awareness and wellbeing. It is structured as eight lessons, each focusing on different aspects of psychology and spirituality, to support

readers in their personal journey of self-growth. The psychological and spiritual theories described in the book are backed up by scientific findings that enhance the legitimacy and power of its message. The book also includes practical exercises which allow the reader to apply the ideas in an enjoyable way that will lead to self-improvement and greater satisfaction in life.

For further details visit: [www.awarenessisfreedom.com](http://www.awarenessisfreedom.com)

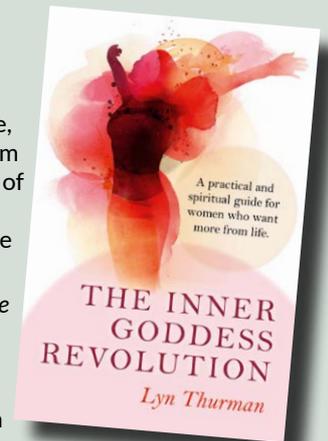


## THE INNER GODDESS REVOLUTION

By Lyn Thurman RRP £11.99 164 pages

Unlock your inner goddess and revolutionise your world. *The Inner Goddess Revolution* is a guide to reconnecting with your divine essence, your inner goddess, and taking life from ordinary to magical. It's an awakening of the spirit, and a reminder of the unlimited potential each and every one of us has inside.

"From the second I started reading *The Inner Goddess Revolution* I was totally mesmerised by this incredible book. Looking at every aspect of connecting to goddess inside every woman, it's an holistic guide that will allow you to focus at each part of your life in turn..."  
Katie Golby, Author of 'Chasing Rainbows'

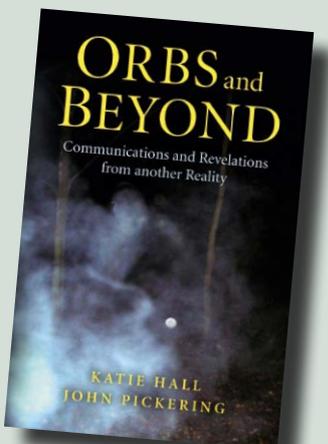


## ORBS AND BEYOND

By Katie Hall and John Pickering  
RRP £12.99 228 pages

John and Katie's photographs of orbs, angels and other apparitions have brought them into worldwide contact with other experiencers and researchers. It is from this basis that they now take a major step beyond the visible photographable phenomena and current New Age notions about orbs to reveal new insights about the paranormal. Could it be that orbs are the indicators of a wider, "beyond" reality? Is the symbology of orbs as images of oneness drawing our attention to the most important orb of all: the orb of Earth on which we all live?

Their ongoing photographs, personal experiences, and the amazing synchronistic events they found themselves part of reveal conscious, purposeful phenomena that can interact with us as individuals, whoever and wherever we are.



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\* Video content is included  
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6.30pm for 7.00pm**

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## WOMBWELL NATIONAL SPIRITUALIST CHURCH

Kelvin Grove, Wombwell, Barnsley,  
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Enquiries: 01226 792831

Email: [wombwell-spiritualistchurch@hotmail.co.uk](mailto:wombwell-spiritualistchurch@hotmail.co.uk)

Website: [wombwellsnuchurch.zohosites.com](http://wombwellsnuchurch.zohosites.com)

Follow us on Facebook

**Sunday Divine Service at 6.30pm**

**Wednesday Healing at 6.00pm**

**Wednesday Open Circle at 7.15pm**

*Special Events As Advertised*

## CONGRATULATIONS

The lucky winners of Billy Roberts' latest book, *Ghostly Tales*, featured in the January 2015 issue sudoku competition, are: Helen Shortland (Leicestershire), Mrs D Farrow (Cornwall), Mrs Bel Walsh (Cheshire), Mr Joseph Rapotec (Ohio, USA), Christopher Patmore (London).

The solution to the puzzle (centre line, from left to right) was:  
426 319 758.

For information on Billy Roberts, visit: [www.billyroberts.co.uk](http://www.billyroberts.co.uk)

If you only ever read one spiritual book, make it this one:

## YOUR LIFE AFTER DEATH

THE DEFINITIVE GUIDE TO THE AFTERLIFE

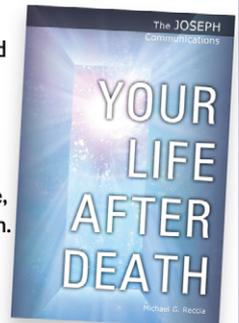
Countless opportunities and wonders wait beyond physical death. *Joseph*, a highly evolved spirit who has lived in an enlightened sphere for millennia, delivers arguably the most comprehensive account ever written of what lies ahead when you leave this world behind ...read it and you'll never look at the next life, or, indeed, *this one*, in quite the same way again.

'Over the years I have read many books on this subject but none has been more informative and in-depth.' –

**Peggy Sivyer**

'Outstanding and of immense value to humanity.' –

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Enquiries: [jkneen@bandoflight.co.uk](mailto:jkneen@bandoflight.co.uk)

# Sandy Ingham



*Medium  
Psychic Artist*



*Available for public demonstrations and workshops  
For Readings/Portraits call Sandy on  
**0791 802 8888**  
or email: [sandyingham@live.co.uk](mailto:sandyingham@live.co.uk)  
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### Lecture by Benjamin Creme



Friends House  
173 Euston Road  
London NW1 2BJ  
(Opposite Euston station)  
Thursday 23 April  
7 to 9.30pm  
doors open 6.30  
Tel: 020 7482 1113  
Admission free

[www.share-international.org](http://www.share-international.org)



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# SPIRITUALIST CHUR

## ENGLAND

### BEDFORDSHIRE

#### LUTON NATIONAL SPIRITUALIST CHURCH

1A Grove Road, Luton,  
Bedfordshire LU1 1QJ  
Tel: 01582 732657

[www.lutonnationalspiritualistchurch.co.uk](http://www.lutonnationalspiritualistchurch.co.uk)

Find us on Facebook

Sunday Service 6.30pm  
Open Circle Tuesdays - see website  
All Welcome

### BERKSHIRE

#### BURGHFIELD PIONEER CENTRE

James Lane, Burghfield,  
Reading, Berkshire RG30 3RS

Monday Evenings 7.30pm  
Divine Service

Contact: Sharon Spence  
0118 9456283

### BUCKINGHAMSHIRE

#### AMERSHAM SPIRITUALIST CENTRE

Amersham Common  
Village Hall,

White Lion Road (A404),  
Amersham, Bucks. HP7 9JD

President: Jean Sabatini  
Tel: 01494 866159

Website: [www.amershamspiritualistcentre.org.uk](http://www.amershamspiritualistcentre.org.uk)

Friday 3<sup>rd</sup> April Closed

Friday 10<sup>th</sup> April 7.15pm

ELAINE BELLENGER

Friday 17<sup>th</sup> April 7.15pm

JILL PICKETT

Friday 24<sup>th</sup> April 7.15pm

VAL BROWN

There are healing sessions held  
after the meeting

### CAMBRIDGESHIRE

#### FRIENDS SPIRITUAL GROUP

Quaker Meeting Place,  
21 Thorpe Road, (beside

Crescent Bridge), Peterborough,  
Cambridgeshire PE3 6AB

Evenings of Clairvoyance

Every Friday 7.30pm - 9.00pm

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For further details please contact

Judy Steels: 01733 347027 or

0780 149 1950

or Joan Storey: 01733 269670

All Are Welcome

## CHESHIRE

#### NORTHWICH SPIRITUALIST CHURCH SNU

Hadfield Street, Northwich,  
Cheshire CW9 5LU

Sunday Service 6.30pm

Wednesday Service 7.30pm

open Circles and Awareness

Classes Tuesdays 7.30pm

Contact Details: 01606 301123

Find us on Facebook

All Welcome

#### STOCKPORT SPIRITUALIST CENTRE, ROMILEY

The Light of the World Christian  
Spiritualist Church

Underhill Centre,

Chichester Road,

Romiley SK6 4BL

President: Vera Lennie

[veraalennie@aol.com](mailto:veraalennie@aol.com)

Tel: 07833 565412

[www.stockportspiritualistcentreromiley.org](http://www.stockportspiritualistcentreromiley.org)

A warm welcome to our

Sanctuary of Light

WEDNESDAYS

Healing 6pm - 7.10pm

Meditation 7.20pm - 7.30pm

Service 7.30pm

followed by Open Circle

MONDAYS

Music, Meditation & Development

Details on website

## CORNWALL

#### BUDE FREE SPIRITS SPIRITUALIST CHURCH

The Parkhouse Centre,

Ergue-Gaberic Way, Bude,

Cornwall EX23 8LG

[www.budedefreespirits.co.uk](http://www.budedefreespirits.co.uk)

Every Thursday

7.30pm - 9.00pm

BUDE HEALING CLINIC:

Every Wednesday 7pm - 9pm

Visiting mediums who would like

to serve Bude Free Spirits please

contact Carol on 01840 770057

#### PENZANCE CHRISTIAN SPIRITUALIST CHURCH

Bread Street, Penzance,  
Cornwall

Tel: 01736 368431

Sunday 6.00pm Service

Followed by Healing

Thursday 7.00pm Service

Followed by Healing

Saturday 10am - 12.30pm

Private Readings

All are welcome

#### CAMBORNE CHRISTIAN SPIRITUALIST CHURCH

Former Registry Office,

Roskear, Camborne,

Cornwall TR14 8DN

Tel: 01209 612116

Divine Service

Every Sunday at 6.30pm

Healing prior to & after the service

Development Circle

1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month

7.30pm - cost £5.00

Healing courses available

For special events view:

[www.cambornechristian](http://www.cambornechristianspiritualistchurch.org)

[spiritualistchurch.org](http://spiritualistchurch.org)

## DEVON

#### EXETER SPIRITUALIST CENTRE AND HEALING GROUP

York Road,

Exeter, Devon EX4 6PF

Tel: 01884 861012

Website: [www.exeterspiritualistchurch.co.uk](http://www.exeterspiritualistchurch.co.uk)

Sunday 6.30pm Service

Wednesday 3.00pm Mediumship

See website for details of

special events and

development group

#### GUIDING LIGHT DAWLISH

Spiritual Centre, Manor Gardens,

Dawlish, Devon EX7 9AJ

7.30pm Mediumship

(alternate Tuesdays)

6pm Sunday Service

(last Sunday in month)

We are affiliated to

United Spiritualists

Find us:

lower main car park near the

rear of the hospital at

The Hedley Way Centre

We welcome visiting Mediums

Contact us: 01626 866192

Website: [http://](http://guidinglightdawlish.webs.com)

[guidinglightdawlish.webs.com](http://guidinglightdawlish.webs.com)

## DORSET

#### BOURNEMOUTH SPIRITUALIST CHURCH

16 Bath Road,

Bournemouth,

Dorset BH1 2PE

Tel: 01202 551751

[www.bsnucc.co.uk](http://www.bsnucc.co.uk)

APRIL

Wednesday 1<sup>st</sup> 7.30pm

Meditation

Thursday 2<sup>nd</sup> 3pm

IRENE & DAVID JACKSON

#### BOURNEMOUTH SPIRITUALIST CHURCH

(continued)

Sunday 5<sup>th</sup> 10.45am

ELAINE ASTIN BRAMHILL

Sunday 5<sup>th</sup> 6.30pm

ELAINE ASTIN BRAMHILL

Monday 6<sup>th</sup> 7.30pm

ELAINE ASTIN BRAMHILL

Wednesday 8<sup>th</sup> 7.30pm

Philosophy

Thursday 9<sup>th</sup> 3pm

WENDY WHARTON

Saturday 11<sup>th</sup> 10am - 4pm

Workshop with

ANDY BYNG

Sunday 12<sup>th</sup> 10.45am

ANDY BYNG

Sunday 12<sup>th</sup> 6.30pm

ANDY BYNG

Monday 13<sup>th</sup> 7.30pm

ANDY BYNG

Wednesday 15<sup>th</sup> 7.30pm

Spirit Art

Thursday 16<sup>th</sup> 3pm

ROSEMARY SPENCER

Saturday 18<sup>th</sup> 7.30pm

Evening of Trance with

MOLLY CLAY

Sunday 19<sup>th</sup> 10.45am

DOROTHY YOUNG

Sunday 19<sup>th</sup> 6.30pm

DOROTHY YOUNG

Monday 20<sup>th</sup> 7.30pm

DOROTHY YOUNG

Wednesday 22<sup>nd</sup> 7.30pm

A.G.M.

Thursday 23<sup>rd</sup> 3pm

CARLEY CARMICHAEL

Sunday 26<sup>th</sup> 10.45am

CHERYL BRENNAN

Sunday 26<sup>th</sup> 6.30pm

CHERYL BRENNAN

Monday 27<sup>th</sup> 7.30pm

JILL GOATER

Wednesday 29<sup>th</sup> 7.30pm

Open Platform

Thursday 30<sup>th</sup> 3pm

JOAN DUNBAR

Open Circle every Tuesday at 7pm

Spiritual Healing:

Monday 2pm - 4pm

Tuesday 10.30am - 12.30pm

Wednesday 10.30am - 12.30pm

Thursday 7pm - 8pm

Friday 10.30am - 12.30pm

& 2pm - 4pm

#### KINSON SPIRITUALIST GROUP

Kinson Community Centre,

Pelhams Park, Kinson,

Bournemouth BH10 7LH

Tel: 01202 715754

[www.facebook.com/](http://www.facebook.com/KinsonSpiritualistGroup)

[KinsonSpiritualistGroup](http://www.facebook.com/KinsonSpiritualistGroup)

Every Sunday 6.30pm

Divine Service

2<sup>nd</sup> Monday in month at 8.00pm

Clairvoyance Demonstration

# CHES AND CENTRES

## ESSEX

### BRIGHT ANGEL LODGE CANVEY SPIRITUALIST CHURCH

57 Point Road, Canvey,  
Essex SS8 7TD

We meet EVERY MONDAY  
at 7.45pm (doors open at 7pm)  
for an Evening of Clairvoyance  
with all profits going to  
local charities

Admission £3 on the door  
Healing at 9pm (donation)

For more info telephone Philip  
on 0792 200 1433 / 01268 691922

We are also on facebook:  
Bright Angel Lodge

### EPPING SPIRITUALIST CHURCH

Thornwood Village Hall,  
Weald Hall Lane, Thornwood,  
Epping, Essex CM16 6ND

Enquiries: Ruth 01992 576677  
or Teresa 01992 812650

(Registered Charity 284561)

Tuesday Healing: 1pm to 2.20pm

Tuesday Service: 2.45pm

Last Friday of every month at 8pm  
Evening of Clairvoyance £5

## HAMPSHIRE

### TRULY SPIRITUAL SCHOOL OF PSYCHIC DEVELOPMENT

*Promotions of holistic and  
spiritual events and businesses*

Portsmouth, Hants.

Development Courses, Workshops,  
Demonstrations of  
Mediumship and Trance  
Monthly Meditation

Classes and Talks ~ Psychic Fayres  
*All welcome*

Contact Kate on: 07800 734911

[www.trulyspiritualpromotions.co.uk](http://www.trulyspiritualpromotions.co.uk)

[www.trulytarot.com](http://www.trulytarot.com)

## HERTFORDSHIRE

### HITCHIN SPIRITUALIST CHURCH

Whinbush Road, Hitchin,  
Hertfordshire SG5 1PZ

Tel: 07581 492507

[www.hitchinspiritualistchurch.co.uk](http://www.hitchinspiritualistchurch.co.uk)

Sunday Service 6.30pm

Healing Tuesdays 2pm & 7.30pm

Demonstrations and workshops as  
advertised on website

*All welcome*

### CARPENDERS PARK CHRISTIAN SPIRITUALISTS

Bushford Scout Hall,  
St Georges Drive,

Carpenders Park, Watford,  
Hertfordshire WD19 5HD  
(Hall cannot be seen from road –  
go up drive between numbers  
37 and 39 St Georges Drive)

Contact Chris Palmer:

01923 221918

Sundays 10.30am Divine Service  
Healing available

All are welcome ~ An activity table  
is provided for children

### LETCWORTH SPIRITUALIST CENTRE

Vasanta Hall, 6 Gernon Walk,  
Letchworth, Herts. SG6 3HW

Tel: 07825 685029

[www.leetchworthspiritualistcentre.org.uk](http://www.leetchworthspiritualistcentre.org.uk)

A Divine Sunday Service is held  
throughout the year at 6.30pm,  
followed by Healing

(The Healers of All Souls  
offer healing at the Hall every  
Wednesday at 2pm.

For details visit their website:

[www.thecentreofflight.co.uk](http://www.thecentreofflight.co.uk))

## ISLE OF WIGHT

### VENTNOR SPIRITUALIST CHURCH

8 Victoria Street, Ventnor,  
Isle of Wight PO38 1ET

Email: [groving69@live.co.uk](mailto:groving69@live.co.uk)

Website: [www.ventnorspiritualistchurch.webs.com](http://www.ventnorspiritualistchurch.webs.com)

Contact: 07800 986288

Sunday 6.30pm Divine Service

Thursday 12 noon - 2pm Healing

Tuesday/Thursday 7pm

Various Groups and Circles

(Ring for details)

Special Events:

See website and local press

## KENT

### KENT SPIRITUAL TEACHING GROUP

Five Wents Hall, Swanley Lane,  
Swanley, Kent BR8 7LD

[www.kstg.org](http://www.kstg.org)

Tel 07982 653158

Email: [info@kstg.org](mailto:info@kstg.org)

Meetings

1<sup>st</sup> and 3<sup>rd</sup> Tuesday of every month

7<sup>th</sup> April 8pm £6

Evening of Clairvoyance with

PAULINE WOODHATCH

21<sup>st</sup> April 7pm - 10.30pm £3

Psychic Fair with Mediums,  
Healers and Stallholders

### MAIDSTONE SPIRITUAL DEVELOPMENT CENTRE (M.S.D.C.)

meets at

Madginford Hall, Egremont Rd,  
Maidstone, Kent ME15 8LH

& Lower Hall,

Tovil Workings Mens Club, Tovil  
Hill, Maidstone, Kent ME15 6QS

Tel: 01622 746249

or 07711 811066

Email: [msdc@msdc.org.uk](mailto:msdc@msdc.org.uk)

We run Psychic & Spiritual  
Development Mornings, Open  
Circles, Healing and Meditation

Mornings with free student  
readings, monthly evenings of  
Mediumship, Workshops, Psychic  
Suppers, Psychic Fairs, Courses,  
Coach Trips etc.

Download the programme from our  
website or ring us!

[www.msdc.org.uk](http://www.msdc.org.uk)

### THE SANCTUARY OF HEALING CHRISTIAN SPIRITUALIST CHURCH

Mills Terrace, Chatham,  
Kent ME4 5NZ

Tel: 01634-880039

E: [george.mcqueen@yahoo.co.uk](mailto:george.mcqueen@yahoo.co.uk)

Website:

[www.sanctuaryofhealing.co.uk](http://www.sanctuaryofhealing.co.uk)

Sunday Service: 6.30pm

Wednesday 10am - 1pm Healing

Friday 4pm - 6pm Healing

Friday 8pm Clairvoyance

We also offer various workshops  
and special evenings of  
clairvoyance

See website for further information

## LANCASHIRE

### WHITE FEATHER SPIRITUALIST CENTRE

Claremont Community Centre,

Claremont Road, Blackpool,

Lancashire FY1 2QJ

Tel: 01253 355595

Every Friday

6.30pm Healing

7.30pm Clairvoyant Evening

followed by Open Circle

### CHURCHES, CENTRES AND SUPPLIERS

Is your free listing on our  
website up to date?

Check it now at:

[www.psychicnews.org.uk](http://www.psychicnews.org.uk)

Please email updates to  
[pnadverts@gmail.com](mailto:pnadverts@gmail.com)

## LEICESTERSHIRE

### LEICESTER PROGRESSIVE SPIRITUALIST CENTRE

4 St. James Street, Lee Circle,  
Leicester LE1 3RE

President: Marian Sawczuk

Services with Mediumship

Sundays 6pm Divine Service

Mondays 7.30pm

Wednesdays 2.30pm

Thursdays, Fridays and Saturdays:

*Special Demonstrations as*

*advertised*

Development Groups and Circles  
held every day of the week  
Healing

Saturdays 10.30am - 12.30pm

Mondays 6pm - 7pm

Wednesdays 1pm - 2pm

For details of workshops and  
special events, visit our website:

[www.progressivespiritualistchurch.co.uk](http://www.progressivespiritualistchurch.co.uk)

Email: [info.leicesterprogressive@talktalk.net](mailto:info.leicesterprogressive@talktalk.net)

Tel: 0116 2536098

## LINCOLNSHIRE

### STARLIGHT AWARENESS GROUP

The Pavilion, Wainfleet Road,  
Skegness, Lincs. PE25 2EL

Contact Pat and Elsie:

01754 810680

[www.starlightgroup.info](http://www.starlightgroup.info)

Sunday Services 1<sup>st</sup> and 3<sup>rd</sup> Sunday  
of every month at 6.30pm - 8pm

Also: Developing

self-empowerment through  
meditation for elimination of past  
hurts creating a balance within self.  
Working with spirit and universal  
energies. Spirit healing training and  
qualification (Lincolnshire

Association of Healers).

Spiritual mediumship within its  
many forms.

Spiritual philosophy.

Trance communication.

## LONDON

### WALTHAMSTOW NATIONAL SPIRITUALIST CHURCH

Vestry Road E17 9NH

Tel: 020 8503 6942

[www.vestryrdspiritualistchurch.com](http://www.vestryrdspiritualistchurch.com)

Sundays 6.30pm Service

Mondays 7 - 9pm Healing Service

Tuesdays 2.00pm Mediumship

Thurs 7.30pm Awareness Circle

*All Welcome*

## LONDON

### WOODFORD SPIRITUALIST CHURCH

9 Grove Crescent,  
South Woodford,  
London E18 2JR

Enquiries: 020 8989 6149

[www.woodfordchurch.com](http://www.woodfordchurch.com)

Saturday 4<sup>th</sup> 12noon - 5pm £10

Workshop: 'Inspired Spiritual Creativity' with PAT MACNALLY and DANIEL NAUGHNANE

Saturday 4<sup>th</sup> 7.30pm ~ £3

Evening of Clairvoyance

Sunday 5<sup>th</sup> 11am - 4pm

Workshop: 'Conscious Connections with the Sacred Sites around the World' with HEATHER & PAM

(Call Heather for details on

020 8529 8097, mob: 07773 127178)

Sunday 5<sup>th</sup> 6.30pm Divine Service with MARCIO DO AMARAL

Monday 6<sup>th</sup> 2pm

DANNY WRIGHT

Saturday 11<sup>th</sup> 12noon - 3pm

£6 (£5 members)

Workshop with JOHN REILLEY

Sunday 12<sup>th</sup> 11am - 4pm £10

Workshop: 'Developing Confidence in Inspirational Speaking' with CAROL WOOD

(Third of a series of three self-contained workshops)

Sunday 12<sup>th</sup> 4pm - 5.30pm £3

Open Group Meditation -

'Sitting in the Divine Power!'

with ESTHER EMANUEL

Sunday 12<sup>th</sup> 6.30pm Divine

Service with BRIAN MULLEN

Monday 13<sup>th</sup> 2pm

KEITH HUDSON

Saturday 18<sup>th</sup> 10.30am

ELDC Healing Review Day

Saturday 18<sup>th</sup> 7.30pm £10

A Gala of International Mediumship with BECKS SAWYER

Sunday 19<sup>th</sup> 11am - 4pm £10

Shamanic Workshop

Sunday 19<sup>th</sup> 6.30pm Divine

Service with BEVERLY SWIFT

Monday 20<sup>th</sup> 2pm PAT MCNALLY

& DANIEL NAUGHNANE

Friday 24<sup>th</sup> 7.30pm £15

An Evening of Mediumship

supported by LEO BONOMO

Saturday 25<sup>th</sup> 12noon - 3pm

£6 (£5 members)

Workshop: 'Journeying to the

Soul' with ESTHER EMANUEL

Sunday 26<sup>th</sup> 11am - 4pm £10

Workshop with

SUSAN GRIFFITHS

Sunday 26<sup>th</sup> 6.30pm

Divine Service with

JONATHAN WHITAKER

Monday 27<sup>th</sup> 2pm

LEO BONOMO

Tuesday 28<sup>th</sup> 1pm to 5.30pm

£20 (inc. materials) Workshop:

'Make Your Own Oracle Cards'

with PAT MACNALLY and

DANIEL NAUGHNANE

### WOODFORD SPIRITUALIST CHURCH

(continued)

Weekly:

Tuesday 7.30 - 9pm £3

Open Circle

Wednesday 2 - 4pm & 7.30 - 9pm

Healing

Friday 7.30 - 9pm £3 Open Circle

First Friday of the month at 7.30pm

Open Circle for Platform Mediums

### HENDON INDEPENDENT SPIRITUALIST CHURCH

Cheshir Hall,

Foster Street (off Brent Street),  
Hendon, London NW4 2AA

Enquiries:

Lorraine on 020 8346 0289

[www.hendonspiritualistchurch.co.uk](http://www.hendonspiritualistchurch.co.uk)

Every Monday at 7.30pm

(except Bank Holidays)

Address and Clairvoyance

Entrance: £3

inc refreshments & raffle

6<sup>th</sup> April CLOSED

13<sup>th</sup> April TERRY BOWEN

20<sup>th</sup> April LISA WALKER

27<sup>th</sup> April PAULINE &

TERRY FIRKS

### LEWISHAM SPIRITUALIST CHURCH

65 Boone Street,

Lewisham, London SE13 5SA

Website:

[Lewishamspiritualistchurch.com](http://Lewishamspiritualistchurch.com)

Tel: 020 8852 7823

Mediums' Secretary:

078 2672 3575

Sunday 6.30pm - 8pm Service

Tuesday 12.30pm - 2.30pm

Private Readings

(Bookable with

Mediums' Secretary)

Tuesday 1pm - 2.30pm Healing

Thursday:

7.15pm - 8.30pm Healing

7.15pm - 9pm Group Readings

All welcome

### WOOD GREEN SPIRITUALIST CHURCH

(Cnr of Maryland Road)

High Road, Wood Green,

London N22 5AR

Minister in Spirit:

Mrs Ida Stenning

Enquiries: 020 8888 1992

Website: [www.woodgreenspiritualistchurch.co.uk](http://www.woodgreenspiritualistchurch.co.uk)

Sunday 6.30pm Service

Wednesday 7.30pm Service

Tuesday 7.30pm - 9.00pm Healing

Thursday 2.00pm - 4.30pm

Healing

## MIDDLESEX

### KENTON SPIRITUALIST CHURCH AND HEALING CENTRE

35 Churchill Avenue,

Kenton, Nr. Harrow,

Middlesex HA3 0AX

Enquiries: 020 8621 3103

Sunday 6.30pm Service

Wednesday 7.30pm - 9pm

Healing

Thursday 7.45pm Service

### THE LIGHT ON THE HILL HARROW SPIRITUALIST CHURCH

1 Vaughan Road,

Harrow, Middlesex,

London HA1 1DP

Website: [www.lightonthehill.moonfruit.com](http://www.lightonthehill.moonfruit.com)

Email: [lightonthehill@live.co.uk](mailto:lightonthehill@live.co.uk)

Tel: 07528 348 432

Service Times:

Sunday 7.30pm - 9pm

Wednesday 7.45pm - 9pm

Healing Services:

Monday 10am - 12pm

Wednesday 9.15pm - 9.45pm

Sunday 7.30pm at start of Service

### HAMPTON HILL SPIRITUALIST CHURCH

Angel Close,

Windmill Road,

Hampton Hill TW12 1RG

Enquiries: 020 8941 5177

[www.hamptonhillspiritualists.webeden.co.uk](http://www.hamptonhillspiritualists.webeden.co.uk)

Sunday 6.30pm Divine Service

Wednesday 7.30pm Healing

Thursday 7.30pm Midweek Service

Monthly classes at 7.30pm:

1<sup>st</sup> Monday Open Platform

2<sup>nd</sup> and last Monday

Open Awareness Circle

3<sup>rd</sup> Monday Mediumship

Practice Circle

3<sup>rd</sup> Tuesday Open Healing Circle

4<sup>th</sup> Tuesday Speakers and

Philosophy Class

### THE SANCTUARY OF THE SILVER CROSS

Friends' Meeting House,

York Road (opp. Sainsbury's),

Uxbridge,

Middlesex UB8 1QW

Founder: FRANK MECHELLE

President: LINDA CHANT

Telephone: 07792 900194

www.

[sanctuarysilvercross.co.uk](http://sanctuarysilvercross.co.uk)

Sunday at 6.30pm

Divine Service

## OXFORDSHIRE

### THE KARENZA SPIRITUAL NETWORK

Cholsey Pavilion,

Station Road, Cholsey,

Wallingford OX10 9PT

Tel: 01491 523822

Email: [info@karenzaspirit.net](mailto:info@karenzaspirit.net)

Monday 13<sup>th</sup> April 7.30pm

An Evening of Mediumship

with KEZ EGGLETON

Monday 11<sup>th</sup> May 7.30pm

An Evening of Mediumship

with KERRY JONES

Everyone very welcome

Please find more information

at: [www.karenzaspirit.net](http://www.karenzaspirit.net)

## SOMERSET

### ALCOMBE AND MINEHEAD CHRISTIAN SPIRITUALIST CHURCH

Grove Place, Manor Road,

Alcombe, Minehead,

Somerset TA24 6EH

Tel: 0783 110 4896

Summer Sunday Service 6.30pm

(March to end of October)

Winter Sunday Service 3.00pm

(November to end of February)

Healing groups, a monthly healing

day, healing evenings, open circles,

evenings of clairvoyance all

available on various days during

each month.

See our website for the full

day-by-day itinerary of what our

church can offer you.

[www.mineheadspiritualistchurch.co.uk](http://www.mineheadspiritualistchurch.co.uk)

## SURREY

### CROYDON SPIRITUALIST CHURCH

Chatsworth Road,

Croydon,

Surrey CR0 1HE

President:

Mrs Mollie McManus

OSNU, LSSNU

Contact telephone numbers:

020 8688 1827

& 07990 535942

E: [alanpseymour@btinternet.com](mailto:alanpseymour@btinternet.com)

For special events see our

website: [www.croydonspiritualistchurch.org.uk](http://www.croydonspiritualistchurch.org.uk)

Sunday 11am Service

Sunday 6.30pm Service

Wednesday 7.45pm Service

Thursday

Healing 1.30pm - 3.30pm

& 6.00pm - 8.00pm

Open Platform third Monday of

each month at 7.30pm

**NEVER MISS A COPY OF PSYCHIC NEWS  
SUBSCRIBE NOW ON 01279 874339  
OR AT [www.psychicnews.org.uk](http://www.psychicnews.org.uk)**

## KINGSTON NATIONAL SPIRITUALIST CHURCH

Villiers Road,  
Kingston upon Thames  
Surrey KT1 3AR

Website: [www.kingstonsc.org](http://www.kingstonsc.org)

General Secretary:  
Mrs Gerrie Chaney  
Tel: 020 8401 6967

Sunday Services: 11am and 6.30pm  
Monday Evening of Mediumship:  
7.30pm £3 (£2 Members)  
Monday Healing 8.45pm - 9.45pm  
(Donation).

Wednesday Healing 2pm - 4pm  
Enter through side gate (Donation)  
**Saturday 25<sup>th</sup> April 7.30pm £17**  
**'Dine with Spirit'**

*Please book in advance*

*Please visit our website to see  
all our events!*

**Please note:**

**The church will be closed for  
re-decoration from 4<sup>th</sup> to 26<sup>th</sup> May**

## SUSSEX - EAST

### BEXHILL CHRISTIAN SPIRITUALIST CHURCH

6 Victoria Road, Bexhill on Sea,  
East Sussex TN39 3PD

Website:

[www.bexhillchristian  
spiritualistchurch.com](http://www.bexhillchristian<br/>spiritualistchurch.com)

Services:

Sundays during November - March  
inclusive at 3.00pm

*Sundays during*

*April - October inclusive at 6.00pm*

Clairvoyance:-

Every Wednesday at 3.00pm

Clairvoyance on Saturdays

as advertised

Healing:

Every Tuesday 9.30am - 11.00am

followed by

Healing and Meditation Circle

from 11.30am - 12.30pm

Workshops:

Full details on the website

## WARWICKSHIRE

### FRIENDS OF THE SPIRITUAL LIGHT RUGBY SPIRITUALIST CENTRE

Suite 2, The Robin Building,  
25 Albert Street, Rugby,  
Warwickshire CV21 2SD

[www.friendsofthe  
spirituallight.co.uk](http://www.friendsofthe<br/>spirituallight.co.uk)

Tel: 01788 536899 / 01858 881394

E: [melsprason@gmail.com](mailto:melsprason@gmail.com)

Sunday 6.30pm Divine Service

Wednesday 7.30pm

Clairvoyant Evening

Thursday 4.00pm Healing

Friday 7.30pm Open Circle

Saturday 7.00pm Special Events

(see website for details)

## WEST MIDLANDS

### RUGBY INDEPENDENT SPIRITUALIST CHURCH

Pennington Mews  
(Off Lawford Road), Rugby,  
Warwickshire CV21 2RG  
Tel: 07854 833119

Email: [rugbyspiritualistchurch@gmail.com](mailto:rugbyspiritualistchurch@gmail.com)  
Websites:

[www.rugbyspiritualistchurch.com](http://www.rugbyspiritualistchurch.com)  
and

[www.facebook.com/Rugby.Spiritualist.Church](http://www.facebook.com/Rugby.Spiritualist.Church)

Sunday Services 6.30pm

Clairvoyant Evenings

twice monthly £4

Open Circle (Mondays 8pm)

twice monthly £2

Private Readings

(Saturday mornings)

### DUDLEY SPIRITUALIST CENTRE

Inc. Dudley & Great Bridge  
Spiritualist Church,  
Buffery Centre, Paradise,  
Dudley,

West Midlands DY2 8SH

*Associated to the*

*Spiritualists' National Union*

Enquiries: Ms S. Whittle PAS

Tel: 01384 75192

Charity Registration 261898

Sunday

Divine Service:

Last Sunday in month

Doors open 2.45pm

Healing, Philosophy, Demonstration

Tuesday

Healing 6.30pm - 7.15pm

Members' Circles & Development

Group 7.30pm - 9.00pm

Thursday

1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> weeks in the month

Demonstration starting at 7.30pm

Thursday

Divine Service:

2<sup>nd</sup> & 4<sup>th</sup> week in month

Starting at 7.30pm (Doors 7pm)

Home Visits

Private Sittings arranged by request

Special events/services as advertised

*A warm welcome to all*

### STOURBRIDGE NATIONAL SPIRITUALIST CHURCH

Union Street, Stourbridge,  
West Midlands DY8 1PJ

Website:

[www.stourbridge  
spiritualistchurch.co.uk](http://www.stourbridge<br/>spiritualistchurch.co.uk)

Tel: 01384 825060

or 01384 352082

Sunday 6.30pm Service

Monday 2.30pm Service

Occasional Saturdays 7.30pm

Monday 1 - 2pm Healing

Thursday 7.30 - 9pm Healing

*All welcome*

## SUTTON COLDFIELD SPIRITUALIST CHURCH

Kenelm Road,  
Off Manor Hill,  
Sutton Coldfield  
B73 6HD

Website: [www.scsconline.co.uk](http://www.scsconline.co.uk)

Tel: 0121 354 3266

Sunday 6.30pm Service

Monday 1.30pm Service

Occasional Wednesdays 7.30pm

Thursday 8.00pm Healing

Saturday 11.00am Healing

## STH YORKS

### DONCASTER NATIONAL PROGRESSIVE SPIRITUALIST CHURCH

Catherine Street,  
Doncaster, South Yorkshire  
DN1 3PS

Tel: 01302 855164

Follow us on Facebook

Monday 7.00pm - 8.00pm

Mediumship

Thursday 7.00pm - 8.00pm

Open Circle

Sunday 6.30pm - 8.00pm

Address and Mediumship

*All Welcome*

### WOMBWELL NATIONAL SPIRITUALIST CHURCH

Kelvin Grove,  
Wombwell, Barnsley,  
South Yorkshire S73 0DL  
Enquires 01226 792831

Email: [wombwell-  
spiritualistchurch@hotmail.co.uk](mailto:wombwell-<br/>spiritualistchurch@hotmail.co.uk)

Website: [wombwellsnchurch.  
zohosites.com](http://wombwellsnchurch.<br/>zohosites.com)

Follow us on Facebook

Sunday Divine Service 6.30pm

Wednesday Healing 6.00pm

Open Circle 7.15pm

Special Events as advertised

## WALES

### SACRED HANDS SPIRITUAL CENTRE

Lincoln Street,  
Llandysul,  
Ceredigion,  
Wales SA44 4BS

[www.sacred-hands.co.uk](http://www.sacred-hands.co.uk)

Tel: Sonia - 01559 362128

or Carol - 01559 384989

Monday 7.30 - 9.00pm Healing:

Spiritual Healing & Reiki

(Free of charge -

donations welcome)

Thursday 7.30pm Divine Service

Saturday 7.30pm £2

Open Meditation Circle

*For special events and  
workshops see our website*

## HAFAN Y COED SPIRITUAL CENTRE / RETREAT

Heol Tawe, Abercraive, Swansea  
Tel: 01639 730985

[www.hafanycoed.com](http://www.hafanycoed.com)

See our main advert in this issue

## WREXHAM SPIRITUAL CHURCH

Quakers Meeting House,  
Holt Road, Wrexham  
Phone: 01978 354 568

Divine Service

Mondays 7.30pm - 9.00pm

Development Circle

Thursdays 7.30pm

## SCOTLAND

### EDINBURGH COLLEGE OF PARAPSYCHOLOGY

2 Melville Street,  
Edinburgh EH3 7NS

Tel: 0131 220 1433

email: [secretary@  
edinburghpsycchiccollege.com](mailto:secretary@<br/>edinburghpsycchiccollege.com)

[edinburghpsycchiccollege.com](http://edinburghpsycchiccollege.com)

CLAIRVOYANCE

Wednesdays 2.30-3.30pm

Fridays 7.30-8.30pm

SPIRITUAL HEALING

Mondays 7.30-8.30pm

Wednesdays 4-5pm

OPEN CIRCLE

Mondays 7.30-8.30pm

PRIVATE READINGS

by appointment

FORTHCOMING

SPECIAL EVENTS

April 15-18

DARREN BRITAIN,

LOUGHBOROUGH

Private Readings,

Clairvoyance, Workshop

May 8 @ 7.30pm

Psychic Medium

PAULA O'BRIEN,

DUNFERMLINE

May 15 @ 7.30pm

CHRIS RATTER, EDINBURGH

Psychic Surgeon

with Psychic Medium

JANE DAWSON, BEITH

For further information

please see our website

[www.  
edinburghpsycchiccollege.com](http://www.<br/>edinburghpsycchiccollege.com)

[edinburghpsycchiccollege.com](http://edinburghpsycchiccollege.com)

*A warm welcome to all*

### THE LITTLE ROSE CHRISTIAN SPIRITUALIST CHURCH

Barmulloch Community Centre,  
46 Wallacewell Quadrant,  
Barmulloch, Glasgow G21 3PX

President: Gary B. Gray

Tel: 0141 347 0455

Mob: 07812 40 40 43

Email: [gagr215@aol.com](mailto:gagr215@aol.com)

[www.facebook.com/  
thelittlerosechurch](http://www.facebook.com/<br/>thelittlerosechurch)

Service every Thursday at 7pm

*All welcome*

## GUERNSEY

**THE GREETING PLACE FOUNDATION SPIRITUALIST CENTRE**  
 Douzaine Room, St Peters, Guernsey, Channel Islands  
 Enquiries to: Margaret Phillips  
 Tel: 01481 256629  
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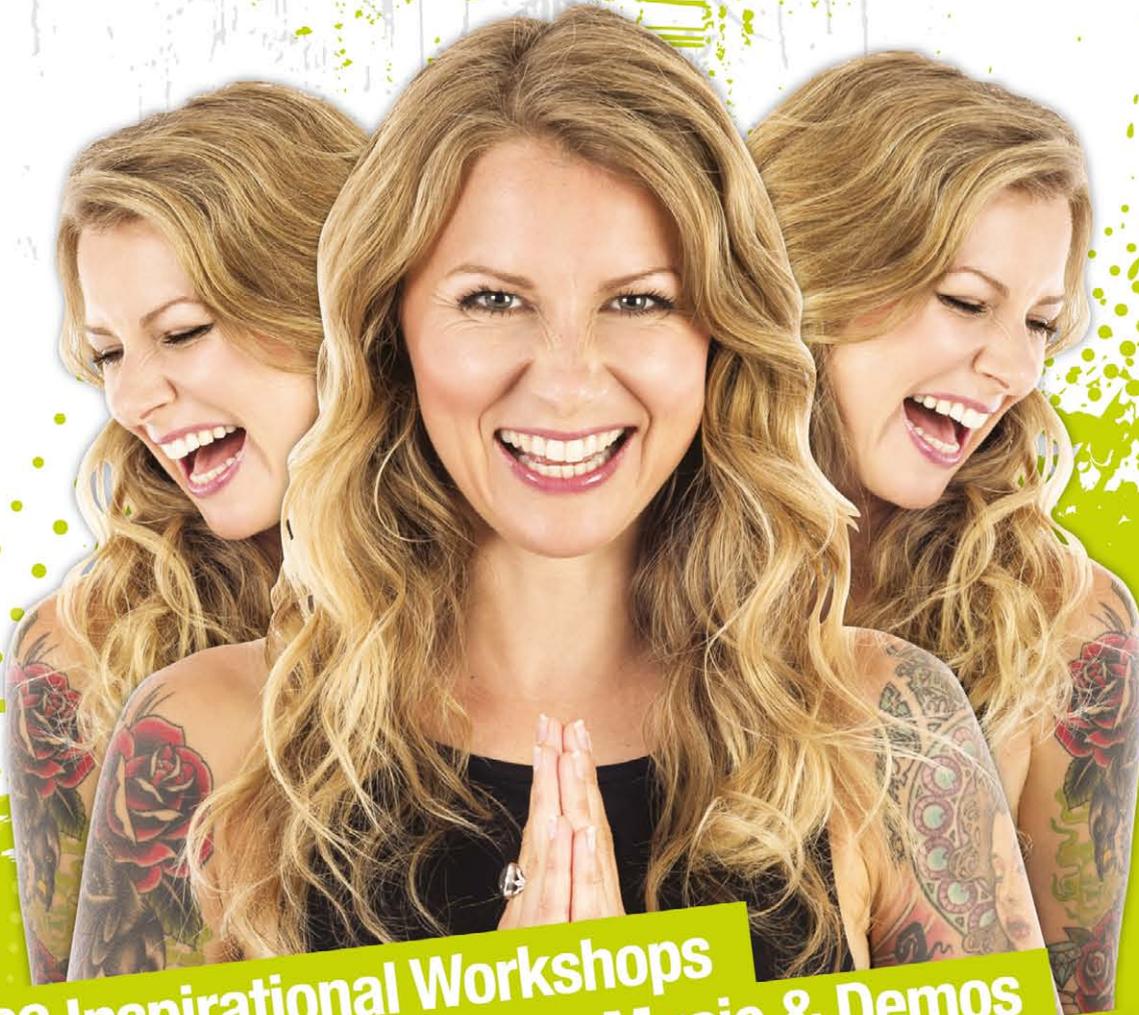
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